

<b>Title</b>	<b>Explain four key dimensions of hauora</b>		
<b>Level</b>	<b>3</b>	<b>Credits</b>	<b>3</b>

<b>Purpose</b>	People credited with this unit standard are able to explain the relevance of tinana, hinengaro, wairua, and whānau in a hauora context.
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<b>Classification</b>	Te Ara Hou ki te Ora > Hauora
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<b>Available grade</b>	Achieved
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### Guidance Information

- 1 *Hauora context* refers to a hauora service provider capacity and environment.
- 2 Resources  
Ngata, H.M. *English-Māori Dictionary*. (Wellington: Learning Media Ltd, Ministry of Education, 1993).  
Williams, H.W. *Dictionary of the Māori Language*. (Wellington: Legislation Direct, 2000).  
Māori Health Models: Te Whare Tapa Whā: Mason Durie, Te Wheke: Rose Pere, Te Pae Mahutonga: Mason Durie. Retrieved from: <http://www.health.govt.nz/our-work/populations/maori-health/maori-health-models>.
- 3 Descriptions and explanations can be presented in a number of ways that may include but are not limited to; oral presentations, visual presentations, written presentations, whakaari, waiata, and haka.
- 4 All sources of information must be referenced.

### Outcomes and performance criteria

#### Outcome 1

Explain the relevance of tinana in a hauora context.

#### Performance criteria

- 1.1 Describe the meaning of tinana.
- 1.2 Describe the connection between tinana and hauora.

#### Outcome 2

Explain the relevance of hinengaro in a hauora context.

**Performance criteria**

2.1 Describe the meaning of hinengaro.

2.2 Describe the connection between hinengaro and hauora.

**Outcome 3**

Explain wairua in a hauora context.

**Performance criteria**

3.1 Describe the meaning of wairua.

3.2 Describe the connection between wairua and hauora.

**Outcome 4**

Explain whānau in a hauora context.

**Performance criteria**

4.1 Describe the meaning of whānau.

4.2 Describe the connection between whānau and hauora.

<b>Planned review date</b>	31 December 2027
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**Status information and last date for assessment for superseded versions**

Process	Version	Date	Last Date for Assessment
Registration	1	27 July 2001	31 December 2015
Revision	2	21 January 2005	31 December 2015
Rollover and Revision	3	12 December 2013	31 December 2018
Review	4	18 August 2016	31 December 2022
Revision	5	28 September 2017	31 December 2022
Rollover and Revision	6	25 November 2021	31 December 2024
Review	7	2 March 2023	N/A

<b>Consent and Moderation Requirements (CMR) reference</b>	0226
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

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**Comments on this unit standard**

Please contact NZQA Māori Qualifications Services [mqs@nzqa.govt.nz](mailto:mqs@nzqa.govt.nz) if you wish to suggest changes to the content of this unit standard.