

<b>Title</b>	<b>Provide basic emergency care</b>		
<b>Level</b>	<b>3</b>	<b>Credits</b>	<b>14</b>

<b>Purpose</b>	<p>This unit standard may be an end in itself, or be used by those who intend to become emergency care first responders.</p> <p>People credited with this unit standard are able to:</p> <ul style="list-style-type: none"> <li>– assess and manage the scene of an emergency situation;</li> <li>– perform a primary survey to identify any life threats;</li> <li>– perform a secondary survey;</li> <li>– demonstrate and apply knowledge of safe patient moving and lifting techniques without injury to self, patient or others;</li> <li>– demonstrate and apply knowledge of devices and/or techniques to manage patients in an emergency situation;</li> <li>– monitor patients and provide information in an emergency situation;</li> <li>– recognise signs of stress in self and apply appropriate strategies to mitigate effects; and</li> <li>– demonstrate and apply knowledge of requirements relating to patient information and documenting events.</li> </ul>
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<b>Classification</b>	Emergency Services > Emergency Care - First Response
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<b>Available grade</b>	Achieved
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<b>Prerequisites</b>	A current first aid certificate at the time of assessment.
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### Guidance Information

- 1 Practical competence must be demonstrated in a minimum of two different emergency situations, which may be real or simulated. Where range statements have the additional statement '*across the different emergency situations*', range statement items must be addressed at least once across the different emergency situations, and are not required to be addressed in every situation.
- 2 Any assessments requiring application of organisational requirements may be performed using workplace organisational requirements, or simulation/scenario-based activities utilising sector good practice guidelines and/or current New Zealand Resuscitation Council Guidelines and Publications.

### 3 Definitions

*Basic emergency care* – for the purposes of this unit standard, this refers to that phase of emergency care that occurs in an out-of-hospital context, and recognises and responds to respiratory and circulatory insufficiency, changes in levels of consciousness, and responds to other conditions using devices and/or techniques readily available to non-health professionals, prior to transfer of care to ambulance crew or other health care professional.

*Current first aid certificate* – one that has been completed or refreshed within the last two years, and is comprised of Unit 6400, *Manage first aid in an emergency situation*, or Unit 23406, *Provide first aid for trauma and medical emergency situations*, or demonstration of equivalent knowledge and skills.

- 4 References include New Zealand Resuscitation Council (NZRC) guidelines and publications; and/or the protocols of the organisation employing the candidate; and/or equipment manufacturer's documentation; and/or current texts relating to out-of-hospital emergency care practices. Guidelines relating to all aspects of adult, child, and infant basic life support are available at <http://www.resus.org.nz>.

### 5 Range

All procedures in this unit standard should be carried out:

- a according to current basic emergency care practices;
- b in a manner that will not exacerbate the patient's condition; and
- c in compliance with the Health and Safety at Work Act 2015, and subsequent amendments.

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## Outcomes and performance criteria

### Outcome 1

Assess and manage the scene of an emergency situation.

#### Performance criteria

- 1.1 Assess the impact of hazards and manage risks to ensure the safety of the scene is maintained.

Range hazards may include but are not limited to – smoke, heat, cold, water, electrical storm, chemical or fuel spillage, infectious disease, altitude, avalanche, natural disaster, electricity; found in situations such as motor vehicle accident, urban search and rescue, land search and rescue, rural, crowd, confined space, toxic environment; evidence of a minimum of three hazards is required across the different emergency situations; the scene may include but is not limited to – rescuers, bystanders and patients.

- 1.2 Use standard precautions to maintain safety in accordance with organisational requirements.

1.3 Prioritise patients according to the severity of their conditions, interventions available, and taking into account the threat to life.

1.4 Identify need for further assistance and take appropriate action.

Range may include but is not limited to – internal organisational processes, emergency services, utility services.

## Outcome 2

Perform a primary survey to identify any life threats.

### Performance criteria

2.1 Describe the essential components of a primary survey.

2.2 Identify life threats that may be found during a primary survey.

2.3 Perform a primary survey to establish if life threatening conditions are present.

Range conscious patient, unconscious patient; across the different emergency situations.

## Outcome 3

Perform a secondary survey.

### Performance criteria

3.1 Identify the purpose of a secondary survey.

3.2 Describe conditions under which it would be inappropriate to perform a secondary survey.

Range may include but is not limited to – a patient with a life threatening condition found in the primary survey, conscious patient with an isolated injury.

3.3 Perform a secondary survey, including questioning patient and others where appropriate.

Range an unconscious trauma patient, an unconscious medical patient, a conscious trauma patient, a conscious medical patient; across the different emergency situations.

## Outcome 4

Demonstrate and apply knowledge of safe patient moving and lifting techniques without injury to self, patient or others.

Range includes but not limited to – lifting from floor, lifting to chair height, dragging, stretcher or alternative.

**Performance criteria**

4.1 Describe safe patient moving and lifting techniques.

4.2 Apply safe patient moving and lifting techniques.

Range application of techniques – across the different emergency situations.

**Outcome 5**

Demonstrate and apply knowledge of devices and/or techniques to manage patients in an emergency situation.

Range devices and/or techniques must include but are not limited to those that are associated with managing – airway, respiratory insufficiency, cardiac arrest, immobilisation, preparation for transport.

**Performance criteria**

5.1 Select devices and/or techniques, and justify selection in terms of the patient condition.

Range safety of patient, dignity of patient, comfort of patient, safety of rescuer.

5.2 Demonstrate correct use of devices and/or techniques to manage patients.

5.3 Reassess the condition of the patient, and initiate further action if required.

**Outcome 6**

Monitor patients and provide information in an emergency situation.

**Performance criteria**

6.1 Monitor patient and initiate further action if required, until responsibility for patient care is transferred to ambulance crew or other health care professional.

Range includes but is not limited to – adequacy of respiration, adequacy of circulation, level of consciousness, general condition.

6.2 Provide information accurately and concisely to the ambulance crew or other health care professional.

Range patient assessment, patient management.

**Outcome 7**

Recognise signs of stress in self and apply appropriate strategies to mitigate effects.

**Performance criteria**

- 7.1 Recognise signs of stress in self and apply appropriate strategies to mitigate effects.

Range appropriate strategies may include but are not limited to – seeking medical advice for self.

**Outcome 8**

Demonstrate and apply knowledge of requirements relating to patient information and documenting events.

**Performance criteria**

- 8.1 Demonstrate knowledge of legal requirements of privacy and confidentiality in relation to patient information.

- 8.2 Document events in accordance with organisational requirements.

Range may include but is not limited to – completing the accident register in the workplace, patient report forms, incident reports.

<b>Replacement information</b>	This unit standard replaced unit standard 14473, unit standard 25411, and unit standard 25412.
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<b>Planned review date</b>	31 December 2025
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**Status information and last date for assessment for superseded versions**

Process	Version	Date	Last Date for Assessment
Registration	1	10 December 2015	N/A
Revision	2	25 July 2019	N/A
Rollover	3	24 June 2021	N/A
Rollover and Revision	4	28 September 2023	N/A

<b>Consent and Moderation Requirements (CMR) reference</b>	0121
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

**Comments on this unit standard**

Please contact Toitū te Waiora Community, Health, Education and Social Services Workforce Development Council [info@toitutewaioara.nz](mailto:info@toitutewaioara.nz) if you wish to suggest changes to the content of this unit standard.