

FIELD HEALTH**Review of *Natural and Traditional Health and Healing* qualifications and unit standards****Qualifications**

Qualification title	Reference
National Diploma in Acupuncture (Level 7) with strands in Traditional Chinese Medicine, and Western Medical Science	0513
National Certificate in Complementary Therapies (Level 4)	0624
National Certificate in Homeobotanical Therapy (Level 6)	0625
National Diploma in Aromatherapy (Level 6)	0626
National Diploma in Homeopathy (Level 7)	0627
National Diploma in Hypnotherapy (Level 6)	0628
National Diploma in Kinesiology (Level 7)	0629
National Diploma in Reflexology (Level 7)	0630
National Diploma in Hellerwork (Level 6)	0737
National Certificate in Massage (Relaxation Massage) (Level 4)	0752
National Diploma in Massage (Therapeutic Massage) (Level 6)	0904

Unit standards

Subfield	Domain	Id
Natural and Traditional Health and Healing	Acupuncture	7129-7141, 15343
	Aromatherapy	14820-14824
	Complementary Therapies	14788-14807
	Hellerwork	14816-14819
	Homeobotanical Therapy	14829-14832
	Homoeopathy	14760-14766
	Hypnotherapy	14767-14774, 21145
	Kinesiology	14850-14860
	Massage	14753-14759, 14963-14969, 17346, 21767, 21768, 21934
	Reflexology	14808-14815

NZQA National Qualifications Services has completed the review of the qualifications and unit standards listed above.

Date new versions published

March 2008

Summary of review and consultation process

In 2002, the New Zealand Qualifications Authority (NZQA) took stock of the qualifications and unit standards it is responsible for developing. A prioritisation and rationalisation exercise carried out by National Qualifications Services (NQS) in September 2002 aimed at rationalising the work of NZQA to ensure that the unit standards and qualifications for which NQS was responsible were relevant, useful, and met the current needs of learners, providers, the community, and government. Careful consideration was given to the process to ensure that the unit standards retained by NQS reflected its responsibilities in relation to the Industry Training Act 1992, and national priorities including those expressed in the Tertiary Education Strategy and Statement of Tertiary Education Priorities (STEPs).

The decision was made for NQS to exit from standard setting responsibilities in Natural and Traditional Health and Healing national qualifications and unit standards by 2007. There was extensive consultation with the sector, including providers, since 2002 and this confirmed the decision to designate the qualifications and unit standards as expiring.

Outline of main changes

The qualifications and unit standards were designated expiring and will expire at the end of December 2012.

Review of *Natural and Traditional Health and Healing* qualifications

- National Diploma in Acupuncture (Level 7) with strands in Traditional Chinese Medicine, and Western Medical Science [Ref: 0513]
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- National Certificate in Homeobotanical Therapy (Level 6) [Ref: 0625]
- National Diploma in Aromatherapy (Level 6) [Ref: 0626]
- National Diploma in Homeopathy (Level 7) [Ref: 0627]
- National Diploma in Hypnotherapy (Level 6) [Ref: 0628]
- National Diploma in Kinesiology (Level 7) [Ref: 0629]
- National Diploma in Reflexology (Level 7) [Ref: 0630]
- National Diploma in Hellerwork (Level 6) [Ref: 0737]
- National Certificate in Massage (Relaxation Massage) (Level 4) [Ref: 0752]
- National Diploma in Massage (Therapeutic Massage) (Level 6) [Ref: 0904]

Main changes resulting from the review

National Diploma in Acupuncture (Level 7) with strands in Traditional Chinese Medicine, and Western Medical Science [Ref: 0513]

National Certificate in Complementary Therapies (Level 4) [Ref: 0624]

National Diploma in Aromatherapy (Level 6) [Ref: 0626]

National Diploma in Homeopathy (Level 7) [Ref: 0627]

National Diploma in Hypnotherapy (Level 6) [Ref: 0628]

National Diploma in Kinesiology (Level 7) [Ref: 0629]

National Diploma in Reflexology (Level 7) [Ref: 0630]

National Diploma in Massage (Therapeutic Massage) (Level 6) [Ref: 0904]

Review category	D	See Key to Qualification Review Categories below
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Changes to structure and content

- expired standard 6423 was replaced with standard 20100 so that the qualifications can be achieved until they reach their expiry date.

