

<b>Title</b>	<b>Explain the principles and concepts of hauora based on a Māori world view</b>		
<b>Level</b>	<b>3</b>	<b>Credits</b>	<b>4</b>

<b>Purpose</b>	People credited with this unit standard are able to explain the principles and concepts of hauora based on a Māori world view.
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<b>Classification</b>	Te Ara Hou ki te Ora > Hauora
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<b>Available grade</b>	Achieved
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### Guidance Information

- Definitions of Māori words will be those relevant and in common usage in a hauora context and/or local iwi or hapū.
- Definitions  
*Hauora* means the appropriate practices associated with the holistic wellbeing of an individual as a member of a whānau, hapū, and iwi. For the purpose of this unit standard, these practices are determined by service providers or entities that operate within a hauora context.  
*Hauora context* refers to hauora service provision for Māori.
- Relevant literature may include but is not limited to:  
 Durie, M. (1998) *Whaiaora: Māori Health Development*. Auckland, NZ: Oxford University Press;  
 Pere, R. R. (1997) *Te Wheke: A Celebration of Infinite Wisdom*. Gisborne, NZ: Ao Ako Global Learning New Zealand.
- All sources of information must be referenced.
- Descriptions and explanations can be presented in a number of ways that may include but are not limited to; oral presentations, visual presentations, written presentations, whakaari, waiata, and haka.

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### Outcomes and performance criteria

#### Outcome 1

Explain the principles and concepts of hauora based on a Māori world view.

**Performance criteria**

1.1 Explain the principles of hauora.

Range whānau, whenua, tinana, wairua, hinengaro.

1.2 Explain the key concepts of hauora.

Range whakapapa, kaitiakitanga, whanaungatanga, manaakitanga.

<b>Planned review date</b>	31 December 2027
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**Status information and last date for assessment for superseded versions**

Process	Version	Date	Last Date for Assessment
Registration	1	23 October 1998	31 December 2012
Review	2	18 December 2002	31 December 2012
Review	3	20 August 2010	31 December 2017
Review	4	10 December 2015	31 December 2024
Revision	5	28 September 2017	31 December 2024
Rollover	6	23 April 2020	31 December 2024
Review	7	2 March 2023	N/A

<b>Consent and Moderation Requirements (CMR) reference</b>	0226
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

**Comments on this unit standard**

Please contact the NZQA Māori Qualifications Services [mqs@nzqa.govt.nz](mailto:mqs@nzqa.govt.nz) if you wish to suggest changes to the content of this unit standard.