

National Certificate in Mental Health (Mental Health Support Work) (Level 4)

Level	4
Credits	122

This qualification has been **reviewed**. The last date to meet the requirements is 31 December 2016.

Purpose

The National Certificate in Mental Health (Mental Health Support Work) (Level 4) [Ref: 0431] is designed to be a minimum qualification for people who wish to enter mental health support work, or who already work as paid or unpaid mental health support workers under supervision.

This national certificate acknowledges the skills of those already in the workplace who work safely with consumers/tangata whai ora, and requires those who wish to enter the mental health support workforce to demonstrate competence through theoretical learning and practical experience with consumers/tangata whai ora.

This national certificate is based upon a recovery approach to mental illness.

Mental health support workers carry out a supportive relationship with people who have been or are experiencing mental illness. They support consumers/tangata whai ora to develop and implement individual lifestyle or support plans. Mental health support workers work in a collaborative manner alongside consumers/tangata whai ora (and sometimes with their whānau, family, and friends) to support them in their recovery. Mental health support workers work within a framework for practice informed by Te Tiriti o Waitangi, ethical standards, health standards, service specifications, and legislation.

This national certificate is not designed to qualify people to be clinical mental health practitioners.

The national certificate does not at this stage lead on to a higher qualification in this domain, however, at the time of registration of this qualification a higher level qualification is in development.

Replacement Information

This qualification has been replaced by the National Certificate in Mental Health and Addiction Support (Level 4) with optional strands in Addiction, Family/Whānau, and Kaupapa Māori [Ref: 1678].

Credit Range

Level 1 credits	1
Level 2 credits	6
Level 3 or above credits	115
Total	122

Requirements for Award of Qualification

Award of NZQF National Qualifications

Credit gained for a standard may be used only once to meet the requirements of this qualification.

Unit standards and achievement standards that are equivalent in outcome are mutually exclusive for the purpose of award. The table of mutually exclusive standards is provided on the New Zealand Qualifications Authority (NZQA) website: <http://www.nzqa.govt.nz/qualifications-standards/standards/standards-exclusion-list/>.

Reviewed standards that continue to recognise the same overall outcome are registered as new versions and retain their identification number (ID). Any version of a standard with the same ID may be used to meet qualification requirements that list the ID and/or that specify the past or current classification of the standard.

Summary of Requirements

- Compulsory standards

Detailed Requirements

Compulsory

The following standards are required

Health > Mental Health > Support of Mental Health Consumers/Tangata Whai Ora

ID	Title	Level	Credit
13424	Explain the application of Te Tiriti o Waitangi in mental health support work	4	6
13426	Demonstrate self awareness for mental health support work	4	9
13429	Describe mental health and illness, and approaches to treatment of mental illness	4	9
13431	Participate in supervision as a mental health support worker	4	9
13432	Participate in a group or team to achieve mental health support work objectives	3	6
13433	Support a consumer/tangata whai ora to implement their recovery plan in mental health support work	4	12
13441	Integrate knowledge, skills, and values learning in mental health support work	4	12
21920	Describe support for a mental health consumer/tangata whai ora using alcohol or other drugs	4	6
21921	Provide information and education to families and whānau in mental health support work	4	6

ID	Title	Level	Credit
21922	Describe discrimination and social exclusion, and their impact on consumers/tangata whai ora	4	3
21923	Prepare to establish relationships with Pacific people in mental health support work	4	9
21924	Describe consumer/tangata whai ora rights in mental health support work	4	4
21925	Demonstrate relationship skills with consumers/tangata whai ora	4	9
21926	Prepare to establish relationships with whānau in mental health support work	4	9
21927	Describe how to respond to incidents and prepare an incident report in mental health support work	4	6
21928	Network in the community and support a mental health consumer/tangata whai ora to access services	4	6

Health > Occupational Health and Safety > Occupational Health and Safety Practice

ID	Title	Level	Credit
497	Protect health and safety in the workplace	1	1

Transition Arrangements

Version 6 was republished in October 2014 to extend the expiry date of the qualification from 31 December 2014 to 31 December 2016.

Existing candidates wishing to complete this qualification must gain credit for compulsory standards 13429, 13433, 13441, 21922, 21923, 21925, 21927, and 21928 before they expire on 31 December 2016.

Version 6 was issued to indicate that this qualification is expiring.

The last date for entry into programmes or courses for version 5 is 31 December 2012.

Candidates working towards version 4 or 5 of the replaced qualification can either complete that version or transfer to the new qualification.

This qualification contains standards that replace earlier standards. For the purposes of this qualification, people who have gained credit for the expiring standards are exempt from the requirement to gain credit for the replacement standards – see table below.

Credit for	Exempt from
13427	21925
13428	21924
13430, 13439, 13440	21927
13434, 13436	21928

Credit for	Exempt from
13437	21922
18547	21920
19750	21921

It is not intended that anyone be disadvantaged by this review. However, anyone who feels they have been disadvantaged may appeal to Careerforce at the address below.

Previous versions of the qualification

Version 5 was issued to remove the special note that required people wishing to enter a programme leading to award of this qualification to hold a current First Aid Certificate.

Version 4 was issued following a change of responsibility for the qualification from NZQA - Mental Health Support Worker Advisory Group to the Community Support Services Industry Training Organisation; and a review of all unit standards in the Support of Mental Health Consumers/Tangata Whai Ora domain.

People working toward version 3 of this qualification may complete that version or transfer their results to a later version.

Version 3 was issued to following a review of unit standard 13425 and the revision of all unit standards in the Support of Mental Health Consumers/Tangata Whai Ora domain.

Version 2 was issued to update unit standard titles and the names of Standard Setting Bodies.

All versions of this qualification will be recognised by the Community Support Services Industry Training Organisation.

NZQF National Qualification Registration Information

Process	Version	Date	Last Date for Assessment
Registration	1	February 1998	December 2004
Revision	2	January 2000	December 2004
Revision	3	April 2003	December 2007
Review	4	January 2006	December 2016
Revision	5	March 2007	December 2016
Review	6	July 2011	December 2016
Republished	6	October 2014	December 2016

Standard Setting Body

Community Support Services ITO Limited
PO Box 25255
Christchurch 8144

Telephone 03 371 9295
Facsimile 03 371 9285
Email info@careerforce.org.nz

Other standard setting bodies whose standards are included in the qualification

The Skills Organisation

Certification

This certificate will display the logos of NZQA, the Community Support Services ITO Limited and the organisation that has been granted consent to assess against standards that meet the requirements of the qualification (accredited).

Classification

This qualification is classified according to the classification system listed on the Directory of Assessment Standards (DAS) and the New Zealand Standard Classification of Education (NZSCED) system as specified below.

DAS Classification		NZSCED	
Code	Description	Code	Description
372	Health > Mental Health	090511	Society and Culture > Human Welfare Studies and Services > Community Client Care

Quality Management Systems

Providers and Industry Training Organisations must be granted consent to assess by a recognised Quality Assurance Body before they can register credits from assessment against standards. Organisation with consent to assess and Industry Training Organisations assessing against standards must engage with the moderation system that applies to those standards. Consent to assess requirements and the moderation system are outlined in the associated Consent and Moderation Requirements (CMR) for each standard.