

Title	Explain the principles and concepts of hauora based on a Māori world view		
Level	3	Credits	4

Purpose	People credited with this unit standard are able to explain the principles and concepts of hauora based on a Māori world view.
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Classification	Te Ara Hou ki te Ora > Hauora
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Available grade	Achieved
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Guidance Information

- 1 Definitions of Māori words will be those relevant and in common usage in a hauora context and/or local iwi or hapū.
- 2 Definitions
Hauora means the appropriate practices associated with the holistic wellbeing of an individual as a member of a whānau, hapū, and iwi. For the purpose of this unit standard, these practices are determined by service providers or entities that operate within a hauora context.
Hauora context refers to hauora service provision for Māori.
- 3 Relevant literature may include but is not limited to:
 Durie, M. (1998) *Whaiora: Māori Health Development*. Auckland, NZ: Oxford University Press;
 Pere, R. R. (1997) *Te Wheke: A Celebration of Infinite Wisdom*. Gisborne, NZ: Ao Ako Global Learning New Zealand.
- 4 All sources of information must be referenced.
- 5 Descriptions and explanations can be presented in a number of ways that may include but are not limited to; oral presentations, visual presentations, written presentations, whakaari, waiata, and haka.

Outcomes and performance criteria

Outcome 1

Explain the principles and concepts of hauora based on a Māori world view.

Performance criteria

1.1 Explain the principles of hauora.

Range whānau, whenua, tinana, wairua, hinengaro.

1.2 Explain the key concepts of hauora.

Range whakapapa, kaitiakitanga, whanaungatanga, manaakitanga.

Planned review date	31 December 2027
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	23 October 1998	31 December 2012
Review	2	18 December 2002	31 December 2012
Review	3	20 August 2010	31 December 2017
Review	4	10 December 2015	31 December 2024
Revision	5	28 September 2017	31 December 2024
Rollover	6	23 April 2020	31 December 2024
Review	7	2 March 2023	N/A

Consent and Moderation Requirements (CMR) reference	0226
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact the NZQA Māori Qualifications Services mqs@nzqa.govt.nz if you wish to suggest changes to the content of this unit standard.