

Qualification Title: New Zealand Certificate in Pre-choreographed Group Exercise (Level 3)

Qualification number: 3582

Date of review: 7th April 2022

This report refers to graduates awarded this qualification prior to: **31st December 2021**

Final decision on consistency of the qualification: National consistency is confirmed

Threshold:

The threshold to determine sufficiency with the graduate profile was determined as evidence of graduates being able to:

- deliver a routine to a set pre-choreographed programme and apply motivational strategies to deliver a group exercise class;
- facilitate safe and effective group exercise classes by applying knowledge of approved pre-choreographed group exercise programmes;
- utilise basic knowledge of human anatomy and physiology to deliver pre-choreographed group exercise programmes; and
- apply the code of ethics and health and safety practices in a group exercise environment to improve participant health and wellbeing.

The threshold statement is the list of the qualification's graduate profile outcomes (GPOs) except that the word 'basic' is inserted into GPO 3. This addition reflects the title and content of unit standard 30447 against which achievement of this GPO is assessed.

Education Organisations with sufficient evidence

The following education organisations have been found to have sufficient evidence.

MOE Number	Education Organisation	Final rating
8129	Skills Active Aotearoa	Sufficient

Introduction

This 40 credit, Level 3 qualification is designed for graduates who are lead demonstrating instructors for exercise groups undertaking pre-choreographed exercise programmes. The qualification is a prerequisite for registration on the New Zealand Register of Exercise Professionals.

The transitional industry training organisation (TITO), Skills Active Aotearoa facilitates workplace learning and assessment of this qualification through benchmarking partnerships with two large exercise workplaces. In both cases Skills Active has worked with the

Final Consistency Review Report

employers to ensure that in-house training programmes meet qualification requirements. There are no other providers.

There has been a total of 542 graduates between 2017 and 2021.

Evidence

The education organisation provided a range of evidence to demonstrate that their graduates met the graduate profile outcomes.

The criteria used to judge the evaluation question were:

- The nature, quality and integrity of the evidence presented by the education organisation
- How well the organisation has analysed, interpreted and validated the evidence, and used the understanding gained to achieve actual or improved consistency
- The extent to which the education organisation can reasonably justify and validate claims and statements relating to the consistency of graduate outcomes.

Examples of evidence included:

- details of how the TITO's benchmarking process demonstrates that workplace training aligns to the unit standards that guide the assessment of learners seeking this qualification
- outcomes of moderation processes
- feedback from graduates and employers about their perceptions of the graduate outcomes attained.

How well does the self-assessment and supporting evidence provided by the education organisation demonstrate that its graduates match the graduate outcomes at the appropriate threshold?

There is clear evidence that the TITO works in partnership with the two employers to ensure graduates become effective instructors within the employers' gyms and have the skills at the appropriate level to ensure the safety and wellbeing of clients in pre-choreographed routines. The qualification is a prerequisite for registration on the New Zealand Register of Exercise Professionals.

Overall, the self-assessment and supporting evidence supplied by this organisation found sufficient, demonstrates that their graduates meet the graduate outcomes at the determined threshold.

Special Focus (includes special focus on a strand or outcome)

None.

Examples of good practice

The benchmarking process is comprehensive and ensures that workplace training is designed to align with the graduate outcomes of the qualification. It also provides the basis for effective ongoing relationships with the employers.

Final Consistency Review Report

Moderation processes are demonstrably effective and remedial action has been taken in partnership with employers when issues have arisen.

Issues and concerns

There was limited feedback from graduates of this qualification. This has been recognised by the TITO and reasons for this have been identified. Largely this seems to be because graduates identify the training and assessment as being provided by, and part of the ethos and culture of the two employers and do not clearly understand the role the TITO plays. The TITO is looking to improve its communications and systems for gaining graduate feedback.

Recommendations to Qualification Developer

The qualification was initially due for review by December 2021. As part of the RoVE reforms, the responsibility for the development of the qualification has now passed to the Workforce Development Council, Toi Mai. The qualification review is now in the process of being scoped. Good dialogue with employers and the TITO is anticipated.

Final Consistency Review Report