

<b>Title</b>	<b>Demonstrate and supervise sidewalking and leading within a Riding for the Disabled session</b>		
<b>Level</b>	<b>3</b>	<b>Credits</b>	<b>6</b>

<b>Purpose</b>	People credited with this unit standard are able to: describe the role of sidewalkers, demonstrate sidewalking technique, and supervise sidewalkers within a Riding for the Disabled (RDA) session; and demonstrate leading technique, supervise leading within a RDA session, and describe the effect of movement on the rider.
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<b>Classification</b>	Equine > Riding for the Disabled
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<b>Available grade</b>	Achieved
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### Guidance Information

- 1 Legislation and codes relevant to this unit standard include but are not limited to:
  - Animal Welfare Act 1999;
  - Health and Disability Commissioner Act 1994;
  - Health and Safety at Work Act 2015;
  - Privacy Act 2020;
  - Vulnerable Children's Act 2017;
  - Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996;
  - Code of Welfare: Horses and Donkeys, 2018; and any subsequent amendments.
  
- 2 Definitions
 

*New Zealand Riding for the Disabled (NZRDA)* is the parent body of riding for the disabled. All riding for disabled affiliated groups are referred to as *Riding for the Disabled (RDA)*.

*NZRDA standards* refer to policies and procedures set by the NZRDA which are available on the Group Resource Library, NZRDA The Stable <https://thestable.rda.org.nz/s/>. NZRDA standards reflect current legislation.
  
- 3 For the purposes of assessment:
  - evidence must be presented in accordance with NZRDA standards.

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## Outcomes and performance criteria

### Outcome 1

Describe the role of sidewalkers, demonstrate sidewalking technique, and supervise sidewalkers within a RDA session.

#### Performance criteria

1.1 Describe the role of sidewalkers.

Range evidence of at least six roles is required.

1.2 Describe rider signs that a sidewalker is required.

Range includes but is not limited to – unbalanced, unable to adjust postural changes, at risk of seizures, rider exempted from wearing a helmet.

1.3 Demonstrate sidewalking technique using the appropriate holds as determined by the assessment plan.

Range holds – visual, single arm, double arm.

1.4 Supervise sidewalkers to maintain rhythm with hindlegs of horse, change sides smoothly, maintain position of riders, and report postural changes in rider.

### Outcome 2

Demonstrate leading technique, supervise leading within a RDA session, and describe the effect of movement on the rider.

#### Performance criteria

2.1 Describe the role of the leader in an RDA environment.

2.2 Demonstrate leading in a manner which avoids undue stress and injury to the horse, leader, and RDA personnel.

Range leading with sidewalker/s present, leading without sidewalker/s present.

2.3 Supervise leading in a manner which avoids injury to sidewalkers and maintains safety and position of the rider.

2.4 Describe the effect of movement during leading on the rider in terms of postural changes.

<b>Replacement information</b>	This unit standard and unit standard 30172 replaced unit standard 17040.
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<b>Planned review date</b>	31 December 2026
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#### Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	16 March 2017	31 December 2022
Review	2	25 November 2021	N/A

<b>Consent and Moderation Requirements (CMR) reference</b>	0018
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

#### Comments on this unit standard

Please contact Muka Tangata - People, Food, and Fibre Workforce Development Council [qualifications@mukatangata.nz](mailto:qualifications@mukatangata.nz) if you wish to suggest changes to the content of this unit standard.