Transition

These qualifications contain standards that replace earlier standards. For the purposes of these qualifications, people who have gained credit for the expired standard are exempt from the requirement to gain credit for the replacement standard.

Credit for	Exempt from
6423	20100

National Certificate in Homeobotanical Therapy (Level 6) [Ref: 0625]
National Diploma in Hellerwork (Level 6) [Ref: 0737]

Review category	D	See Key to Qualification Review Categories below
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National Certificate in Massage (Relaxation Massage) (Level 4) [Ref: 0752]

Review category	D	See Key to Qualification Review Categories below
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Changes to structure and content

- expiring standard 14867 was replaced with standard 21934 so that the qualification can be achieved until it reaches its expiry date.

Transition

This qualification contains standards that replace earlier standards. For the purpose of this qualification, people who have gained credit for the expiring standard are exempt from the requirement to gain credit for the replacement standard.

Credit for	Exempt from
14867	21934

Key to Qualification Review Categories

Category A The qualification is published as a new version with the same NQF ID	Changes are made to SSB name, contact details or purpose statement
	No change is made to title, rules or components of the qualification
	No transition arrangements are required
Category B The qualification is published as a new version with the same NQF ID	Changes are made to title, rules or components
	The new version of the qualification recognises a similar skill set to that recognised by the previous version
	The SSB is confident that people awarded the new or previous version are comparable in terms of competence
Category C A new (replacement) qualification is published with new NQF ID	Transition arrangements are required if candidates must gain additional/different credits for the new version
	Significant changes are made to the qualification in terms of components, structure, type or level
	The SSB views people with the replacement qualification as being significantly different in terms of competence from those with the replaced qualification
	Transition arrangements are required
Category D Qualification will expire. There is no replacement qualification	Transition may be limited to phase-out dates
	Qualification is no longer required by industry
	The qualification is designated as expiring and a last date for meeting the qualification requirements is set

Review of *Natural and Traditional Health and Healing* unit standards

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Natural and Traditional Health and Healing	Acupuncture	7129-7141, 15343
	Aromatherapy	14820-14824
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	Reflexology	14808-14815

Impact on existing provider accreditations

None.

Impact on Accreditation and Moderation Action Plan (AMAP)

AMAP 0159 was designated expiring and will expire at the same time as the unit standards.

Impact on existing qualifications

Qualifications that contain the reviewed standards or classifications are tabled below.

Affected	The qualification lists a reviewed classification (domain or subfield) in an elective set The qualification lists a standard that has changes to level or credits The qualification lists a C or D category standard
Not materially affected	The qualification lists a standard that has a new title The qualification lists a standard that has a new classification

The following qualification is affected by the outcome of this review. The standard setting body (SSB) was advised that the qualification requires revision.

Qualification title	Classification in the qualification	SSB Name
National Diploma in Fitness (Applied) (Level 5) [Ref: 1240]	Massage	Sport, Fitness and Recreation Industry Training Organisation

Review Categories and changes to classification, title, level, and credits

All changes are in **bold**.

Key to review category	
A	Dates changed, but no other changes are made - the new version of the standard carries the same Id and a new version number
B	Changes made, but the overall outcome remains the same - the new version of the standard carries the same Id and a new version number
C	Major changes that necessitate the registration of a replacement standard with a new Id
D	Standard will expire and not be replaced

Subfield Natural and Traditional Health and Healing
 Domain Acupuncture

Id	Title	Level	Credit	Review Category
7129	Apply acupuncture treatment techniques	7	20	D
7130	Apply knowledge of infectious disease to the practice of acupuncture	5	4	D
7131	Apply acupuncture knowledge in Traditional Chinese Medicine to classify a patient's condition	4	30	D
7132	Apply an acupuncture treatment decision from a Western Medical diagnosis	7	15	D
7133	Apply knowledge of Western Medical science to acupuncture practice	6	10	D
7134	Explain the history, philosophy, and theory of acupuncture	3	2	D
7135	Formulate an acupuncture diagnosis and treatment in Traditional Chinese Medicine	7	120	D
7136	Implement Qi Gong as an augment to an acupuncture treatment	5	50	D
7137	Select and locate acupuncture points for treatment	7	40	D
7138	Select acupuncture points and treat patients from a basis of Traditional Chinese Medicine	7	12	D
7139	Treat through microsystems in an acupuncture setting	7	4	D
7140	Treat with Tui Na, and acupressure	6	50	D
7141	Demonstrate knowledge of western pharmacology in the practice of acupuncture	5	3	D
15343	Meet clinical practice requirements in acupuncture treatments in a Western Medical science context	7	50	D

