

Title	Demonstrate paddling a craft on flat water		
Level	1	Credits	2

Purpose	People credited with this unit standard are able to demonstrate: preparedness for paddling on flat water; paddling skills on flat water; and self-management on flat water.
----------------	---

Classification	Outdoor Recreation > Canoeing - Kayaking
-----------------------	--

Available grade	Achieved
------------------------	----------

Guidance Information

- 1 All learning and assessment within this standard must be carried out in accordance with the following as relevant:
 - Te Tiriti o Waitangi/Treaty of Waitangi principles of partnership, protection and participation;
 - relevant legislation including Health and Safety at Work Act 2015, Health and Safety at Work (Adventure Activities) Regulations 2016, Privacy Act 2020, Children’s Act 2014 and Human Rights Act 1993, and all subsequent amendments and associated regulations;
 - *The New Zealand Curriculum* and/or *Te Marautanga o Aotearoa*; EOTC Guidelines – Bringing the Curriculum Alive 2016;
 - industry guidelines, including any relevant Good Practice Guide, in particular Flatwater Floating and Paddling, found at <http://www.supportadventure.co.nz/good-practice/good-practice-guidelines/> and Activity Specific Guidelines, found at <http://www.supportadventure.co.nz/good-practice/activity-safety-guidelines-2/>;
 - industry codes such as the Mountain Safety Council Land Safety Code, available from <https://www.mountainsafety.org.nz/land-safety-code/> and Leave No Trace principles and relevant Care codes, all available from <https://www.doc.govt.nz/parks-and-recreation/know-before-you-go/care-codes/>, and any relevant activity specific industry codes;
 - a Safety Management System (SMS) including organisational policies and procedures covering risk management, incident and emergency response, and the use of personal protective equipment (PPE);
 - current industry good practice.
- 2 Range
The paddle craft may be any paddle craft (kayak, canoe, sea kayak, sit on top, Stand Up Paddleboard (SUP), raft, waka, dragon boat, self-built raft).
- 3 Assessment
Prior to assessment against this unit standards the candidate is provided with a gear list that includes the clothing and footwear required for a paddle craft experience.

4 Definitions

Current industry good practice means the range of actions currently accepted within the adventure and outdoor sector to manage the risk of harm to staff, participants, and others.

Flat water means flat or sheltered water, including estuaries, river deltas, sheltered beaches, lakes and coastal inlets and swimming pools, when wind strength and direction do not compromise the safety and purpose of the activity.

Outcomes and performance criteria

Outcome 1

Demonstrate preparedness for paddling on flat water.

Performance criteria

- 1.1 Wear or carry the required personal clothing and footwear for paddling on flat water.
- 1.2 Participate in basic directed safety checks before commencing paddling.

Outcome 2

Demonstrate paddling skills on flat water.

Performance criteria

- 2.1 Demonstrate self-safety and care of craft and paddle when entering and exiting the water.
- 2.2 Demonstrate correct paddle grip and blade orientation.
- 2.3 Use paddle strokes to control craft while following a set route.

Outcome 3

Demonstrate self-management on flat water.

Performance criteria

- 3.1 Demonstrate care for and correct use of all equipment.
- 3.2 Follow simple instructor signals.
Range stop, right, left, come in.
- 3.3 Maintain contact with paddle and craft in capsize situation.

Replacement information	This unit standard replaced unit standard 477.
--------------------------------	--

Planned review date	31 December 2026
----------------------------	------------------

Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	29 October 2004	31 December 2023
Review	2	28 October 2021	N/A

Consent and Moderation Requirements (CMR) reference	0099
--	------

This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact the Skills Active Aotearoa info@skillsactive.org.nz if you wish to suggest changes to the content of this unit standard.