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2

91235



912350



NEW ZEALAND QUALIFICATIONS AUTHORITY
MANA TOHU MĀTAURANGA O AOTEAROA

QUALIFY FOR THE FUTURE WORLD
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SUPERVISOR'S USE ONLY

Level 2 Health, 2016

91235 Analyse an adolescent health issue

2.00 p.m. Monday 28 November 2016
Credits: Five

Achievement	Achievement with Merit	Achievement with Excellence
Analyse an adolescent health issue.	Analyse in depth, an adolescent health issue.	Analyse comprehensively, an adolescent health issue.

Check that the National Student Number (NSN) on your admission slip is the same as the number at the top of this page.

You should attempt ALL parts of the question in this booklet.

Pull out Resource Booklet 91235R from the centre of this booklet.

If you need more room for any answer, use the extra space provided at the back of this booklet.

Check that this booklet has pages 2–8 in the correct order and that none of these pages is blank.

YOU MUST HAND THIS BOOKLET TO THE SUPERVISOR AT THE END OF THE EXAMINATION.

Low
Achievement

TOTAL

3

ASSESSOR'S USE ONLY

INSTRUCTIONS

In this examination, you are required to analyse the adolescent health issue of **drug use**.

Read **Resource Booklet 91235R** before answering the question in this booklet. Refer to the resource material and the information given in the scenario, as well as your own knowledge, to support your analysis when answering (a) to (c).

QUESTION

Felix's Scenario

Felix is in Year 12 at a large co-educational high school in a big city. He lives at home with his parents. His older brother Jacob has recently moved out of home.

Felix is keen to stay at school next year, but his NCEA grades are not great. He is planning on finishing Year 13 and then doing a pre-trade course to get a building apprenticeship.

Most weekends, Felix parties with his friends at someone's house, and admits himself that he is a binge drinker, usually consuming large amounts of beer.

Felix and some of his friends are attending his brother's 21st birthday party next weekend, and want to try some legal highs. Felix decides to purchase some synthetic cannabis at the corner dairy that sells it 'under the counter'. The store displays a sign saying that it does not sell synthetic drugs, although lots of students at Felix's school know otherwise. Felix has no trouble buying the drugs from the dairy to take to the party.

At the party, the group of friends have a few beers each, and then decide to head outside to try the synthetic cannabis. They pass around the cannabis joints and inhale the smoke. Felix begins to feel dizzy after a few puffs, then he collapses, and someone calls an ambulance.

- (a) Explain how **personal**, **interpersonal**, and **societal influences** could encourage Felix to try synthetic cannabis.

A personal influence that could ~~encourage~~ ^{encourage} Felix to try synthetic cannabis would be that he is curious, and wants to try synthetic cannabis. Due to the fact that Felix may have been curious, he ~~may have~~ ^{decided} to try the drug. Also, it being sold at the corner dairy makes it easy and accessible for Felix to purchase the drug. An interpersonal influence that could encourage Felix to try synthetic cannabis would //

be his brother's birthday party, and the whole party scene around it. ~~Be~~ Because Felix was attending a 21st, with his friends, he may have felt as though him bringing synthetic cannabis was cool and a good idea. It is known for being more of a social drug, as it's easy to enjoy with friends and others. It may be a drug that is taken a lot at Felix's school, due to everyone knowing about the 'under the counter' deals at the dairy. This culture of taking drugs could have influenced Felix if his friend group is into it and does it a lot, it may give Felix a preconceived notion about the drug. A societal influence that could encourage Felix to do synthetic cannabis is the media portrayals of synthetic cannabis, and the concept around it. Celebrities and idols, like Snoop Dogg, for example, may encourage others to take drugs as the media glamorizes the idea of drugs sometimes. This may have made Felix feel as though nothing bad could happen or go wrong because of it. Because it is so glamorized by society, it makes it feel as though ~~nothing~~ ^{there} could be no major consequence, giving Felix the impression that nothing of consequence would happen, either.

- (b) Explain the **short-term** and **long-term consequences** of using synthetic cannabis on the well-being of Felix, his friends, and the community.

