

<b>Title</b>	<b>Develop, implement, evaluate, and adapt personal diversional and recreational therapy care plans</b>		
<b>Level</b>	<b>4</b>	<b>Credits</b>	<b>5</b>

<b>Purpose</b>	People credited with this unit standard are able to: assess the diversional and recreational therapy needs of a person and develop a care plan; implement personal diversional and recreational therapy care plans; and evaluate and adapt, as required, personal diversional and recreational therapy care plans.
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<b>Classification</b>	Health, Disability, and Aged Support > Diversional Therapy
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<b>Available grade</b>	Achieved
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### Guidance Information

- 1 Legislation and Codes relevant to this unit standard include but are not limited to:
  - Accident Compensation Act 2001;
  - Crimes Act 1961, ss 2, 150A, 151, 195, 195A;
  - Health and Disability Commissioner (The Code of Health and Disability Services Consumers' Rights) Regulation 1996;
  - Health and Safety at Work Act 2015;
  - Mental Health (Compulsory Assessment and Treatment) Act 1992;
  - New Zealand Disability Strategy 2016-2026;
  - New Zealand Health Strategy 2016;
  - New Zealand Public Health and Disability Act 2000;
  - *New Zealand Society of Diversional and Recreational Therapists' Standards of Practice and Code of Ethics*. Available at: <https://diversionaltherapy.net.nz/>;
  - Privacy Act 1993;
  - Treaty of Waitangi;
  - Universal Declaration of Human Rights (Art. 24), based on the declaration proclaimed by the United national General Assembly in Paris on 10 December 1948;
  - United Nations Principles for Older Persons 1991, based on declaration of rights by the International Federation on Ageing (IFA).
  
- 2 In this sector, support given to a person should be provided in a manner that maximises the independence of that person. Support must be appropriate to the needs of the person and utilise existing strengths and, wherever possible, optimise the use of the local community. Performance against the outcomes of this unit standard must fit within these broad parameters.
  
- 3 This unit standard cannot be assessed against in a simulated environment. People seeking credit for this unit standard are required to demonstrate competence and be

assessed in the workplace: through paid or unpaid employment, or in placements in a service provider workplace negotiated by an education provider.

- 4 Assessment must be within the boundaries of the diversional and recreational therapist's role, and in accordance with organisational policies and procedures.
- 5 Definitions
 

*Organisational policies and procedures* of the employing organisation include ethical codes, standards, and requirements of this organisation and any other organisation(s) involved

*Person* refers to someone accessing health care services in different settings such as, but not limited to – disability, mental health, District Health Board (DHB), aged care facility or in a private home – belonging to themselves, a friend, group, or family member.

*Personal diversional and recreational therapy care plan* is a document that provides a plan of action to implement therapeutic activities to meet an individual diversional, recreational, and/or motivational needs. This document must identify the person's goals, the diversional and recreational therapist's therapeutic activities goals recommendations and the evaluation of these goals. The individual diversional and recreational therapy care plan is revised in accordance with organisational policies and procedures.

*Service delivery plan* is a generic term used to cover the individual plans that are developed by service providers with consumers and their families/whānau for service delivery.
- 6 Evidence is required for two personal diversional and recreational therapy care plans used for a special occasion or an everyday activity. The two personal diversional and recreational therapy care plans may be developed for two different people, or for the same person.
- 7 Recommended skills and knowledge: Unit 23918, *Describe the philosophy, purpose, and benefits of diversional therapy, and the role and skills of diversional therapists*, or demonstrate equivalent skills and knowledge.

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## Outcomes and performance criteria

### Outcome 1

Assess the diversional and recreational therapy needs of a person and develop a care plan.

Range plan may include but is not limited to – resources, contingencies, purpose, safety, accessibility, facilities, staffing, costings, appeal and/or attraction, benefits, capacity, risk management, and environment;  
plan must consider the person's preferences, strengths and abilities.

### Performance criteria

- 1.1 Assessment of diversional and recreational therapy needs of a person is carried out in consultation with the person.

- 1.2 Goals are identified and documented with consideration of health and safety and risk management.
- 1.3 Personal diversional and recreational therapy care plans are developed to align with the person’s service delivery plan.
- 1.4 A risk management plan is included in the personal diversional and recreational therapy plan that aligns with health and safety issues relative to the person and others involved in the activity.

**Outcome 2**

Implement personal diversional and recreational therapy care plans.

**Performance criteria**

- 2.1 Activities or programmes are implemented in accordance with the person’s diversional and recreational therapy care plan.

**Outcome 3**

Evaluate and adapt, as required, personal diversional and recreational therapy care plans.

**Performance criteria**

- 3.1 Personal diversional and recreational therapy care plans are evaluated in terms of their fitness for purpose, individualisation, and applicability to the activities undertaken.

Range may include but is not limited to – resources, contingencies, purpose, safety, accessibility, facilities, staffing, costings, appeal and/or attraction, benefits, capacity, risk management plan, environment.

- 3.2 Personal diversional and recreational therapy care plans are adapted, where required, in response to evaluation results.

<b>Planned review date</b>	31 December 2024
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**Status information and last date for assessment for superseded versions**

Process	Version	Date	Last Date for Assessment
Registration	1	29 August 1996	31 December 2021
Review	2	19 October 1999	31 December 2021
Revision	3	25 September 2001	31 December 2021
Review	4	17 April 2009	31 December 2021
Review	5	23 April 2020	N/A

<b>Consent and Moderation Requirements (CMR) reference</b>	0024
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This CMR can be accessed at <https://www.nzqa.govt.nz/framework/search/index.do>.

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### Comments on this unit standard

Please contact Careerforce [info@careerforce.org.nz](mailto:info@careerforce.org.nz) if you wish to suggest changes to the content of this unit standard.