

National Certificate in Massage (Relaxation Massage) (Level 4)

Level 4

Credits 47

This qualification is **expiring**. The last date to meet the requirements is 31 December 2012.

Purpose

This qualification recognises the core knowledge and skills required for professional practice in relaxation massage and leads on to the proposed National Diploma in Massage (Therapeutic Massage). It provides criteria which may be used to define professional status and recognition.

Credit Range

	Compulsory	Elective
Level 3 credits	7	-
Level 4 credits	24	0-6
Level 5 or above credits	10	0-6
Minimum totals	41	6

Requirements for Award of Qualification

Award of NQF Qualifications

Credit gained for a standard may be used only once to meet the requirements of this qualification.

Unit standards and achievement standards that are equivalent in outcome are mutually exclusive for the purpose of award. The table of mutually exclusive standards is provided in section 7 of the New Zealand Qualifications Authority (NZQA) *Rules and Procedures* publications available at <http://www.nzqa.govt.nz/ncea/acrp/index.html>.

Reviewed standards that continue to recognise the same overall outcome are registered as new versions and retain their identification number (ID). Any version of a standard with the same ID may be used to meet qualification requirements that list the ID and/or that specify the past or current classification of the standard.

Summary of Requirements

- Compulsory standards
- Elective – A minimum of 6 credits as specified

Detailed Requirements

Compulsory

The following standards are required

Health > Health Studies > Core Health

ID	Title	Level	Credit
6400	Manage first aid in emergency situations	3	2
6418	Demonstrate knowledge of normal human structure and function in a health context	3	5
12700	Describe the human cardiovascular system	4	1
12713	Describe the integumentary system of the human body	4	1
12715	Describe the human lymphatic system	4	1
12719	Describe the human musculoskeletal system	4	2

Health > Natural and Traditional Health and Healing > Complementary Therapies

ID	Title	Level	Credit
14793	Maintain client health records in complementary therapies practice	5	1
14796	Demonstrate massage relaxation techniques in complementary therapies practice	4	6
14801	Demonstrate therapeutic quality of physical body contact in complementary therapies practice	6	4

Health > Natural and Traditional Health and Healing > Massage

ID	Title	Level	Credit
14963	Demonstrate knowledge of, and prepare for massage practice	4	6
14964	Select and use massage equipment and materials in clinical practice	4	2
14969	Demonstrate massage techniques in a clinical practice setting	5	5
21934	Identify selected muscles of the human body in massage practice	4	5

Elective

A minimum of 6 credits

Health > Natural and Traditional Health and Healing > Aromatherapy

ID	Title	Level	Credit
14821	Use an intermediate range of essential oils and carrier oils for aromatherapy	4	12

Health > Natural and Traditional Health and Healing > Massage

ID	Title	Level	Credit
14755	Apply massage techniques to infants up to two years of age	4	2
14756	Demonstrate knowledge of the use of massage in sport, perform pre and post event massage techniques	4	6
14966	Perform Ortho-Bionomy in a massage clinical practice setting	6	6
14967	Use energy balancing techniques in a massage clinical practice setting	6	10
17346	Apply zone therapy to the feet in a relaxation massage setting	4	6

Transition Arrangements

Version 2

Version 2 was issued to indicate that this qualification is expiring and to replace standard 14867 with standard 21934 so that the qualification can be achieved until it reaches its expiry date. Unit standard 14867 was reviewed in June 2005, and replaced by new unit standard 21934.

For detailed information see [Review Summaries](#) on the NZQA website.

This qualification contains standards that replace earlier standards. For the purposes of this qualification, people who have gained credit for the expiring standard are exempt from the requirement to gain credit for the replacement standard – see table below.

Credit for	Exempt from
14867	21934

Previous versions of the qualification

Version 1 of this qualification was designed to replace the diverse range of relaxation massage qualifications that were offered in New Zealand in the past.

NQF Registration Information

Process	Version	Date	Last Date for Assessment
Registration	1	June 2000	December 2012
Review	2	March 2008	December 2012

Standard Setting Body

National Qualifications Services
 NZQA
 PO Box 160
 WELLINGTON

Telephone 04 463 3000
 Email nqs@nzqa.govt.nz

Certification

The certificate will display the logos of NZQA and the accredited provider.