The short-term consequences of using synthetic cannabis on the well-being of Felix is as stated in Resource A: rapid heart rate, chest pain, severe paranoia and much more. It may make you feel as though you are unsafe being around people, and because of the hallucinations can cause Felix to lash out to his friends, straining friendships. Felix may feel nausea and have racing thoughts. He may alter his beliefs and values around the drug, and his bad experience may taint his opinion on the drug. His friends may experience the same thing as Felix, or they may encounter an entirely different experience than what Felix had. They might find it enjoyable and because of that they may want to do more, or regard it as a drug that works well for them with no sudden consequences as what happened to Felix, so they may feel like they want to do it again. The community may have a culture around synthetic cannabis, thinking that it's not as harmful as regular cannabis. Because synthetic cannabis is such a new concept there is not much information around it, so there isn't much to educate people on. The only things people can really form an opinion on is their own or

other people's experiences with the drug it was also at one point legal. This means that people may think that it's okay or see it as a 'healthy alternative' to cannabis, as it was legal.

Long term consequences of using synthetic cannabis ^{on it} the well-being of Felix is that he could develop respiratory issues, a weakened immune system, he could become addicted, ~~depending on the drug~~, which would in turn become a value of his as he becomes dependable on it. He may become isolated to his friends because of his dependency to the drug. His friends may build the confidence to experiment with other drugs, as they may think that because they've never personally encountered anything bad that every drug will be the same. Synthetic cannabis could be considered a gateway drug. The community may become more aware of the harmful effects, as synthetic cannabis is illegal, and there have been reports of bad things happening such as Resource B and Resource C, and Felix's experience. These reports help instil that synthetic cannabis can have disastrous effects. This helps the community form a culture on the negatives of synthetic cannabis, and the negative consequences that can come from it.

- (c) Explain **health-enhancing strategies** that Felix, his friends, and the community could action to address the influences you have explained in (a), and the consequences you have explained in (b), around the use of synthetic cannabis.

A health-enhancing strategy that Felix, his friends and the community could do to address the influences of curiosity, accessibility, party-culture, friendship pressure and the overall culture and glamorisation of synthetic cannabis would be education. By educating people, it would help fill in some of the blanks where curiosity is concerned, by allowing answers and explanation as to what happens, it would, hopefully, stop people from wanting to buy the drug, as stories and articles such as Resource B and C would help further educate people on the negative effects of synthetic cannabis. It would allow people knowledge of the harm and risk they are doing to themselves and others, and gives a sense of reality to contrast the glamorisation of synthetic cannabis, and cannabis in general. By allowing education and knowledge about the drug, would address the consequences mentioned in (b) such as what was mentioned in Resource A, addiction, synthetic cannabis and being a gateway drug. It would allow people to understand the harm and severity of the drug and allow knowledge for people to consider when given the opportunity to take synthetic cannabis. By allowing people to

see articles such as Resource B and C, and even Resource A, it allows for people to see the consequences of those that have taken the drug. By allowing them to be news articles it targets the wider community as well as those who may get the first hand information through experience, friend or peer experience or knowledge from health class, and teachers. By allowing for this information to be accessible on such a big platform, it means that many different people will be able to reach it regardless of age, gender or socio-economic factors. This will mean that the wider community as well as Felix and his friends all receive education on the negatives of synthetic cannabis, hoping to minimise the likelihood of people deciding to take it. Because of the fact that not much is known about the long term effects of synthetic cannabis, it's important to educate people on how severe the short term effects are, even without much information on the long term. This is why having articles are a good way to distribute information, as it reaches out to a large population of a range of people and gives them fresh information around the negatives of synthetic cannabis.

A3

Extra space if required.
Write the question part(s) if applicable.

ASSESSOR'S
USE ONLY

QUESTION
PART

91235

Low Achievement exemplar for Health 91235 2016		Total score	A3
Q	Annotation		
(a), (b), and (c)	The candidate writes about a good range of influences that affect an adolescent's drug use. They have used the scenario as an example throughout the paper. There is an attempt at a range of consequences in part (b), but they would need more detail in their responses to achieve a higher grade. One main strategy is explained. There is no use of the candidate's own research, but there is some mention of the resources from the resource booklet.		

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**High
Achievement**

TOTAL

4

ASSESSOR'S USE ONLY

INSTRUCTIONS

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QUESTION

Felix's Scenario

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At the party, the group of friends have a few beers each, and then decide to head outside to try the synthetic cannabis. They pass around the cannabis joints and inhale the smoke. Felix begins to feel dizzy after a few puffs, then he collapses, and someone calls an ambulance.

- (a) Explain how **personal**, **interpersonal**, and **societal influences** could encourage Felix to try synthetic cannabis.

