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| <b>Title</b> | <b>Develop, implement, and evaluate a diversional and recreational therapy plan for a person experiencing grief and loss</b> |                |          |
| <b>Level</b> | <b>4</b>                                                                                                                     | <b>Credits</b> | <b>3</b> |

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| <b>Purpose</b> | People credited with this unit standard are able to: assess and document behaviours exhibited by a person experiencing grief and loss in a diversional and recreational therapy setting; develop and implement a diversional and recreational therapy care plan to support a person experiencing grief and loss; and, evaluate and adapt, as required, a diversional and recreational therapy grief and loss care plan. |
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| <b>Classification</b> | Health, Disability, and Aged Support > Diversional Therapy |
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| <b>Available grade</b> | Achieved |
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**Guidance Information**

- 1 Legislation and Codes relevant to this unit standard include but are not limited to:
  - Accident Compensation Act 2001;
  - Crimes Act 1961, ss 2, 150A, 151, 195, 195A;
  - Health and Disability Commissioner (The Code of Health and Disability Services Consumers' Rights) Regulation 1996;
  - Health and Disability Services (Safety) Act 2001;
  - Health and Safety at Work Act 2015;
  - Mental Health (Compulsory Assessment and Treatment) Act 1992;
  - New Zealand Disability Strategy 2016-2026;
  - New Zealand Health Strategy 2016;
  - New Zealand Public Health and Disability Act 2000;
  - *New Zealand Society of Diversional and Recreational Therapists' Standards of Practice and Code of Ethics*. Available at: <https://diversionaltherapy.net.nz/>;
  - Palliative Care Strategy 2001;
  - Privacy Act 1993;
  - Treaty of Waitangi;
  - Universal Declaration of Human Rights (Art. 24), based on the declaration proclaimed by the United national General Assembly in Paris on 10 December 1948;
  - United Nations Principles for Older Persons 1991, based on declaration of rights by the International Federation on Ageing (IFA).
  
- 2 In this sector, support given to a person should be provided in a manner that maximises the independence of that person. Support must be appropriate to the needs of the person and utilise existing strengths and, wherever possible, optimise

the use of the local community. Performance of the outcomes of this unit standard must fit within these broad parameters.

- 3 This unit standard cannot be assessed against in a simulated environment. People seeking credit for this unit standard are required to demonstrate competence and be assessed in the workplace: through paid or unpaid employment, or in placements in a service provider workplace negotiated by an education provider.
- 4 Assessment must be within the boundaries of the diversional and recreational therapist's role, and in accordance with organisational policies and procedures.
- 5 Definitions

*Diversional and recreational therapy grief and loss care plan* identifies a person's therapeutic needs relative to the nature of the grief and loss being experienced, makes available diversional therapy support activities, and allocates appropriate time and space to carry out these activities. This care plan must also align with the person's service delivery plan.

*Organisational policies and procedures* are the policies and procedures of the employing organisation of the employee and include ethical codes, standards, and requirements of this organisation and any other organisation(s) involved.

*Person* refers to someone accessing health care services in different settings such as - but not limited to - disability, mental health, District Health Board (DHB), aged care facility or in a private home – belonging to themselves, a friend, group, or family member.

*Person's file* refers to a file of records pertaining to a person, compiled by the team providing care to that person.

*Service delivery plan* is a generic term used to cover the individual plans that are developed by service providers with consumers and their families/whānau for service delivery.
- 6 Understanding of the grief and loss process within a diversional and recreational therapy setting must relate to a person's capability, monetary status, relationship(s), environment, transport options, and degree of freedom.
- 7 Recommended skills and knowledge: Unit 23918, *Describe the philosophy, purpose, and benefits of diversional therapy, and the role and skills of diversional therapists*; and Unit 23391, *Respond to loss and grief in a health or wellbeing setting*, or demonstrate equivalent skills and knowledge.

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## Outcomes and performance criteria

### Outcome 1

Assess and document behaviours exhibited by a person experiencing grief and loss in a diversional and recreational therapy setting.

### Performance criteria

- 1.1 Behaviour exhibited by a person experiencing grief and loss is assessed in terms of its implications for a diversional and recreational therapy activity.

- 1.2 Behaviour exhibited by a person experiencing grief and loss is documented in a diversional therapy grief and loss care plan and/or the person's file.

## Outcome 2

Develop and implement a diversional and recreational therapy plan to support a person experiencing grief and loss.

Range support may include but is not limited to – acknowledging the person's grief and loss, sharing a life story, talking, identifying diversional and recreational therapy activities that support the grieving process, environment, time and space for carrying out diversional and recreational therapy activities.

### Performance criteria

- 2.1 A plan is developed that includes strategies for supporting the person in accordance with their unique needs, and reflects the capability of the person to take part in recommended activities.
- 2.2 A plan is implemented, utilising identified strategies to meet the person's needs.

## Outcome 3

Evaluate and adapt, as required, a diversional and recreational therapy grief and loss care plan.

### Performance criteria

- 3.1 The plan is evaluated in terms of the effectiveness of the strategies to support the person experiencing grief and loss.
- 3.2 The plan is adapted in terms of the effectiveness of the strategies to support the person experiencing grief and loss.

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| <b>Planned review date</b> | 31 December 2024 |
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### Status information and last date for assessment for superseded versions

| Process      | Version | Date            | Last Date for Assessment |
|--------------|---------|-----------------|--------------------------|
| Registration | 1       | 29 August 1996  | 31 December 2021         |
| Review       | 2       | 19 October 1999 | 31 December 2021         |
| Review       | 3       | 17 April 2009   | 31 December 2021         |
| Review       | 4       | 23 April 2020   | N/A                      |

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| <b>Consent and Moderation Requirements (CMR) reference</b> | 0024 |
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This CMR can be accessed at <https://www.nzqa.govt.nz/framework/search/index.do>.

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**Comments on this unit standard**

Please contact Careerforce [info@careerforce.org.nz](mailto:info@careerforce.org.nz) if you wish to suggest changes to the content of this unit standard.