Domain Aromatherapy

Id	Title	Level	Credit	Review Category
14820	Use an introductory range of essential oils and carrier oils for aromatherapy	2	6	D
14821	Use an intermediate range of essential oils and carrier oils for aromatherapy	4	12	D
14822	Use an advanced range of essential oils and carrier oils for aromatherapy in the clinical setting	6	25	D
14823	Use phytotherapy in aromatherapy practice	7	7	D
14824	Conduct aromatherapy research	6	40	D

Domain Complementary Therapies

Id	Title	Level	Credit	Review Category
14788	Complete holistic health assessment and treatment objectives in complementary therapies practice	6	6	D
14789	Refer client for clinical tests, examinations, or opinions in a complementary therapies setting	6	3	D

Id	Title	Level	Credit	Review Category
14790	Perform diagnostic tests in complementary therapies practice	6	3	D
14791	Apply diagnostic data in complementary therapies practice	5	5	D
14792	Perform diagnostic decision making in complementary therapies practice	7	10	D
14793	Maintain client health records in complementary therapies practice	5	1	D
14794	Perform general physical examination in complementary therapies practice	6	6	D
14795	Demonstrate general articular mobilisation techniques in complementary therapies practice	6	7	D
14796	Demonstrate massage relaxation techniques in complementary therapies practice	4	6	D
14797	Demonstrate fascial release in complementary therapies practice	6	7	D
14798	Use lymphatic drainage techniques in complementary therapies practice	6	5	D
14799	Use muscle energy techniques in complementary therapies practice	6	8	D
14800	Palpate and massage viscera in complementary therapies practice	6	4	D
14801	Demonstrate therapeutic quality of physical body contact in complementary therapies practice	6	4	D
14802	Use trigger points in complementary therapies practice	6	5	D
14803	Develop a health care programme in complementary therapies practice for client self care	6	5	D
14804	Use acupuncture techniques in complementary therapies practice	6	10	D
14805	Manage continuing professional development in complementary therapies clinical practice	6	5	D
14806	Demonstrate knowledge of the management of a professional complementary therapies clinical practice	6	5	D
14807	Provide client care in complementary therapies clinical practice	7	5	D

Domain Hellerwork

Id	Title	Level	Credit	Review Category
14816	Apply structural somatic integration in Hellerwork practice	6	5	D
14817	Apply Hellerwork movement education techniques	6	40	D
14818	Apply Hellerwork bodywork techniques to meet individual client needs	6	40	D
14819	Apply Hellerwork dialogue techniques to meet individual client needs	6	40	D

Domain Homeobotanical Therapy

Id	Title	Level	Credit	Review Category
14829	Apply homeobotanical therapeutics in clinical practice	6	15	D
14830	Use homeobotanical potions in clinical practice	6	15	D
14831	Use homeobotanical repertory and materia medica in clinical practice	6	5	D
14832	Establish homeobotanical history, principles, and tradition in clinical practice	6	15	D

Domain Homoeopathy

Id	Title	Level	Credit	Review Category
14760	Provide client care in homoeopathic clinical practice	7	70	D
14761	Establish the history, and philosophy of homoeopathic medicine in clinical practice	5	15	D
14762	Manage homoeopathic cases in homoeopathic clinical practice	7	65	D
14763	Establish homoeopathic materia medica in homoeopathic clinical practice	6	80	D
14764	Employ repertorisation in homoeopathic clinical practice	6	50	D
14765	Employ homoeopathic pharmacy in homoeopathic clinical practice	7	15	D
14766	Use homoeopathy to treat simple acute conditions	5	20	D

