Title	Demonstrate paddling skills on Class 2 water		
Level	3	Credits	2

Purpose	People credited with this unit standard are able to: demonstrate individual preparedness for paddling on Class 2 water; demonstrate manoeuvring paddle craft on Class 2 water; and demonstrate and apply knowledge of safety skills and rescues techniques.
---------	---

Classification	Outdoor Recreation > Canoeing - Kayaking

Available grade	Achieved	
-----------------	----------	--

## **Guidance Information**

- All learning and assessment within this standard must be carried out in accordance with the following as relevant:
  - Te Tiriti o Waitangi/Treaty of Waitangi principles of partnership, protection and participation;
  - relevant legislation including Health and Safety at Work Act 2015, Health and Safety at Work (Adventure Activities) Regulations 2016, Privacy Act 2020, Children's Act 2014 and Human Rights Act 1993, and all subsequent amendments and associated regulations;
  - The New Zealand Curriculum and/or Te Marautanga o Aotearoa; EOTC
    Guidelines Bringing the Curriculum Alive 2016;
  - industry guidelines, including any relevant Good Practice Guide, , in particular Flatwater Floating and Paddling, found at <a href="http://www.supportadventure.co.nz/good-practice/good-practice-guidelines/">http://www.supportadventure.co.nz/good-practice/good-practice-guidelines/</a> and Activity Specific Guidelines, found at <a href="http://www.supportadventure.co.nz/good-practice/activity-safety-guidelines-2/">http://www.supportadventure.co.nz/good-practice/activity-safety-guidelines-2/</a>;
  - industry codes such as the Mountain Safety Council Land Safety Code, available from <a href="https://www.mountainsafety.org.nz/land-safety-code/">https://www.mountainsafety.org.nz/land-safety-code/</a> and Leave No Trace principles and relevant Care codes, all available from <a href="https://www.doc.govt.nz/parks-and-recreation/know-before-you-go/care-codes/">https://www.doc.govt.nz/parks-and-recreation/know-before-you-go/care-codes/</a>, and any relevant activity specific industry codes;
  - a Safety Management System (SMS) including organisational policies and procedures covering risk management, incident and emergency response, and the use of personal protective equipment (PPE);
  - current industry good practice.

# 2 Range

The paddle craft may be a kayak with a spray deck or a canoe (Open or with a spray deck or air bags). Paddle craft does not include sit on tops or stand up paddle boards.

3 Definitions

*Class 2 water* has easy rapids with waves up to one metre. Clear channels obvious without scouting.

Current industry good practice means the range of actions currently accepted within the adventure and outdoor sector to manage the risk of harm to staff, participants, and others.

# Outcomes and performance criteria

#### **Outcome 1**

Demonstrate individual preparedness for paddling on Class 2 water.

#### Performance criteria

- 1.1 Wear or carry clothing and footwear for comfort and protection for Class 2 water.
- 1.2 Fit and adjust the paddle craft and all personal safety equipment.

## Outcome 2

Demonstrate manoeuvring paddle craft on Class 2 water.

#### Performance criteria

- 2.1 Demonstrate use of angle, speed and edge to manoeuvre craft into and out of eddies on Class 2 water.
- 2.2 Use a variety of paddle strokes to follow a chosen line down a rapid section and avoid identified hazards.

Range strokes – forward and reverse power and steering strokes, low brace.

2.3 Demonstrate a ferry glide across a Class 2 section of river.

## **Outcome 3**

Demonstrate and apply knowledge of safety skills and rescues techniques.

## Performance criteria

- 3.1 Demonstrate safe practices on a river.
- 3.2 Use appropriate river signals to communicate with others on river.

Range may include but is not limited to – whistle, hand, paddle; at least three signals.

3.3 Complete an assisted rescue on Class 2 water.

- 3.4 Demonstrate ability to self-rescue in Class 2 water.
- 3.5 Recognise river hazards, and describe their effects on the craft, and methods for avoiding them.

Range may include but is not limited to – rocks, trees, man-made objects, walls, undercuts, stoppers.

Planned review date	31 December 2026

Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	29 October 2004	31 December 2023
Review	2	28 October 2021	N/A

Consent and Moderation Requirements (CMR) reference	0099
---	------

This CMR can be accessed at <a href="http://www.nzqa.govt.nz/framework/search/index.do">http://www.nzqa.govt.nz/framework/search/index.do</a>.

# Comments on this unit standard

Please contact the Skills Active Aotearoa <u>info@skillsactive.org.nz</u> if you wish to suggest changes to the content of this unit standard.