

Title	Plan and run a recreation activity		
Level	3	Credits	4

Purpose	People credited with this unit standard are able to develop and document an activity session plan for a recreation activity, and run and evaluate the recreation activity.
----------------	--

Classification	Recreation and Sport > Recreation and Sport - Programmes and Events
-----------------------	---

Available grade	Achieved
------------------------	----------

Explanatory notes

- 1 Range
Recreation activity refers to a complete activity that must be a minimum of 20 minutes and no more than 90 minutes in duration and may be one activity within an event that contains a series of activities.
Recreation activities may include but are not limited to – a sports activity session, community programme activity, holiday programme activity.
- 2 A recreation activity demonstrates a combination of all of the following factors:
a plan
an objective
a simple structure
a maximum group of 30 participants.
- 3 Definitions
Organisational requirements refer to the organisation's policies and procedures and include compliance with any applicable legislation, standards, and codes.
Recreation is an activity through which leisure may be experienced and enjoyed. Recreation involves freely chosen activities engaged in for wellbeing. Recreation activities include: sport, fitness and health, art and crafts, outdoor pursuits, hobbies, continuing education, ngā mahi a te rēhia, and activities with a service orientation. Participation in recreation has individual, community and social benefits.

Outcomes and evidence requirements

Outcome 1

Develop and document an activity session plan for a recreation activity.

Evidence requirements

- 1.1 The target group for the activity is identified and its characteristics are determined.
- Range characteristics may include but are not limited to – age, gender, ethnicity, reason for being together.
- 1.2 An activity session plan is developed that identifies and addresses the activity objectives.
- Range the plan must include – an activity description, activity timeframes, health and safety considerations, venue, equipment, resources, evaluation.
- 1.3 The activity session plan contains the components and sequence of the session.
- Range components include but are not limited to – introduction, housekeeping, safety, activity instructions, activity and participant supervision, group management, activity closure and equipment management.
- 1.4 The activity session plan includes strategies for maximising participant involvement.
- Range strategies may include but are not limited to – short and concise instruction delivery, active demonstrations, sufficient equipment and/or resources for full involvement, minimised spectator time, maximum time on task.
- 1.5 A contingency plan is in place for situations that could influence the implementation of the activity.
- Range contingencies may include but are not limited to – poor weather, equipment failure, shortage or unavailability, number of participants, personnel availability.

Outcome 2

Run the recreation activity.

Evidence requirements

- 2.1 The activity is implemented according to the activity session plan.
- 2.2 Instructions are communicated clearly, concisely, and appropriately to participants and in accordance with organisational requirements.
- Range appropriate communication should reflect the characteristics of the target group and may include but is not limited to – stage of growth and development, grasp of English, cultural issues, vocabulary, level of formality or informality required.

- 2.3 Activity protocols are developed and implemented in accordance with organisational requirements.
- Range activity protocols include – safety, behaviour, demonstrations, distributing and collecting equipment.
- 2.4 Participants are organised to facilitate high levels of involvement during the activity.
- Range facilitation may include but is not limited to – signal for gaining attention communicated to participants, utilisation of small groups minimising waiting time, provision of varied activities matching the participants' abilities, quick transition between activities.
- 2.5 Participants' involvement is observed and feedback given is immediate, constructive, and specific to the activity.
- Range measures of involvement may include but are not limited to – demonstration of skills, attitude towards the activity and others, support of others, active contributions, on-task time.

Outcome 3

Evaluate the recreation activity.

Evidence requirements

- 3.1 The activity is evaluated against its objective and the activity session plan.
- 3.2 The results of the evaluation, including recommendations, are documented in accordance with organisational requirements.

Planned review date	31 December 2012
----------------------------	------------------

Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	22 March 2005	31 December 2012
Review	2	12 February 2010	31 December 2012
Rollover and Revision	3	20 May 2011	N/A

Consent and Moderation Requirements (CMR) reference	0099
--	------

This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Please note

Providers must be granted consent to assess against standards (accredited) by NZQA, or an inter-institutional body with delegated authority for quality assurance, before they can report credits from assessment against unit standards or deliver courses of study leading to that assessment.

Industry Training Organisations must be granted consent to assess against standards by NZQA before they can register credits from assessment against unit standards.

Providers and Industry Training Organisations, which have been granted consent and which are assessing against unit standards must engage with the moderation system that applies to those standards.

Requirements for consent to assess and an outline of the moderation system that applies to this standard are outlined in the Consent and Moderation Requirements (CMRs). The CMR also includes useful information about special requirements for organisations wishing to develop education and training programmes, such as minimum qualifications for tutors and assessors, and special resource requirements.

Comments on this unit standard

Please contact Skills Active Aotearoa Limited info@skillsactive.org.nz if you wish to suggest changes to the content of this unit standard.