

## Demonstrate basic rock climbing movement

**Level** 2

**Credits** 1

**Purpose** People credited with this unit standard are able to demonstrate spotting and climbing techniques, and identify issues related to climbing.

**Subfield** Outdoor Recreation

**Domain** Rock Climbing

**Status** Registered

**Status date** 27 October 2006

**Date version published** 27 October 2006

**Planned review date** 31 December 2011

**Entry information** Open.

**Accreditation** Evaluation of documentation by NZQA and industry.

**Standard setting body (SSB)** Sport, Fitness and Recreation Industry Training Organisation – Outdoor Recreation

**Accreditation and Moderation Action Plan (AMAP) reference** 0102

This AMAP can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

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### Special notes

- 1 Assessment against this unit standard may take place at indoor or outdoor venues and/or bouldering sites.
- 2 All activities must comply with any relevant environmental, legislative and/or regulatory requirements set out in the *New Zealand Environmental Care Code*, Health and Safety in Employment Act 1992, Injury Prevention, Rehabilitation, and Compensation Act 2001, and their subsequent amendments. The *New Zealand Environmental Care Code* is available from the Department of Conservation, Head Office, PO Box 10420, Wellington or from <http://www.doc.govt.nz>
- 3 The *New Zealand Alpine Club (NZAC) Code of Conduct for Rockclimbers* is available from the New Zealand Alpine Club, PO Box 786, Christchurch, or from <http://www.alpineclub.org.nz>.

- 4 There are minimum assessor requirements for assessment against this unit standard. The details of these requirements are available on the Sfrito website <http://www.sfrito.org.nz>.
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## Elements and performance criteria

### Element 1

Demonstrate spotting techniques.

#### Performance criteria

- 1.1 A spotting stance and focus is demonstrated at all times.
- 1.2 The position and location of the spotter is appropriate to the climber at all times.

### Element 2

Demonstrate climbing techniques.

#### Performance criteria

- 2.1 Appropriate warm-up exercises are undertaken.
- 2.2 Climbing is confident and balanced.
- 2.3 Energy is used efficiently.
- 2.4 The climb is retreated from safely.
- Range a minimum of three retreats which may include but is not limited to – down climb, being lowered, walking off.

### Element 3

Identify issues related to climbing.

#### Performance criteria

- 3.1 Issues relating to access are identified.
- Range may include but is not limited to – land managers, tangata whenua, Department of Conservation, logistics of accessing a local site.
- 3.2 Climbing ethics are identified and demonstrated based on the *NZAC Code of Conduct for Rockclimbers*.

### **Please note**

Providers must be accredited by the Qualifications Authority, or an inter-institutional body with delegated authority for quality assurance, before they can report credits from assessment against unit standards or deliver courses of study leading to that assessment.

Industry Training Organisations must be accredited by the Qualifications Authority before they can register credits from assessment against unit standards.

Accredited providers and Industry Training Organisations assessing against unit standards must engage with the moderation system that applies to those standards.

Accreditation requirements and an outline of the moderation system that applies to this standard are outlined in the Accreditation and Moderation Action Plan (AMAP). The AMAP also includes useful information about special requirements for organisations wishing to develop education and training programmes, such as minimum qualifications for tutors and assessors, and special resource requirements.

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### **Comments on this unit standard**

Please contact the Sport, Fitness and Recreation Industry Training Organisation Limited [info@srito.org.nz](mailto:info@srito.org.nz) if you wish to suggest changes to the content of this unit standard.