

<b>Title</b>	<b>Cook food items by steaming</b>		
<b>Level</b>	<b>2</b>	<b>Credits</b>	<b>2</b>

<b>Purpose</b>	<p>This unit standard is for people training as cooks to work in a broad range of commercial kitchens.</p> <p>People credited with this unit standard are able to: prepare to steam food items; and steam and present food items.</p>
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<b>Classification</b>	Hospitality > Cookery
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<b>Available grade</b>	Achieved
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### Guidance Information

- 1 Recommended knowledge and skills for entry: Unit 167, *Practise food safety methods in a food business under supervision*.
- 2 Definitions
 

*Dish requirements* – any recipe or dish type specified by or specific to the establishment and made known to the candidate prior to assessment against this unit standard.

*Pre-prepared and/or ready prepared* – the use of food items which have already undergone a level of preparation ranging from cleaning and portioning to pre-packaged, ready to cook products.
- 3 Range
 

Food items – vegetable and seafood, which may be pre-prepared and/or ready prepared for a minimum of two people.
- 4 Legislation and regulations to be complied with include but are not limited to – Food Act 2014, Health and Safety at Work Act 2015.
- 5 This unit standard can be assessed against in a simulated situation. This refers to a situation that reflects some elements of commercial realism, but the candidate must be under time pressure. There must be an end user of the product and domestic equipment can be used. Safe food handling practices must be carried out in accordance with legislative requirements.

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### Outcomes and performance criteria

#### Outcome 1

Prepare to steam food items.

**Performance criteria**

1.1 Food items and other ingredients of the required type, quality, and quantity for steaming are selected in accordance with dish requirements.

Range quality may include but is not limited to – appearance, smell, freshness, within expiry date

1.2 Food items are prepared for steaming in accordance with dish requirements.

**Outcome 2**

Steam and present food items.

**Performance criteria**

2.1 Food items are steamed to meet quality requirements.

Range quality may include but is not limited to – degree of cooking, appearance, temperature.

2.2 Food items are finished and presented in accordance with dish requirements.

Range finishing may include but is not limited to – basic garnishes, accompaniments, sauces, portioning; evidence of two is required.

<b>Planned review date</b>	31 December 2026
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**Status information and last date for assessment for superseded versions**

Process	Version	Date	Last Date for Assessment
Registration	1	8 January 1998	31 December 2013
Review	2	22 October 2003	31 December 2017
Review	3	12 December 2008	31 December 2017
Review	4	20 February 2014	31 December 2017
Revision	5	19 November 2015	31 December 2023
Review	6	16 December 2021	N/A

<b>Consent and Moderation Requirements (CMR) reference</b>	0112
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

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**Comments on this unit standard**

Please contact Ringa Hora Services Workforce Development Council [qualifications@ringahora.nz](mailto:qualifications@ringahora.nz) if you wish to suggest changes to the content of this unit standard.