

Title	Demonstrate knowledge of the effects of alcohol and other drugs on self		
Level	1	Credits	3

Purpose	People credited with this unit standard are able to demonstrate knowledge of the effects of alcohol and other drugs on self.
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Classification	Core Generic > Self-Management
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Available grade	Achieved
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Guidance Information

- 1 All concerned with the teaching/learning and assessment relating to this unit standard need to be aware of, and respect, any issues of privacy and confidentiality. Such issues must be treated with care, recognising that use of alcohol and other drugs can be a sensitive issue.
- 2 Definition
Other drugs may include depressants, stimulants, and hallucinogens.
- 3 The following legislation and subsequent amendments provide reference, where needed, for this unit standard:
Misuse of Drugs Act 1975
Psychoactive Substances Act 2013
Sale and Supply of Alcohol Act 2012.

Outcomes and performance criteria

Outcome 1

Demonstrate knowledge of the effects of alcohol and other drugs on self.

Performance criteria

- 1.1 Alcohol and other drugs are described in terms of their physical and emotional effects.
- 1.2 Signs which would indicate unsafe use of alcohol and other drugs are described in terms of own health and work or study.
- 1.3 Three sources that assist with drug and/or alcohol advice are identified by name, location, and service(s) provided.

Planned review date	31 December 2027
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	21 June 1993	31 December 2015
Review	2	4 October 1995	31 December 2015
Revision	3	18 March 1998	31 December 2015
Revision	4	12 October 1999	31 December 2015
Review	5	26 September 2001	31 December 2015
Revision	6	12 September 2002	31 December 2015
Review	7	16 July 2010	31 December 2017
Review	8	18 June 2015	31 December 2019
Review	9	25 January 2018	N/A
Review	10	2 March 2023	N/A

Consent and Moderation Requirements (CMR) reference	0113
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact NZQA National Qualifications Services nqs@nzqa.govt.nz if you wish to suggest changes to the content of this unit standard.