

## Paerewa Paetae

<b>Aronga</b>	Hauora 1.3				
<b>Ingoa</b>	Te whakamārama i te pānga mai o ngā take kai ki te oranga o te tangata				
<b>Kaupae</b>	1	<b>Whiwhinga</b>	4	<b>Aromatawai</b>	Ā-roto
<b>Marau akoranga</b>	Te Marautanga o Aotearoa				
<b>Kokonga akoranga</b>	Hauora - Wāhanga Ako				
<b>Mana rēhita</b>	Kua rēhitatia	<b>Te rā i mana ai</b>	18 Hakihea 2013		
<b>Te rā e arotakengia ai</b>	31 Hakihea 2019	<b>Te rā i puta ai</b>	18 Hakihea 2013		

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### Te Hononga ki te Marautanga

I ahu mai tēnei paerewa paetae i te Taumata 6 o *Te Marautanga o Aotearoa*, i whakaputaina e Te Pou Taki Kōrero i te tau 2008.

### Whāinga Paetae

Waiora, Kai:

- 1 *Ka tūhura, ka whakamārama i te pānga mai o ngā take kai e pāpā ana ki te hauora o te whānau, kōhungahunga mai, taiohi mai, pakeke mai.*

Tangata, Whanaungatanga:

- 1 *Ka tūhura me pēhea ngā whanonga, ngā uara me ngā waiaro o te tangata takitahi, o te rōpū hoki e pāpā ana ki te mauritau o tētahi atu.*

E hono ana ki te Papa Whakaako mō Hauora kei te pae ipurangi nei: <http://tmoa.tki.org.nz/Te-Marautanga-o-Aotearoa/Taumata-Matauranga-a-Motu-Ka-Taea>.

### Te Hononga ki ngā Tikanga Aromatawai

Kei tēnei pae ipurangi ngā Tikanga Aromatawai mō tēnei paerewa paetae: <http://tmoa.tki.org.nz/Te-Marautanga-o-Aotearoa/Taumata-Matauranga-a-Motu-Ka-Taea>.

## Paerewa Paetae

<b>Paetae</b> Te whakamārama i te pānga mai o ngā take kai ki te oranga o te tangata.	Hei tohu i te paetae: <ul style="list-style-type: none"><li>• Ka tautohu i ngā āhuatanga ka whakaawe i:<ul style="list-style-type: none"><li>– te whakaaro o te tangata mō te kai</li><li>– te kōwhiringa kai hauora mā te whānau, me ūna tukunga iho.</li></ul></li></ul>
<b>Kaiaka</b> He kaiaka te whakamārama i te pānga mai o ngā take kai ki te oranga o te tangata.	Hei tohu i te kaiaka: <ul style="list-style-type: none"><li>• Ka whakaahua i ngā āhuatanga ka whakaawe i:<ul style="list-style-type: none"><li>– te whakaaro o te tangata mō te kai</li><li>– te kōwhiringa kai hauora mā te whānau, me ūna tukunga iho.</li></ul></li></ul>
<b>Kairangi</b> He kairangi te whakamārama i te pānga mai o ngā take kai ki te oranga o te tangata.	Hei tohu i te kairangi: <ul style="list-style-type: none"><li>• Ka whakamārama i ngā āhuatanga ka whakaawe i:<ul style="list-style-type: none"><li>– te whakaaro o te tangata mō te kai</li><li>– te kōwhiringa kai hauora mā te whānau, me ūna tukunga iho.</li></ul></li></ul>

## Kōrero Āpiti

E whai ake nei ko te whakamāramatanga o ngā kupu whaitake, kīanga rānei:

kai	Ko ngā momo mahinga, tikanga, whakaaro rānei e whāngai ana i te tinana, i te hinengaro, i te wairua, i te whatumanawa rānei o te tangata kia ora ai ia.
ngā āhuatanga ka whakaawe	Ko ngā mea pērā i: <ul style="list-style-type: none"><li>• te porihanga</li><li>• ngā āhuatanga ā-iwi, ā-hapū, ā-whānau</li><li>• te oranga ā-tinana, ā-hinengaro, ā-wairua</li><li>• ngā momo mate</li><li>• ngā kai e wātea ana</li><li>• te utu o te kai.</li></ul>
oranga o te tangata	Te oranga hauora o te tangata, te whānau, me te iwi.

Kuputaka:  
whakaawe

influence

**Tātari Kounga**

- 1 Me mātua whakamana ngā Kaituku Akoranga me ngā Whakahaere Whakangungu Ahumahi e te Mana Tohu Mātauranga o Aotearoa ka rēhita ai i ngā hua ka puta mai i ngā aromataawai ki ngā paerewa paetae.
- 2 Ko ngā Kaituku Akoranga me ngā Whakahaere Whakangungu Ahumahi kua mana, ā, e aromataawai ana i ā rātou hōtaka ki ngā paerewa paetae, me uru rātou ki ngā pūnaha whakarite e tika ana mō aua paerewa paetae.

Ko te tohutoro ki te Mahere Whakamana, Whakaōritenga hoki

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