

level of qualification: 4**credit total:** 94

	Compulsory	Elective
level 1 credits:	1	0-11
level 2 credits:	8	0-11
level 3 credits:	26	0-11
level 4 or above credits:	48	0-11
minimum totals:	83	11

registration date: 19 April 2002**final date for comment:** 30 April 2006**expiry date:** 31 December 2007**fields, sub-fields and domains:****COMMUNITY AND SOCIAL SERVICES**

Community Recreation

recreation management

recreation programmes and events

Sport

sport management

sport science and technology

sport teaching and coaching

HEALTH

Health Studies

core health

HUMANITIES

Communication Skills

interpersonal communications

writing

Health and Physical Education

physical education

standard-setting body responsible for the qualification:

Sport, Fitness and Recreation Industry Training Organisation (Sfrito)

other standard-setting bodies whose unit standards are included in the qualification:

NZQA

1 purpose

The National Certificate in Sport (Coaching) (Level 4) [Ref: 0444] recognises the skills required to work with club, school or age-group teams to top levels of local competition with little or no direct supervision, and with responsibility for individual quality standards. Certificate holders are able to apply their knowledge and skills to familiar and new situations in the delivery of sport, involving complex, non-routine tasks of a broad range of variety.

This qualification recognises the specific skills of the sports coach, and is therefore distinct from the National Certificate in Sport (Level 3) with strands in Event Management, Sport Administration, and Team Management [Ref: 0446], and the National Certificate in Sport (Umpiring - Officiating) (Level 3) [Ref: 0445]. Each holder of this certificate will apply the specific skills of coaching to their chosen sport code. The National Certificate in Sport (Level 2) [Ref: 0493] provides a generic introductory level sport qualification.

This qualification contains the Sport, Fitness and Recreation Industry Training Organisation Customer Service Award.

2 regulations for the qualification**2.1 entry information for programmes of education and training assessed against the unit standards in the qualification**

Open. However, people working in this industry require physical coordination and good levels of mental, physical and emotional fitness; as well as requiring a wide range of people skills on which to base judgements and decisions.

2.2 recognition of current competence

Recognition of current competence may be granted on application either to providers of unit standards who are accredited to recognise prior learning according to NZQA requirements; or to Sfriso for recognition of unit standards, or for parts, or the whole of the qualification according to procedures it has established (to meet NZQA requirements).

2.3 summary of qualification requirements

This qualification will be awarded to people who have met the requirements of the compulsory and elective sections.

2.4 detailed qualification requirements**Compulsory**

All the unit standards listed below are required.

FIELD: COMMUNITY AND SOCIAL SERVICES

Sub-field: Community Recreation

domain: recreation management

Unit No.	Unit Standard Title	Level	Credit
13377	Identify and manage hazards and risks in relation to a recreation activity and environment	3	4

domain: recreation programmes and events

Unit No.	Unit Standard Title	Level	Credit
4864	Identify recreational needs of specified populations	3	4
4866	Develop recreational programmes that include people from specified populations	4	4

Sub-field: Sport
domain: sport management

Unit No.	Unit Standard Title	Level	Credit
4874	Select a sport team	4	5
4879	Apply sport rules and regulations in a competitive sport situation	3	4

domain: sport science and technology

Unit No.	Unit Standard Title	Level	Credit
5366	Apply the basic principles of applied sport psychology	4	6
5368	Demonstrate knowledge of basic functional anatomy and physiology as they relate to movement	3	7
5369	Prescribe a basic physical activity programme to meet specific performance goals	4	7
5372	Examine issues relating to doping in sport	4	2
6571	Demonstrate relevance of principles of nutrition to health	2	2
6572	Apply the principles of nutrition to people involved in physical activity	4	4

domain: sport teaching and coaching

Unit No.	Unit Standard Title	Level	Credit
5363	Plan, implement, and evaluate a developmental series of coaching sessions	4	6
5365	Enhance sport performance through team cohesion	4	4
13378	Apply the principles of pedagogy in a recreation, sport, or fitness context	4	5
13380	Recommend physical activities appropriate to the growth and development of individuals of all ages	3	3
16789	Plan, implement, and evaluate competitive strategies for a season	4	5

FIELD: HEALTH
 Sub-field: Health Studies
 domain: core health

Unit No.	Unit Standard Title	Level	Credit
6401	Provide first aid	2	1
6402	Provide resuscitation level 2	1	1

FIELD: HUMANITIES
 Sub-field: Communication Skills
 domain: interpersonal communications

Unit No.	Unit Standard Title	Level	Credit
1304	Communicate with people from other cultures	2	2

domain: writing

Unit No.	Unit Standard Title	Level	Credit
3491	Write a report	3	4

Sub-field: Health and Physical Education
 domain: physical education

Unit No.	Unit Standard Title	Level	Credit
12541	Apply principles of biomechanics to a selected physical activity	2	3

Elective

A minimum of 11 credits is required from unit standards anywhere on the National Qualifications Framework.

3 accreditation option

Evaluation of documentation by NZQA and Sfrito.

Further accreditation requirements depend on the electives undertaken, and can be found on the unit standards concerned.

4 certification

The certificate will display the logos of NZQA and Sport, Fitness and Recreation Industry Training Organisation.

5 transition arrangements**5.1 non National Qualifications Framework transition**

None.

5.2 National Qualifications Framework transition**Version 4**

This qualification was reviewed and issued as version 4 in April 2002 to take into account the review of the *Community Recreation* and *Sport* unit standards and industry initiatives.

Changes to structure and content

- Credit total has decreased from 117 to 94.
- The domain of *recreation management including programmes and events* has been split into two domains - *recreation management* and *recreation programmes and events*.
- Unit standards 4866, 5365, 5366, 5372, 6571, 6572, 12541, 13377 and 16789 have been added.
- Unit standards 377, 497, 1299, 1312, 1984, 4880, 4881, 5361, 5362, 7022, 9676 and 12349 have been removed.
- Greater flexibility in the elective component by increasing the range to a minimum of 11 credits drawn from unit standards anywhere on the National Qualifications Framework.

For the purposes of this qualification, people who have gained credit for expiring unit standard 1984 will be exempt from the requirement to gain credit for unit standard 5365, which is considered more appropriate for this qualification.

Any version of a unit standard contained within this qualification which retains its original unit standard identification number will continue to meet the requirements of this qualification.

Sfrito would like to encourage people currently working towards an earlier version of this qualification to transfer their results to the new version to ensure they continue to meet the latest standards, however they may choose to complete an earlier version. The last date for the award of an earlier version of this qualification is 31 December 2004.

People who feel disadvantaged by these transition arrangements are advised to contact:

Sport, Fitness and Recreation Industry Training Organisation
PO Box 2183
WELLINGTON
Telephone 04 385 9047
Fax 04 385 7024
Email: info@sfrito.org.nz

Previous versions of the qualification

Version 3 was published in May 2000 to take into account the review of the *Fitness, Sport, Community Recreation*, and *core health* unit standards.

Version 2 was published in February 1999 to take into account the review of the *communication skills*, *core generic* and *service sector* unit standards.

Version 1 was registered in March 1998.

Comments to:

Sport, Fitness and Recreation Industry Training Organisation
Qualification Revision
PO Box 160
WELLINGTON

by 30 April 2006.

Please Note:

Providers must be accredited by the Qualifications Authority before they can offer programmes of education and training assessed against unit standards.

Accredited providers assessing against unit standards must engage with the moderation system that applies to those unit standards.

Prerequisite Diagram