

## Lunge a horse for training

**Level** 3

**Credits** 4

**Purpose** People credited with this unit standard are able to: explain the benefits of lunging and tack up a horse with gear for lunging; lead the horse to a suitable area for lunging and prepare to lunge; lunge the horse; and remove lunging gear after lunging.

**Subfield** Equine

**Domain** Equine Training

**Status** Registered

**Status date** 17 October 2008

**Date version published** 17 October 2008

**Planned review date** 31 December 2013

**Entry information** Open.

**Accreditation** Evaluation of documentation and visit by NZQA and industry.

**Standard setting body (SSB)** NZ Equine Industry Training Organisation

**Accreditation and Moderation Action Plan (AMAP) reference** 0018

This AMAP can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

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### Special notes

- 1 Legislation relevant to this unit standard includes but is not limited to the Health and Safety in Employment Act 1992, and its subsequent amendments.
- 2 A lunging roller with at least two rings fastened each side can be used instead of a saddle.
- 3 *Stable procedures* are the documented practices and polices required within a particular workplace, and do not contravene the *Code of Recommendations and Minimum Standards for the Welfare of Horses* (Wellington: Ministry of Agriculture and Forestry, 1993), which is available at <http://www.biosecurity.govt.nz/animal-welfare/codes/horses/index.htm>.

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## Elements and performance criteria

### Element 1

Explain the benefits of lunging and tack up a horse with gear for lunging.

Range lunge cavesson, lunge rein, saddle, bridle, side reins.

#### Performance criteria

1.1 Reasons for and benefits of lunging are outlined in terms of exercise and training.

Range exercise the horse, train the horse, train the rider, settle the horse.

1.2 Horse is prepared for fitting of lunging gear in accordance with the intended activity and stable procedures.

Range restrained in halter, cover removed, groomed.

1.3 Gear is fitted on the horse's back and is suitable for the attachment of side reins.

1.4 The lunging cavesson is fitted in a firm and comfortable position, not interfering with bridle or bit.

1.5 Bridle, reins, and stirrups are firmly secured.

1.6 The horse's legs are protected in accordance with stable procedures.

Range may include but is not limited to – shin and tendon boots, over reach boots, bandages.

1.7 Side reins are fitted and secured lunge rein is attached to cavesson.

1.8 Gear is checked for safety and any unsafe features are reported to supervisor in accordance with stable procedures.

### Element 2

Lead the horse to a suitable area for lunging, and prepare to lunge.

#### Performance criteria

2.1 An area for lunging is identified in terms of its suitability for training.

Range flat, even, surface, density and depth, enclosed, quiet.

2.2 Protective clothing is worn by the trainer or handler in accordance with stable procedures.

- 2.3 The trainer or handler leads the horse in a manner which maintains control at all times.
- 2.4 On reaching the area selected the horse is initially lunged without side reins.
- 2.5 Side reins are attached allowing horse to stretch forwards and downwards.

### **Element 3**

Lunge the horse.

Range paces – halt, walk, trot, transitions.

#### **Performance criteria**

- 3.1 Trainer or handler is positioned to maintain control of the horse at all paces.
- 3.2 Horse is encouraged to move forward in a circle on both reins demonstrating smooth transitions.

Range walk, walk to halt, halt to walk, walk to trot, trot to walk, change direction.

### **Element 4**

Remove lunging gear after lunging.

#### **Performance criteria**

- 4.1 Lunging gear is secured safely, ready for leading in hand on completion of lunging exercise.
- 4.2 Horse is led from lunging area to suitable enclosed area in preparation for removing lunging gear in a manner which maintains control of the horse at all times.
- 4.3 Horse is secured, and gear is removed, cleaned, and stored in a safe place in accordance with stable procedure.
- 4.4 Horse is cooled, sweat is removed, and horse is covered in accordance with stable procedures and with the horse remaining calm at all times.

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#### **Please note**

Providers must be accredited by NZQA, or an inter-institutional body with delegated authority for quality assurance, before they can report credits from assessment against unit standards or deliver courses of study leading to that assessment.

Industry Training Organisations must be accredited by NZQA before they can register credits from assessment against unit standards.

Accredited providers and Industry Training Organisations assessing against unit standards must engage with the moderation system that applies to those standards.

Accreditation requirements and an outline of the moderation system that applies to this standard are outlined in the Accreditation and Moderation Action Plan (AMAP). The AMAP also includes useful information about special requirements for organisations wishing to develop education and training programmes, such as minimum qualifications for tutors and assessors, and special resource requirements.

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### **Comments on this unit standard**

Please contact the NZ Equine Industry Training Organisation [equineito@xtra.co.nz](mailto:equineito@xtra.co.nz) if you wish to suggest changes to the content of this unit standard.