

Experience rock climbing

Level 1

Credits 1

Purpose People credited with this unit are able to identify equipment and access issues for rock climbing and participate in rock climbing sessions.

Subfield Outdoor Recreation

Domain Rock Climbing

Status Registered

Status date 27 October 2006

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Entry information Open.

Accreditation Evaluation of documentation by NZQA and industry.

Standard setting body (SSB) Sport, Fitness and Recreation Industry Training Organisation – Outdoor Recreation

Accreditation and Moderation Action Plan (AMAP) reference 0102

This AMAP can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Special notes

- 1 Assessment against this unit standard may take place at indoor or outdoor venues and/or bouldering sites.
- 2 All activities must comply with any relevant environmental, legislative and/or regulatory requirements set out in the *New Zealand Environmental Care Code*, Health and Safety in Employment Act 1992, Injury Prevention, Rehabilitation, and Compensation Act 2001, and their subsequent amendments. The *New Zealand Environmental Care Code* is available from the Department of Conservation, Head Office, PO Box 10420, Wellington or from <http://www.doc.govt.nz>.
- 3 There are minimum assessor requirements for assessment against this unit standard. The details of these requirements are available on the Sfrito website <http://www.sfrito.org.nz>.

Elements and performance criteria

Element 1

Identify equipment and access issues for rock climbing.

Performance criteria

- 1.1 Equipment used for rock climbing is identified.
- Range rope, climbing shoes, harness, helmet, karabiner, belay device.
- 1.2 Local crag access issues are identified.
- Range may include but not limited to – land manager permission, tangata whenua, responsible behaviour, human impact.

Element 2

Participate in rock climbing sessions.

Performance criteria

- 2.1 Climbing techniques are demonstrated.
- Range friction, pressure, grip.
- 2.2 Balanced and energy efficient body movements are demonstrated.
- Range weight transfer, foot placement.
- 2.3 The purpose of spotting and belaying is described.
- Range protection of climber's head and neck; prevention of ground impact.
- 2.4 Potential hazards at the site are identified.
- Range incorrect spotting or belaying technique; dropped equipment, rockfall.
- 2.5 Effective spotting technique is demonstrated.

Please note

Providers must be accredited by the Qualifications Authority, or an inter-institutional body with delegated authority for quality assurance, before they can report credits from assessment against unit standards or deliver courses of study leading to that assessment.

Industry Training Organisations must be accredited by the Qualifications Authority before they can register credits from assessment against unit standards.

Accredited providers and Industry Training Organisations assessing against unit standards must engage with the moderation system that applies to those standards.

Accreditation requirements and an outline of the moderation system that applies to this standard are outlined in the Accreditation and Moderation Action Plan (AMAP). The AMAP also includes useful information about special requirements for organisations wishing to develop education and training programmes, such as minimum qualifications for tutors and assessors, and special resource requirements.

Comments on this unit standard

Please contact the Sport, Fitness and Recreation Industry Training Organisation Limited info@sfrito.org.nz if you wish to suggest changes to the content of this unit standard.