Achievement Standard

Subject Reference Health 2.2

Title Evaluate factors that influence people's ability to manage change

Level 2 **Credits** 5 **Assessment** Internal

Subfield Health and Physical Education

Domain Health Education

Status Registered **Status date** 17 November 2011

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This achievement standard involves the evaluation of factors that influence people's ability to manage change.

Achievement Criteria

Achievement	Achievement with Merit	Achievement with Excellence
• Evaluate factors that influence people's ability to manage change.	• Evaluate in depth, factors that influence people's ability to manage change.	• Evaluate comprehensively, factors that influence people's ability to manage change.

Explanatory Notes

1   This achievement standard is derived from the Health and Physical Education learning area in *The New Zealand Curriculum,* Learning Media, Ministry of Education, 2007; Level 7 achievement objectives (relevant to the context used); and is related to the material in the *Teaching and Learning Guide for Health and Physical Education,* Ministry of Education, 2010 at http://seniorsecondary.tki.org.nz.

Assessment will be consistent with and reflect the underlying concepts (Hauora, socio-ecological perspective, health promotion, attitudes and values) of the Health and Physical Education learning area in *The New Zealand Curriculum*, page 22.

2   *Evaluate factors that influence people's ability to manage change* involves:
   • explaining risk and protective factors that contribute to people's ability to manage change situations
   • recommending a combination of personal, interpersonal and societal strategies to maintain the protective factors and/or minimise the risk factors.

Evaluate in depth, factors that influence people's ability to manage change involves:
- explaining, in detail, risk and protective factors that are clearly linked to the change situations
- recommending personal, interpersonal and societal strategies specific to the change situations.

Evaluate comprehensively, factors that influence people's ability to manage change involves providing an explanation that demonstrates critical understandings of:
- the risk and protective factors influencing people's ability to manage change situations
- strategies for maintaining the protective factors and minimising the risk factors.

Critical understandings will be shown, for example, through a relevant combination of:
- showing a conceptually sound understanding of the concept of resilience in relation to the change situation
- showing insight into the change situation beyond the immediate evidence (eg by drawing on understandings from similar situations)
- showing understanding of how a major life change results in many inter-related changes
- linking the risk and protective factors to the relevant determinants of health
- explaining interrelationships between the personal, interpersonal and societal factors influencing people's ability to cope with change, or the strategies for building resilience.

3   Risk and protective factors, and strategies for managing change are related to the concept of resilience.

4   The context for the assessment will be based on a significant change situation related to the key learning area of mental health. A significant change situation results in numerous changes that need to be considered as part of the evaluation. Situations may include aspects of:
- physical or mental health problems, eg illness, disability
- family separation, or relationship break up
- changing house, school, and/or country
- significant loss situations resulting in grief
- drug use and misuse
- experiencing significant failure, eg at school
- repeated or ongoing pressured, risky, or stressful life situations at home, work or in the social environment.
Focusing on suicide or eating disorders is not appropriate.

5   Conditions of Assessment related to this achievement standard can be found at http://www.tki.org.nz/e/community/ncea/conditions-assessment.php.

Replacement Information
This achievement standard replaced AS90327 and unit standard 4258.

Quality Assurance

1   Providers and Industry Training Organisations must have been granted consent to assess by NZQA before they can register credits from assessment against achievement standards.

2   Organisations with consent to assess and Industry Training Organisations assessing against achievement standards must engage with the moderation system that applies to those achievement standards.

Consent and Moderation Requirements (CMR) reference   0233