

National Certificate in Sport (Coaching) (Level 4)

Level 4

Credits 94

This qualification has been **reviewed**. The last date to meet the requirements is 31 December 2016.

Transition Arrangements

Version 6 was issued to extend the expiry date of this qualification.

For detailed information see [Review Summaries](#) on the NZQA website.

NZQF National Qualification Registration Information

Process	Version	Date	Last Date for Assessment
Registration	1	March 1998	December 2004
Revision	2	February 1999	December 2004
Revision	3	May 2000	December 2004
Review	4	April 2002	December 2012
Review	5	March 2011	December 2014
Republished	5	September 2011	December 2014
Revision	6	October 2014	December 2016

Standard Setting Body

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National Certificate in Sport (Coaching) (Level 4)

Level 4

Credits 94

This qualification is **expiring**. The last date to meet the requirements is 31 December 2016.

Purpose

The National Certificate in Sport (Coaching) (Level 4) [Ref: 0444] recognises the skills required to work with club, school or age-group teams to top levels of local competition with little or no direct supervision, and with responsibility for individual quality standards. Certificate holders are able to apply their knowledge and skills to familiar and new situations in the delivery of sport, involving complex, non-routine tasks of a broad range of variety.

This qualification recognises the specific skills of the sports coach, and is therefore distinct from the National Certificate in Sport (Level 3) with strands in Event Management, Sport Administration, and Team Management [Ref: 0446], and the National Certificate in Sport (Umpiring-Officiating) (Level 3) [Ref: 0445]. Each holder of this certificate will apply the specific skills of coaching to their chosen sport code. The National Certificate in Sport (Level 2) [Ref: 0493] provides a generic introductory level sport qualification.

This qualification contains the Sport, Fitness and Recreation Industry Training Organisation Customer Service Award.

Credit Range

	Compulsory	Elective
Level 1 credits	1	0-11
Level 2 credits	8	0-11
Level 3 credits	26	0-11
Level 4 or above credits	48	0-11
Minimum totals	83	11

Requirements for Award of Qualification

Award of NZQF National Qualifications

Credit gained for a standard may be used only once to meet the requirements of this qualification.

Unit standards and achievement standards that are equivalent in outcome are mutually exclusive for the purpose of award. The table of mutually exclusive standards is provided on the New Zealand Qualifications Authority (NZQA) website: <http://www.nzqa.govt.nz/qualifications-standards/standards/standards-exclusion-list/>.

Reviewed standards that continue to recognise the same overall outcome are registered as new versions and retain their identification number (ID). Any version of a standard with the same ID may be used to meet qualification requirements that list the ID and/or that specify the past or current classification of the standard.

Summary of Requirements

- Compulsory standards
- Elective – A minimum of 11 credits as specified

Detailed Requirements

Compulsory

The following standards are required

Community and Social Services > Community Recreation > Recreation Management

ID	Title	Level	Credit
13377	Identify and manage hazards and risks in relation to a recreation activity and environment	3	4

Community and Social Services > Community Recreation > Recreation Programmes and Events

ID	Title	Level	Credit
4864	Identify recreational needs of specified populations	3	4
4866	Develop recreational programmes that include people from specified populations	4	4

Community and Social Services > Sport > Sport Management

ID	Title	Level	Credit
4874	Select a sport team	4	5
4879	Apply sport rules and regulations in a competitive sport situation	3	4

Community and Social Services > Sport > Sport Science and Technology

ID	Title	Level	Credit
5366	Apply the basic principles of applied sport psychology	4	6
5368	Demonstrate knowledge of basic functional anatomy and physiology as they relate to movement	3	7
5369	Prescribe a basic physical activity programme to meet specific performance goals	4	7
5372	Examine issues relating to doping in sport	4	2
6571	Demonstrate relevance of principles of nutrition to health	2	2
6572	Apply the principles of nutrition to people involved in physical activity	4	4

Community and Social Services > Sport > Sport Teaching and Coaching

ID	Title	Level	Credit
5363	Plan, implement, and evaluate a developmental series of coaching sessions	4	6
5365	Enhance sport performance through team cohesion	4	4
13378	Apply the principles of pedagogy in a recreation, sport, or fitness context	4	5
13380	Recommend physical activities appropriate to the growth and development of individuals of all ages	3	3
16789	Plan, implement, and evaluate competitive strategies for a season	4	5

Health > Health Studies > Core Health

ID	Title	Level	Credit
6401	Provide first aid	2	1
6402	Provide resuscitation level 2	1	1

Humanities > Communication Skills > Interpersonal Communications

ID	Title	Level	Credit
1304	Communicate with people from other cultures	2	2

Humanities > Communication Skills > Writing

ID	Title	Level	Credit
3491	Write a report	3	4

Humanities > Health and Physical Education > Physical Education

ID	Title	Level	Credit
12541	Apply principles of biomechanics to a selected physical activity	2	3

Elective

A minimum of 11 credits

From anywhere on the DAS

Transition Arrangements**Version 5**

Version 5 was issued to indicate that this qualification is expiring.

For detailed information see [Review Summaries](#) on the NZQA website.

This qualification contains expiring standards that have been replaced by other standards. For the purposes of this qualification people who have gained credit for the replacement standards are exempt from the requirement to gain credit for the expiring standards.

Credit for	Exempt from
25808	5365
25984	4866
26223	4879
26551, 26552	6401, 6402

Any candidate who thinks they have been disadvantaged by these arrangements should, in the first instance, contact Skills Active Aotearoa Limited (contact details below).

