

Title	Explain Māori childcare practices pre and post-Pākehā contact		
Level	3	Credits	5

Purpose	People credited with this unit standard are able to explain: Māori childcare practices; and Māori childcare practices pre and post-Pākehā contact.
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Classification	Te Ara Hou ki te Ora > Hauora
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Available grade	Achieved
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Guidance Information

- 1 For this unit standard *hapūtanga* refers to conception through to toddler.
- 2 Descriptions, explanations, and observable actions can be presented in a number of ways that may include but are not limited to – *kōrero*, *titiro*, *whakarongo*, *tuhituhi*, *whakaari*, *waiata*, and *haka* presentations.
- 3 Glossary
Ariari ngao – uses slow movement, breathing techniques and *karakia* to relax and connect to your inner being and to Papatūānuku and Ranginui.

Outcomes and performance criteria

Outcome 1

Explain Māori childcare practices.

Performance criteria

- 1.1 Explanation describes the importance of *hapūtanga*.
- 1.2 Explanation describes the use of *karakia*.
- 1.3 Explanation describes the use of *mirimiri*.
- 1.4 Explanation describes the importance of nutrition and movement.
- 1.5 Explanation describes the impact of smoking and excessive alcohol consumption that may affect the health of the developing foetus.

Outcome 2

Explain Māori childcare practices pre-Pākehā contact.

Performance criteria

- 2.1 Explanation describes the tikanga and kawa associated with the burial of the whenua.
- 2.2 Explanation describes the tikanga and kawa associated with the disposal of the pito.
- 2.3 Explanation describes the practice of breastfeeding.
- 2.4 Explanation describes three traditional methods of pain relief and relaxation.
- Range may include but is not limited to – rongoā Māori, mirimiri, ariari ngao, karakia, waiata, hono; evidence of three is required.

Outcome 3

Explain Māori childcare practices post-Pākehā contact.

Performance criteria

- 3.1 Explanation describes the options given to parents for the removal of whenua from hospitals.
- Range removal vessel may include but is not limited to – uku whenua.
- 3.2 Explanation describes the common practice associated with the disposal of the pito.
- 3.3 Explanation describes the practice of breastfeeding.
- 3.4 Explanation describes methods of pain relief.
- Range may include but is not limited to – pethidine, gas, epidural, pills, reflexology, massage, acupuncture, reiki; evidence of two methods is required.

This unit standard is expiring. Assessment against the standard must take place by the last date for assessment set out below.

Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	27 July 2001	31 December 2015
Revision	2	18 January 2005	31 December 2015
Rollover and Revision	3	12 December 2013	31 December 2018
Review	4	18 August 2016	31 December 2022
Revision	5	28 September 2017	31 December 2022
Rollover and Revision	6	25 November 2021	31 December 2024
Review	7	2 March 2023	31 December 2024

Consent and Moderation Requirements (CMR) reference

0226

This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact NZQA Māori Qualifications Services mqs@nzqa.govt.nz if you wish to suggest changes to the content of this unit standard.