

Final report

Final Consistency report

Qualification Title: NZ Certificate in Fitness (Group Fitness) (Level 3) with strands in pre-choreographed and freestyle

Qualification number: 1857

Date of review: 03 July 2015

Final decision on consistency: National Consistency Confirmed

Threshold

The threshold to determine sufficiency with the graduate profile was determined as evidence that:

- graduates have the competencies required for entry level employment – i.e. in a prescribed and supported environment
- graduates are acceptable for registration as full members of the NZ Register of Exercise Professionals (REPS)
- graduates match other attributes as listed in the strategic purpose and graduate profile of the qualification.

Tertiary Education Organisations with sufficient evidence

Final decision on sufficiency of TEOs evidence, will be updated as other TEOs show sufficient evidence

| Tertiary Education Organisation | Final rating |
|--|---------------------|
| Skills Active | <i>Sufficient</i> |

Introduction

This is a level 3 qualification of 55 credits, designed to provide the fitness sector with individuals who have the competencies required for entry-level employment as a group fitness instructor able to deliver classes to achieve individual and collective fitness goals, using either a pre-choreographed programme or a freestyle self-choreographed programme.

It is intended that graduates of this qualification may be able to apply for full registration on the Register of Exercise Professionals (REPs) under the scope of Group Exercise.

The qualification was registered in 2012. There were 141 graduates reported in 2014 and 20 so far in 2015. Only one TEO has so far reported graduates although one other provider has a programme approved. The qualification is delivered and assessed on job.

Evidence

A range of evidence was submitted showing that all graduates have gained employment in the Fitness industry. This came in the form of attestations by the only two employers associated with the qualification, one by writing the other in the form of a 5 minute video by the CEO of the employer organisation.

Evidence was provided that a random sample of 10% of 2013 graduates had all been accepted for full membership of REPs.

How well does the evidence provided by the education organisation demonstrate that its graduates match the graduate outcomes at the appropriate threshold?

The evidence presented at the review meeting satisfactorily demonstrated that the graduates match the graduate outcomes.

Special Focus

The focus of this review is on the “Pre-choreographed” strand of the qualification. At the time of the review, no graduates had been reported for the “Freestyle” strand.

Issues and concerns

Nil

Recommendations to Qualification Developer

That in the scheduled review of this qualification the level of the “freestyle” strand is checked. This review panel questioned whether it may in fact be better positioned at level 4.