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Mana Tohu Mātauranga o Aotearoa  
New Zealand Qualifications Authority

## Level 1 Physical Education RAS 2023

**92019 Demonstrate understanding of influences on movement in Aotearoa New Zealand or the Pacific**

# EXEMPLAR

**Achievement**

**TOTAL 04**

The moving context that I will be using is frisbee golf. During our session in frisbee golf, my te ao Maori was influenced by kaitakitanga. This was influenced by protecting the use of the council land and keeping it nice. The land that we play frisbee golf on is not our land, so we must protect and respect it by keeping it nice and not damaging the area. We, the people who use this land are in favor of kaitiaki the land. Examples of us showing kaitiaki were, respecting everyone that were playing frisbee golf as well and allowing them to pass us if they were catching up because our group was slow. We would also keep all of our rubbish and not dispose of it on the land as that would cause it to be a messy environment. We would also respect the use of the frisbees that the school provided us with and not to damage them as it wouldn't be fair on the other students trying to play. The space for frisbee golf is very accessible for everyone to use and if we want to keep it that way we need to keep the space tidy and useable, to not wreck the baskets as they are the most important thing to play. The importance of showing kaitakitanga influenced frisbee golf by showing kaitiaki towards the land and leaving it as a great environment for everyone to use. It is also free and very accessible.

During our lesson of frisbee golf we used many biophysical aspects, for this I will be using projectile motion. During this we had to use a good speed of release, height of release and angle of release. Projectile motion was influenced by frisbee golf because you would have to assume the best height as well to throw, for example on hole 7, the basket is down a hill so the height of release has to change to allow for the best throw. The speed of release was determined by how far the basket is away, the speed of release would be faster if the hole was only a par 5 compared to a par 3 where the speed of release would be less. The angle of release was determined by the obstacles in the way. For example when there are trees blocking the basket you must change the angle of release to allow the frisbee to turn around the trees giving you the best shot. The importance of using projectile motion is for getting the best way to make your shot, allowing changes to the way you throw by change the angle of which you throw it, changing the height of the release and the speed of which you release allowing the perfect distance.

## Achievement

**Subject:** Physical Education

**Standard:** 92019

**Total score:** 04

Q	Grade score	Marker commentary
One	A4	<p>The candidate has described in detail how a te ao Māori influence (kaitiakitanga) and a biophysical influence (projectile motion) has affected their chosen movement context of frisbee golf.</p> <p>The student has supported their descriptions with relevant examples by providing a range of things they did when playing frisbee golf that demonstrated the influence of kaitiakitanga. These included not disposing their rubbish on the land and taking care of equipment.</p>