

<b>Title</b>	<b>Facilitate the Peer Support programme in schools</b>		
<b>Level</b>	<b>3</b>	<b>Credits</b>	<b>4</b>

<b>Purpose</b>	<p>This unit standard is intended for senior students in secondary schools who are leaders in the Peer Support programme.</p> <p>People credited with this unit standard are able to: describe the Peer Support programme; plan a Peer Support programme; demonstrate leadership skills during the facilitation of a Peer Support group session; and evaluate own leadership skills demonstrated during the facilitation of a Peer Support group session.</p>
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<b>Classification</b>	Core Generic > Social and Cooperative Skills
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<b>Available grade</b>	Achieved
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### Guidance Information

- 1 *The Peer Support programme, Te Aka Tautoko Akonga*, is a personal development programme for secondary students led by senior students.

Senior students are trained to help younger students develop the skills, knowledge and confidence to get along with people around them. The result is a network of personal support for young people who are new to secondary school.

The programme helps senior students to give emotional and moral support to younger peers. All students involved benefit from the process – Peer Support develops leadership skills among the students who provide support, and it raises the self-esteem and confidence of younger students at a time of change when they may be vulnerable.

- 2 The Peer Support programme for secondary schools is supported and sponsored by the Peer Support Trust of New Zealand Incorporated, and the District Committees of the six Rotary Districts.
- 3 Student Leaders' Manual *The Peer Support Programme for New Zealand Secondary Schools*, underpins the knowledge and skills in this unit standard. All activities associated with this unit standard must meet the standards set out in this manual, which can be ordered from:  
New Zealand Peer Support Trust  
PO Box 6078  
Upper Riccarton  
Christchurch 8442  
The order form can be downloaded from [www.peersupport.org.nz](http://www.peersupport.org.nz).

- 4 Assessment against this unit standard must be conducted as part of Peer Support activity, not in a simulated or role-played situation.

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## Outcomes and performance criteria

### Outcome 1

Describe the Peer Support programme.

#### Performance criteria

- 1.1 The structure, aims and values of the Peer Support programme are described.
- 1.2 The roles of the leaders, the teacher-leader, the supervising teacher, the school, and the Rotary are described.
- 1.3 The positive effects of the programme in terms of the benefits to the leaders, the participants, and the school are described.

### Outcome 2

Plan a Peer Support programme.

#### Performance criteria

- 2.1 Objectives, discussion questions and activities are included in planning to meet the needs of the participants and the topic.

### Outcome 3

Demonstrate leadership skills during the facilitation of a Peer Support group session.

#### Performance criteria

- 3.1 The Peer Support group session is facilitated with leadership skills in accordance to the needs of the participants.

Range leadership skills include but are not limited to – communication, management, problem-solving.

### Outcome 4

Evaluate own leadership skills demonstrated during the facilitation of a Peer Support group session.

#### Performance criteria

- 4.1 Participants' feedback is gathered and reflected upon in order to inform evaluation.
- 4.2 Recommendations to improve future sessions are included in evaluation.

<b>Planned review date</b>	31 December 2027
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#### Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	22 January 2002	31 December 2015
Revision	2	17 March 2006	31 December 2015
Review	3	16 July 2010	31 December 2017
Review	4	18 June 2015	N/A
Review	5	25 January 2018	N/A
Review	6	2 March 2023	N/A

<b>Consent and Moderation Requirements (CMR) reference</b>	0113
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

#### Comments on this unit standard

Please contact NZQA National Qualifications Services [nqs@nzqa.govt.nz](mailto:nqs@nzqa.govt.nz) if you wish to suggest changes to the content of this unit standard.