

<b>Title</b>	<b>Demonstrate knowledge of techniques for moving equipment and people in a health or wellbeing setting</b>		
<b>Level</b>	<b>2</b>	<b>Credits</b>	<b>3</b>

<b>Purpose</b>	People credited with this unit standard are able to demonstrate knowledge of techniques for moving equipment, and for supporting people to move, in a health or wellbeing setting.
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<b>Classification</b>	Health, Disability, and Aged Support > Community Support Services
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<b>Available grade</b>	Achieved
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### Guidance Information

- 1 Assessment conditions  
Evidence for the theoretical components of this unit standard must be gathered in a health or wellbeing setting.
- 2 Assessment notes  
Evidence generated for assessment against this standard must be in accordance with organisational policies and procedures.
- 3 Definitions  

*Assist(ing) people to move using normal movement patterns* – guiding people so they are enabled to move using their normal movement patterns in accordance with their current capacity and any limitations they may be experiencing. The primary emphasis is upon step-by-step coaching and guidance (rather than physical support) from the support worker.

*DPI* – discomfort, pain, and injury. The Discomfort, Pain and Injury Programme (DPI Programme) and the DPI Framework are explained in Section 2 of the Guidelines (referenced in Resources below). The factors that combine to contribute to discomfort, pain, and injury are outlined in the DPI Framework.

*Health or wellbeing setting* includes but is not limited to: the aged care, acute care, community support, disability, mental health, rehabilitation, social services and youth development sectors.

*Organisational policies and procedures* are the policies, procedures, and methodologies used in an organisation. They include legislative and regulatory requirements which may apply across an organisation, a specific site, or a workplace. Requirements are documented in organisational health and safety plans, contract work programmes, quality assurance programmes, policies, and procedural documents such as job descriptors and employment contracts.

*Person* is the individual accessing services. Other terms used for the person may include client, consumer, customer, patient, individual, resident, or service user.

#### 4 Resources

Accident Compensation Corporation (ACC). (2012). *Moving and handling people: The New Zealand Guidelines*. <http://www.acc.co.nz>. Other relevant ACC resources are available at <https://www.acc.co.nz/resources>, filtering by category “Injury prevention” and sub-category “Safety at Work”.

WorkSafe New Zealand. (2016). *Introduction to the Health and Safety at Work Act 2015*. <https://worksafe.govt.nz/dmsdocument/824-introduction-to-the-health-and-safety-at-work-act-2015-special-guide>

WorkSafe New Zealand. (2018). *Moving and handling people in the healthcare industry*. <https://www.worksafe.govt.nz/topic-and-industry/health-and-safety-in-healthcare/moving-and-handling-people-in-the-healthcare-industry>

Employment New Zealand. (2021). *Health and safety at work*. <https://www.employment.govt.nz/workplace-policies/health-and-safety-at-work/>

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## Outcomes and performance criteria

### Outcome 1

Demonstrate knowledge of techniques for moving equipment in a health or wellbeing setting.

Range forms of equipment may include but are not limited to – appliances, bedding, furniture, laundry, moving aids, outdoor equipment, personal mobility aids, waste.

### Performance criteria

1.1 Techniques for moving equipment are identified.

Range one technique for each of four different forms of equipment.

1.2 Techniques are identified which reduce the risk of discomfort, pain, and injury in accordance with the DPI Framework.

Range evidence is required in relation to the factors that combine to contribute to discomfort, pain, and injury.

### Outcome 2

Demonstrate knowledge of techniques for supporting people to move in a health or wellbeing setting.

Range techniques may include but are not limited to – those that assist people to move using normal movement patterns, those that involve the use of equipment that is specific to a person's needs.

## Performance criteria

2.1 Techniques for supporting people to move are identified.

Range evidence is required for four techniques that provide for comfort, dignity, and reduced risk of DPI for the person and for the mover(s).

<b>Planned review date</b>	31 December 2026
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### Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	25 June 2007	31 December 2014
Revision	2	21 January 2011	31 December 2016
Rollover and Revision	3	16 May 2013	31 December 2016
Revision	4	17 April 2014	31 December 2016
Review	5	19 March 2015	31 December 2023
Rollover and Revision	6	26 September 2019	31 December 2023
Review	7	24 March 2022	N/A

<b>Consent and Moderation Requirements (CMR) reference</b>	0024
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

### Comments on this unit standard

Please contact Toitū te Waiora Community, Health, Education, and Social Services Workforce Development Council [qualifications@toitutewaiora.nz](mailto:qualifications@toitutewaiora.nz) if you wish to suggest changes to the content of this unit standard.