

## NZQA Assessment Support Material

|                      |  |                |          |                |          |
|----------------------|--|----------------|----------|----------------|----------|
| <b>Unit standard</b> |  | <b>31002</b>   |          |                |          |
| <b>Title</b>         | <b>Read and understand a straightforward text for a routine practical purpose (EL)</b> |                |          |                |          |
| <b>Level</b>         | <b>2</b>   | <b>Credits</b> | <b>5</b> | <b>Version</b> | <b>1</b> |

### Student guidelines

#### AWARD OF CREDIT



This unit standard can be awarded with an Achieved grade only.

#### CONDITIONS OF ASSESSMENT

This assessment will take place over a timeframe set by the assessor.



- Do this assessment task in class.
- You may ask your teacher to help you understand the task.
- You may use a bilingual and/or an English dictionary, but must not use electronic devices.
- You can write the answers or say them to your assessor.

Note:

- Your spelling and grammar do not need to be perfect but your assessor needs to be able to understand what you mean. This standard assesses reading skills, not speaking or writing skills.

## Assessment task

Read the text, 'Safety guide for headphones', on the next page and complete the assessment task.

### Student Checklist

| <b>In this assessment task you will need to show you can do the following:</b>                | <b>PC</b> |
|---|-----------|
| Identity the purpose of the text - the reason why it was written.                             | 1.1       |
| Show that you understand key information from the text - at least 10 items.                   | 1.2       |
| Show that you understand the meaning of important vocabulary in the text - at least 10 words. | 1.3       |

## Safety Guide for Headphones



### Don't damage your ears

Today, thirty percent more teenagers have hearing problems. This is higher than it was in the 1980s and 1990s. Many experts think this is because more teenagers now use headphones.

### Choose the right headphones

There are three types of headphones, each with their own benefits and disadvantages.

1. **Headphones which go right over the ear** and are often better at stopping outside noise.

Benefits and disadvantages:

- Better sound quality lets you use a lower volume.
- Not small or easy to carry.



2. **Earbuds** go inside your ears.

Benefits and disadvantages:

- They are much smaller and easier to carry.
- They do not completely remove outside noise so are good to use near traffic.
- People often increase volume to dangerous levels in places where there is a lot of noise.



3. **Isolating earbuds** are better at removing outside sounds.

Benefits and disadvantages:

- They cover the inside part of your ear so you don't hear outside sounds.
- You are more likely to keep the volume at a safe level.
- They can stop you from hearing traffic sounds. This can be dangerous for runners or cyclists and can cause accidents.



## How long and how loud?

Once you have chosen your headphone, how can you protect your ears from damage?

Loud sounds can cause permanent damage to your ears and result in permanent hearing loss. What is most important is the **volume** of the sound and **how long** you listen.

**It is important to follow the 60/60 rule.**

This means play your music at no more than **60 percent of the volume** for no more than **60 minutes a day**.

**Never listen to music at 85 decibels (dB) or higher.**

A decibel is how we measure the level of sound. Normal speech is about 60 dB and a whisper is about 30.

**If other people can hear your headphones, turn the music down.**

If people standing around you can hear your music, it's too loud. If you have ringing in your ears after taking your headphones off, your music is too loud.

## What can you do about hearing loss?

By the time you find you are having trouble hearing, it is too late. Hearing loss is permanent and can't be fixed.

**Remember only you can protect your hearing and stop any kind of hearing loss!**

**Safety guide for headphones**

Name: .....

Date: .....

**The purpose of the text is identified (1.1)**

Read the text and answer the question below.

1. What is the purpose of this text?

.....

.....

**Key information for understanding the practical purpose is obtained from the text (1.2)**

2. Circle the correct answer – True / False / Not given

|   |                          |
|---|--------------------------|
| a. Most teenagers now have problems with their hearing.                                     | True / False / Not given |
| b. Headphones which go right over the ear have the best sound.                              | True / False / Not given |
| c. Isolating earbuds can stop you from hearing outside noise.                               | True / False / Not given |
| d. People should not listen to music at more than 60% volume.                               | True / False / Not given |
| e. When you know you have hearing loss, you should book an appointment at a hearing clinic. | True / False / Not given |
| f. Friends should be able to hear your music when you have headphones on.                   | True / False / Not given |

3. Answer the following questions.

a. Which are the safest headphones for people who want to use them outdoors?

.....

b. Which two headphones are better for keeping noise to a safe level?

.....

c. What are the two main things that can damage hearing when using headphones?

.....

d. What is the 60/60 rule?

.....

e. How is sound measured?

.....

f. What are two signs that the music you are listening to is too loud?

.....

**The meaning of essential vocabulary as used in each text is identified (1.3)**

4. Fill in the gaps with one of the words in the table. There are two extra words.

|            |          |          |           |               |
|------------|----------|----------|-----------|---------------|
| damage     | experts  | volume   | dangerous | prevent       |
| completely | benefits | trouble  | loss      | disadvantages |
| remove     | protect  | accident | increase  |               |

It is very important to a)\_\_\_\_\_ your ears, so make sure you choose the right headphones. If you travel a lot, the best choice would be headphones that b)\_\_\_\_\_ stop noise. That way you can sleep and not be disturbed by noise around you. However, if you need to carry your headphones, earbuds may be better. One of the c)\_\_\_\_\_ of earbuds is that they are small. If they are isolating earbuds, it is best to d) \_\_\_\_\_ them before you go outdoors. Otherwise you could have an e)\_\_\_\_\_. This is because isolating earbuds block outside sounds. This is one of the f)\_\_\_\_\_ of isolating earbuds.

There are people who have done a lot of research into hearing loss. These g)\_\_\_\_\_ know how to h) \_\_\_\_\_ permanent damage to our hearing. There has been an i) \_\_\_\_\_ in the number of teenagers who now have hearing loss. It is important to know that if you are having j)\_\_\_\_\_ hearing sounds, you will have poor hearing for the rest of your life.

When you use headphones, there are two important things to remember. They are the k)\_\_\_\_\_ or how loud the music is and how long you listen. It is a good idea to remove listening devices after 60 minutes so that you don't l)\_\_\_\_\_ your ears.