

Achievement Standard

Subject Reference Home Economics 1.6

Title Demonstrate understanding of how packaging information influences an individual's food choices and well-being

Level 1 **Credits** 4 **Assessment** External

Subfield Health and Physical Education

Domain Home Economics

Status Registered **Status date** 30 November 2010

Planned review date 31 December 2014 **Date version published** 30 November 2010

This achievement standard involves demonstrating understanding of how packaging information influences an individual's food choices and well-being.

Achievement Criteria

Achievement	Achievement with Merit	Achievement with Excellence
<ul style="list-style-type: none"> Demonstrate understanding of how packaging information influences food choices and well-being. 	<ul style="list-style-type: none"> Demonstrate in-depth understanding of how packaging information influences food choices and well-being. 	<ul style="list-style-type: none"> Demonstrate comprehensive understanding of how packaging information influences food choices and well-being.

Explanatory Notes

- This achievement standard is derived from *The New Zealand Curriculum*, Learning Media, Ministry of Education, 2007; Level 6, achievement objectives A1 (Personal growth and development) and D1 (Societal attitudes and values), and is related to the material in the *Teaching and Learning Guide for Home Economics*, Ministry of Education, 2010 at <http://seniorsecondary.tki.org.nz>. Assessment will be consistent with and reflect the underlying concepts (hauora, socio-ecological perspective, health promotion, and attitudes and values) of the Health and Physical Education learning area in *The New Zealand Curriculum*, page 22.
- Definition
Packaging information is nutritional information on food labels and packaging such as ingredients, nutrition panels or tables; and nutritional claims such as low fat/sugar/salt. It also includes promotional features.

- 3 *Demonstrate understanding* involves giving an account with clear examples of how packaging information influences food choices and well-being.
 - 4 *Demonstrate in-depth understanding* involves giving reasons for why packaging information influences food choices and well-being.
 - 5 *Demonstrate comprehensive understanding* involves considering and justifying recommendations based on packaging information that influences food choices and well-being.
 - 6 Assessment Specifications for this achievement standard can be accessed through the Home Economics Resources page found at <http://www.nzqa.govt.nz/qualifications-standards/qualifications/ncea/ncea-subject-resources/>.
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Quality Assurance

- 1 Providers and Industry Training Organisations must be accredited by NZQA before they can register credits from assessment against achievement standards.
- 2 Accredited providers and Industry Training Organisations assessing against achievement standards must engage with the moderation system that applies to those achievement standards.

Accreditation and Moderation Action Plan (AMAP) reference

0233