Domain Hypnotherapy

Id	Title	Level	Credit	Review Category
14767	Provide client care in hypnotherapeutic clinical practice	7	60	D
14768	Investigate for the purposes of hypnotherapeutic practice	4	4	D
14769	Manage hypnotic induction for hypnotherapeutic practice	6	6	D
14770	Manage interventions for hypnotherapeutic practice	6	30	D
14771	Conduct hypnotic regression for hypnotherapeutic practice	6	6	D
14772	Conduct pain management for hypnotherapeutic practice	6	6	D
14773	Teach self-hypnosis for hypnotherapeutic practice	6	6	D
14774	Demonstrate knowledge of stress theory and management for hypnotherapeutic practice	6	4	D
21145	Demonstrate knowledge of human physiology, anatomy and psychology for hypnotherapeutic practice	6	10	D

Domain Kinesiology

Id	Title	Level	Credit	Review Category
14850	Use kinesiology techniques to perform a 14 meridian goal balance	6	28	D
14851	Use kinesiology techniques to correct energy imbalance in musculature	7	20	D
14852	Use kinesiology meridian and/or holographic techniques	7	2	D
14853	Use kinesiology techniques to correct energy imbalance in viscera, and lymph and blood vessels	7	4	D
14854	Use kinesiology techniques to correct imbalance in metaphysical energy	7	7	D
14855	Use kinesiology techniques to correct energy imbalance induced by external factors	7	8	D
14856	Use kinesiology techniques to enhance performance and reduce learning disabilities and dyslexias	6	16	D
14857	Use kinesiology techniques to correct energy imbalances in bony structures and joints	7	7	D
14858	Use kinesiology techniques to correct energy imbalance in the pelvic diaphragm	7	4	D
14859	Use kinesiology techniques to defuse energy blockages related to spiritual and emotional issues	7	30	D
14860	Use kinesiology techniques to correct hypertonicity in muscles	7	20	D

Domain Massage

Id	Title	Level	Credit	Review Category
14753	Apply clinical neuromuscular therapy in a massage practice setting	7	20	D
14754	Select and apply stress management and relaxation techniques in massage clinical practice	6	6	D
14755	Apply massage techniques to infants up to two years of age	4	2	D
14756	Demonstrate knowledge of the use of massage in sport, and apply massage in sporting situations	4	6	D
14757	Apply massage techniques to sport and exercise	6	8	D
14758	Demonstrate selected neuromuscular techniques in massage clinical practice	6	12	D
14759	Demonstrate knowledge of bones, muscles, tissues, and stretching for massage	6	16	D
14963	Demonstrate knowledge of, and prepare for, massage practice	4	6	D
14964	Select and use massage equipment and materials in clinical practice	4	2	D
14965	Perform massage in clinical practice	6	32	D
14966	Perform Positional Release in massage clinical practice	6	6	D

Id	Title	Level	Credit	Review Category
14967	Use energy balancing techniques in massage clinical practice	6	10	D
14968	Use palpation in massage clinical practice	6	7	D
14969	Demonstrate massage techniques in a massage practice setting	5	6	D
17346	Apply Zone Therapy to the feet in a relaxation massage setting	4	6	D
21767	Apply Holistic Pulsing in body therapy	4	6	D
21768	Prepare for and apply massage techniques in onsite massage practice	5	6	D
21934	Identify selected muscles of the human body in massage practice	4	5	D

Domain Reflexology

Id	Title	Level	Credit	Review Category
14808	Perform reflexology in a clinical setting	6	5	D
14809	Apply foot joint mobilisation and foot manipulation within reflexology practice	7	55	D
14810	Provide foot care within reflexology clinical practice	5	8	D
14811	Perform Orthio-Bionomy on the hands and feet within reflexology clinical practice	6	4	D
14812	Apply reflexology psycho-physiological principles in a reflexology clinical setting	7	5	D
14813	Interpret radiographs within reflexology clinical practice	6	13	D
14814	Critique and conduct reflexology or foot manipulation research within reflexology clinical practice	7	26	D
14815	Demonstrate knowledge of lower limb structure and function for reflexology clinical practice	6	10	D