Previous versions of the qualification

Version 4 was issued to take into account the review of the Community Recreation and Sport standards and industry initiatives. Changes to structure and content included: credit total decreased from 117 to 94; the domain of *Recreation Management*, including programmes and events, has been split into two domains - *Recreation Management* and *Recreation Programmes and Events*; standards 4866, 5365, 5366, 5372, 6571, 6572, 12541, 13377 and 16789 added; standards 377, 497, 1299, 1312, 1984, 4880, 4881, 5361, 5362, 7022, 9676 and 12349 removed; greater flexibility in the elective component by increasing the range to a minimum of 11 credits drawn from standards anywhere on the Directory of Assessment Standards.

For the purposes of this qualification, people who have gained credit for expiring standard 1984 will be exempt from the requirement to gain credit for standard 5365, which is considered more appropriate for this qualification.

Any version of a standard contained within this qualification which retains its original standard identification number will continue to meet the requirements of this qualification.

Skills Active Aotearoa Limited would like to encourage people currently working towards an earlier version of this qualification to transfer their results to the new version to ensure they continue to meet the latest standards; however, they may choose to complete an earlier version.

Version 3 was published to take into account the review of the *Fitness, Sport, Community Recreation*, and *core health* standards.

Version 2 was published to take into account the review of the *communication skills, core generic* and *service sector* standards.

Version 1 was registered in March 1998.

Other standard setting bodies whose standards are included in the qualification

NZQA

Certification

This certificate will display the logos of NZQA, Skills Active Aotearoa Limited and the organisation that has been granted consent to assess against standards that meet the requirements of the qualification (accredited).

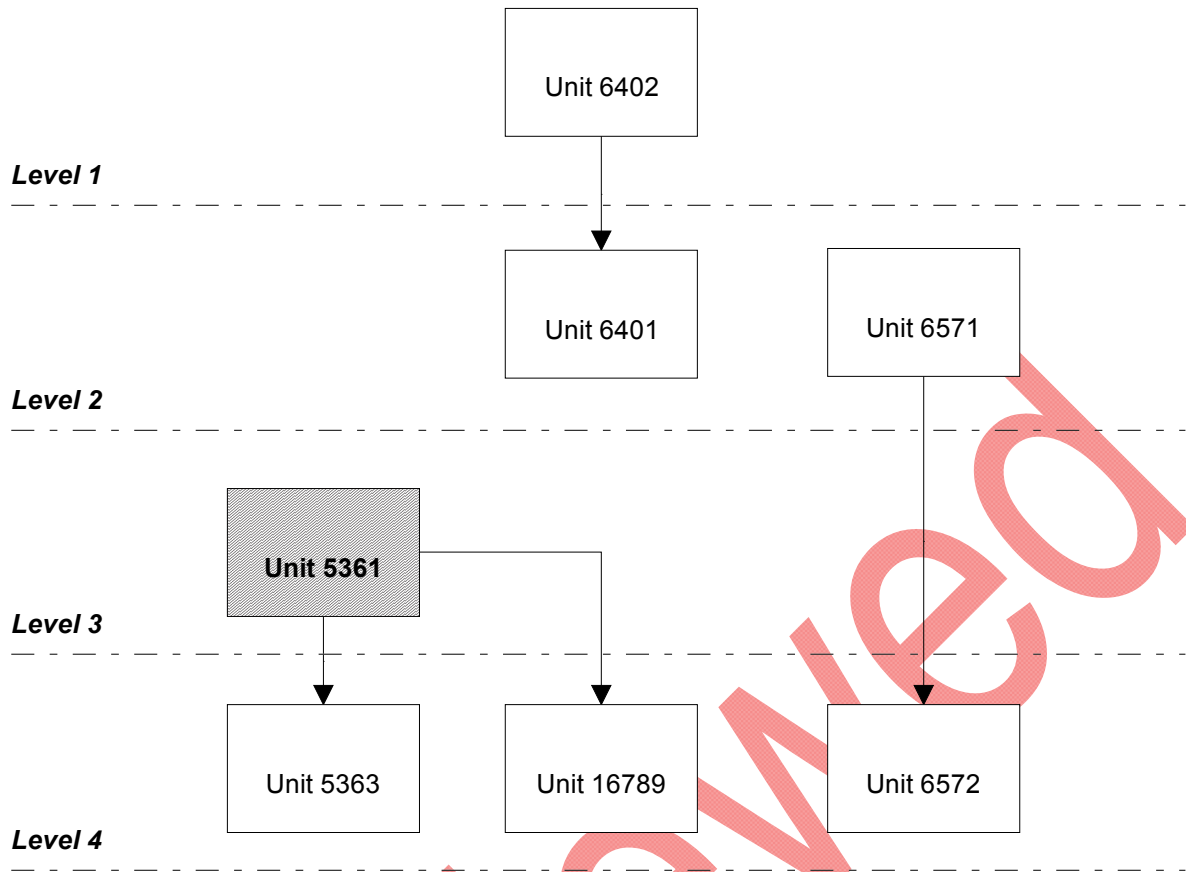
Classification

This qualification is classified according to the classification system listed on the Directory of Assessment Standards (DAS) and the New Zealand Standard Classification of Education (NZSCED) system as specified below.

DAS Classification		NZSCED	
Code	Description	Code	Description
267	Community and Social Services > Sport	092103	Society and Culture > Sport and Recreation > Sports Coaching, Playing, Officiating and Instructing

Quality Management Systems

Providers and Industry Training Organisations must be granted consent to assess by a recognised Quality Assurance Body before they can register credits from assessment against standards. Accredited providers and Industry Training Organisations assessing against standards must engage with the moderation system that applies to those standards. Accreditation requirements and the moderation system are outlined in the associated Accreditation and Moderation Action Plan (AMAP) for each standard.



Key:
■ Unit standards not included in this qualification

REVIEWED