





NEW ZEALAND QUALIFICATIONS AUTHORITY MANA TOHU MĀTAURANGA O AOTEAROA

QUALIFY FOR THE FUTURE WORLD KIA NOHO TAKATŪ KI TŌ ĀMUA AO! Tick this box if you have NOT written in this booklet



# Level 2 Home Economics 2021

# 91304 Evaluate health promoting strategies designed to address a nutritional need

Credits: Four

Achievement	Achievement with Merit	Achievement with Excellence
Evaluate health promoting strategies designed to address a nutritional need.	Evaluate, in depth, health promoting strategies designed to address a nutritional need.	Critically evaluate health promoting strategies designed to address a nutritional need.

Check that the National Student Number (NSN) on your admission slip is the same as the number at the top of this page.

# You should attempt ALL parts of the question in this booklet.

Pull out Resource Booklet 91304R from the centre of this booklet.

If you need more room for any answer, use the extra space provided at the back of this booklet.

Check that this booklet has pages 2–8 in the correct order and that none of these pages is blank.

Do not write in any cross-hatched area (<//>
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). This area may be cut off when the booklet is marked.

# YOU MUST HAND THIS BOOKLET TO THE SUPERVISOR AT THE END OF THE EXAMINATION.

#### INSTRUCTIONS

Read **Resource Booklet 91304R** and use the information from the **two health-promoting strategies**, to compare their effectiveness, when answering the question in this booklet.

Include relevant examples from the resource booklet when answering all parts of the question.

#### QUESTION

(a) (i) Explain what the **benefits** and **limitations** are for each of the following factors involved in Strategy A (nursing students):

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Bene	ms:			
Limit	ations:			
nomic				
IOIIIC				
Bene	efits:	 	 	
Limita	ations:			

Environmental	(physical	access)
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(ii)

Benefits: Limitations: Overall, how effective is Strategy A at increasing the consumption of fibre-rich foods in the community?

(b) (i) Explain what the **benefits** and **limitations** are for each of the following factors involved in Strategy B (trainee chefs):

Socia	al
	Benefits:
	Limitations:
	Limitations.
Econ	iomic
	Benefits:
	Limitations:

Environmental	(physical	access)
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(ii)

Benefits: Limitations: Overall, how effective is Strategy B at increasing the consumption of fibre-rich foods in the community?

- Choose the strategy (A or B) that you think would be the most effective at increasing the (C) consumption of fibre-rich foods in the community. Explain why you chose that strategy. In your answer, you should:
  - refer to the models of health promotion (page 4 of the resource booklet) •
  - consider the attitudes and values of the people involved. •

### Tick ONE (



Strategy A (Nursing students)

Strategy B (Trainee chefs)

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	Extra space if required.	
	Write the question number(s) if applicable.	
QUESTION NUMBER		