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| Title | **Demonstrate knowledge of purchasing household consumables** | | |
| Level | **1** | **Credits** | **3** |

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| Purpose | People credited with this unit standard are able to demonstrate knowledge of purchasing household consumables. |

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| Classification | Core Generic > Self-Management |

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| Available grade | Achieved |

**Guidance Information**

1 This unit standard relates to an actual or simulated household with at least two occupants from different age groups, for at least one week.

2 Ministry of Health *Healthy Eating: Healthy Action* guidelines and New Zealand Food and Nutrition guidelines are available by searching for ‘healthy eating’ at <http://www.health.govt.nz>.

**Outcomes and performance criteria**

**Outcome 1**

Demonstrate knowledge of purchasing household consumables.

**Performance criteria**

1.1 The household’s needs in relation to household consumables are identified.

Range for each occupant: nutritional needs, personal hygiene products, lifestyle wants.

1.2 Options for purchases of household consumables are compared in terms of cost and different brands.

Range two brands of a personal hygiene product;

two brands of a cleaning product;

two each of – a fresh food, a convenience food, a frozen food, a bread or cereal product.

1.3 Expenditure required for household consumables is calculated.

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| Planned review date | 31 December 2027 |

**Status information and last date for assessment for superseded versions**

| Process | Version | Date | Last Date for Assessment |
| --- | --- | --- | --- |
| Registration | 1 | 24 March 1998 | 31 December 2015 |
| Revision | 2 | 10 March 2005 | 31 December 2015 |
| Review | 3 | 16 July 2010 | 31 December 2019 |
| Rollover and Revision | 4 | 18 June 2015 | 31 December 2019 |
| Review | 5 | 25 January 2018 | N/A |
| Review | 6 |  | N/A |

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| Consent and Moderation Requirements (CMR) reference | 0113 |

This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

**Comments on this unit standard**

Please contact NZQA National Qualifications Services [nqs@nzqa.govt.nz](mailto:nqs@nzqa.govt.nz) if you wish to suggest changes to the content of this unit standard.