

<b>Title</b>	<b>Explain the impact of grief from a Māori perspective</b>		
<b>Level</b>	<b>3</b>	<b>Credits</b>	<b>4</b>

<b>Purpose</b>	People credited with this unit standard are able to: explain grief and ways of managing the grief process; explain the impact of unexpressed grief; identify and explain skills that effectively manage grief.
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<b>Classification</b>	Te Ara Hou ki te Ora > Hauora
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<b>Available grade</b>	Achieved
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### Guidance Information

- 1 Descriptions and explanations can be presented in a number of ways that may include but are not limited to: oral presentations, visual presentations, written presentations, whakaari, waiata, and haka.
  - 2 All sources of information must be referenced.
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### Outcomes and performance criteria

#### Outcome 1

Explain grief and ways of managing the grieving process.

#### Performance criteria

- 1.1 Explanation describes emotions and actions associated with loss of a loved one.
- 1.2 Explanation describes how Māori express grief at tangi.
- 1.3 Explanation provides a method of coping with grief.
- 1.4 Peer and whānau support groups are discussed.

#### Outcome 2

Explain the impact of unexpressed grief.

#### Performance criteria

- 2.1 Explanation describes possible effects of suppressed emotions.

2.2 Explanation describes the possible impact of suppressed grief on peer group.

2.3 Explanation describes the possible impact of unexpressed grief on whānau.

### Outcome 3

Identify and explain skills that effectively manage grief.

### Performance criteria

3.1 Mediums for self-expression that would contribute to managing grief are explained.

Range may include but is not limited to – waiata, kapa haka, kōrero ā waha, rotarota, kanikani, whakataukī, toi, hākinakina, whakaari, tuhituhi, kōrerorero; evidence of three mediums is required.

<b>Replacement information</b>	This unit standard replaced unit standard 18358.
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<b>Planned review date</b>	31 December 2027
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### Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	18 August 2016	31 December 2022
Revision	2	28 September 2017	31 December 2022
Rollover and Revision	3	25 November 2021	31 December 2024
Review	4	2 March 2023	N/A

<b>Consent and Moderation Requirements (CMR) reference</b>	0226
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

### Comments on this unit standard

Please contact NZQA Māori Qualifications Services [mqs@nzqa.govt.nz](mailto:mqs@nzqa.govt.nz) if you wish to suggest changes to the content of this unit standard.