A personal influence that may have encouraged Felix to try synthetic cannabis is his own curiosity. Felix admits that he is a binge drinker, but ~~he~~ he might want to try a new substance to get high or a 'buzz'. Being curious to try synthetic cannabis may //

have been the influence to do it, especially without knowing the risks.

An interpersonal influence that could have encouraged Felix to try synthetic cannabis is his peers.

His friends or people of his age may be already using synthetic cannabis, and pressure Felix to

use it too. Felix might not want to disappoint his friends, and feel pressured to do it even if he isn't keen. A societal influence

that could encourage Felix to use synthetic cannabis is the accessibility of it. Felix purchased synthetic cannabis at a dairy, and many people at his school do the same.

Even if synthetic cannabis is illegal, being able to purchase it at a local dairy makes it easy for Felix to try it. The accessibility of an illegal substance could be influencing Felix's decision to try it. //

- (b) Explain the **short-term** and **long-term consequences** of using synthetic cannabis on the well-being of Felix, his friends, and the community.

A personal consequence that will have ~~the~~ short-term effects on Felix is negative physical symptoms. These short-term effects include rapid breathing, nausea, paranoia and/or seizures. Felix collapsed after trying the synthetic cannabis, showing that the drug is an immediate hazard to his well-being. A long term consequence of this may be addiction to the drug, meaning that the negative physical effects could continue and get worse, possibly causing permanent harm to his body.

These short term effects may also be a consequence to Felix's friends, negatively impacting their health. In the long term, Felix's friends risk getting addicted to synthetic cannabis. This will not only impact their physical well-being, but they may lose sight of their goals and ambitions. Felix and his friends could influence each other to drop out of school and give up hobbies and

commitments.

A short term consequence of using synthetic cannabis on the community is the extra pressure on the public health system. If people are collapsing and having seizures as ~~a~~ a result of taking synthetic cannabis, then doctors and nurses are under more stress. A long term consequence on the society could be rising unemployment rates and more kids dropping out of school. If people are becoming addicted to synthetic cannabis they are more likely to give up their education / commitments. Having to fund their addiction and being under the influence of psychoactive substances can cause people to lose motivation in their goals and future, causing unemployment and less educated ~~the~~ communities. This puts strain ~~the~~ on the government and business owners - a long term consequence to the community. //

- (c) Explain **health-enhancing strategies** that Felix, his friends, and the community could action to address the influences you have explained in (a), and the consequences you have explained in (b), around the use of synthetic cannabis.

ASSESSOR'S
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A health-enhancing strategy that Felix could use to influence his decision about taking synthetic cannabis is to do research on the drug and its effects. If Felix was aware of the negative effects of taking synthetic cannabis on his well being, he would be more likely to resist his curiosity to try it. If Felix does decide to try it, a health enhancing strategy he could use to address the consequences is to learn from his actions. If synthetic cannabis causes Felix to collapse and be taken ~~the~~ to hospital, he should learn from the experience and make the decision to not do it again. A health enhancing strategy that Felix's friends could use when making the decision whether to or to not try synthetic cannabis is making sure no one feels pressured. If Felix and his friends make sure that no one is doing it out of //

peer pressure or out of fear of judgement, then some or all of them may have been more inclined to not try it. Creating an accepting atmosphere means that Felix or his friends will feel that they are able to say no to doing synthetic cannabis. A health enhancing strategy that Felix's friends could use if someone experiences serious negative effects of synthetic cannabis is to warn others of those effects. If more people are aware of the effects, they will be less likely to do it. This prevents more people from experiencing the harmful effects of synthetic cannabis. A health enhancing strategy that the community could use when addressing the influences and consequences of taking synthetic cannabis is making the drug illegal and ~~inspected~~ inspecting licenced retailers. This action has been taken in New Zealand, and prevents people from having easy access to the drug. ~~The~~ This strategy will severely decrease the number of users, meaning less stress on public health systems.

A4.

Extra space if required.
Write the question part(s) if applicable.

ASSESSOR'S
USE ONLY

QUESTION
PART

C. and lower rates of unemployment,
which is positive for the
community. //

91235

High Achievement exemplar for Health 91235 2016		Total score	A4
Q	Annotation		
(a), (b), and (c)	<p>The candidate writes about personal, interpersonal, and societal influences that can affect an adolescent's drug use. They have used the scenario as an example throughout the paper. They use mainly personal consequences in part (b), with some mention of relationships and societal impacts as well. Three strategies are explained for part (c). There is no use of the candidate's own research, or reference to the resources from the resource booklet.</p>		