Classification

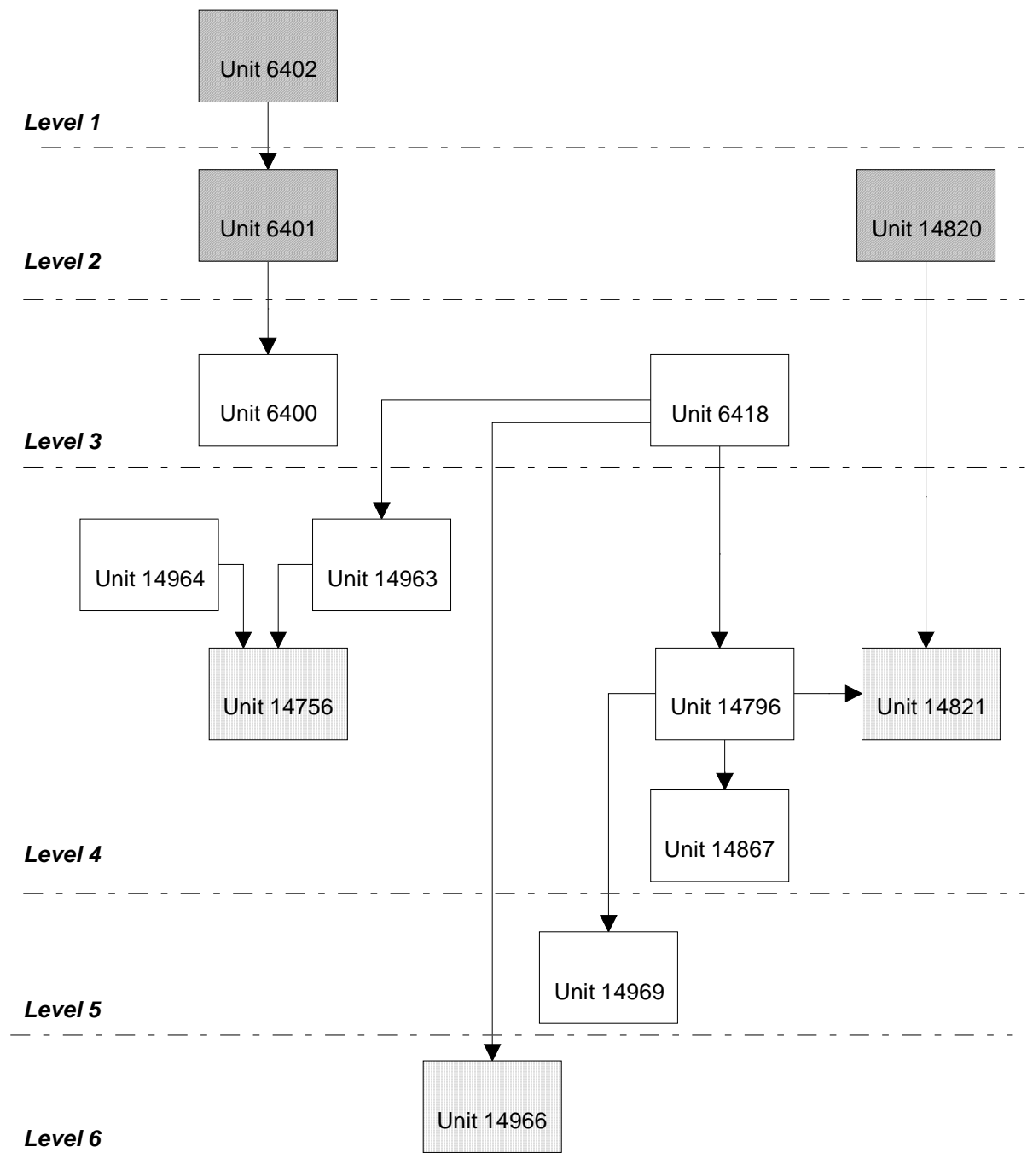
This qualification is classified according to the NQF classification system and the New Zealand Standard Classification of Education (NZSCED) system as specified below.

NQF Classification		NZSCED	
Code	Description	Code	Description
1104	Health > Natural and Traditional Health and Healing > Massage	061711	Health > Rehabilitation Therapies > Massage Therapy

Quality Management Systems

Providers and Industry Training Organisations must be accredited by a recognised Quality Assurance Body before they can register credits from assessment against standards. Accredited providers and Industry Training Organisations assessing against standards must engage with the moderation system that applies to those standards. Accreditation requirements and the moderation system are outlined in the associated Accreditation and Moderation Action Plan (AMAP) for each standard.

Prerequisite Diagram



Key:

- Unit standards not included in this qualification
- Unit standards are elective in this qualification