

Achievement Standard

Subject Reference	Home Economics 3.5		
Title	Evaluate conflicting nutritional information relevant to well-being in New Zealand society		
Level	3	Credits	4
		Assessment	External
Subfield	Health and Physical Education		
Domain	Home Economics		
Status	Registered	Status date	4 December 2012
Planned review date	31 December 2019	Date version published	17 November 2016

This achievement standard involves evaluating conflicting nutritional information relevant to well-being in New Zealand society.

Achievement Criteria

Achievement	Achievement with Merit	Achievement with Excellence
<ul style="list-style-type: none"> Evaluate conflicting nutritional information relevant to well-being in New Zealand society. 	<ul style="list-style-type: none"> Evaluate, in depth, conflicting nutritional information relevant to well-being in New Zealand society. 	<ul style="list-style-type: none"> Evaluate comprehensively conflicting nutritional information relevant to well-being in New Zealand society.

Explanatory Notes

- This achievement standard is derived from the Health and Physical Education learning area in *The New Zealand Curriculum*, Learning Media, Ministry of Education, 2007; Level 8 Achievement Objectives (relevant to the context used), and is related to the material in the *Teaching and Learning Guide for Health and Physical Education*, Ministry of Education, 2012 at <http://seniorsecondary.tki.org.nz>.

Assessment is consistent with and reflects the underlying concepts (hauora, socio-ecological perspective, health promotion, attitudes and values) of the Health and Physical Education learning area in *The New Zealand Curriculum*, page 22.

This standard is also derived from Te Marautanga o Aotearoa. For details of Te Marautanga o Aotearoa achievement objectives to which this standard relates, see the [Papa Whakaako](#) for the relevant learning area.

- Evaluate* involves:
 - analysing the conflicting nutritional information
 - drawing conclusions that relate the nutritional information to well-being.

Evaluate, in depth, involves:

- analysing the underlying intent of the conflicting nutritional information
- drawing conclusions about the credibility of the nutritional information sources.

Evaluate comprehensively involves:

- critically analysing the conflicting nutritional information
- drawing justified conclusions about the credibility of the nutritional information.

- 3 Examples of *conflicting nutritional information* may relate to: omega 3, Glycaemic Index, butter versus margarine, organic food, mineral and vitamin supplements, dietary advice.
 - 4 Assessment Specifications for this achievement standard can be accessed through the Home Economics Resources page found at <http://www.nzqa.govt.nz/qualifications-standards/qualifications/ncea/subjects/>.
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Quality Assurance

- 1 Providers and Industry Training Organisations must have been granted consent to assess by NZQA before they can register credits from assessment against achievement standards.
- 2 Organisations with consent to assess and Industry Training Organisations assessing against achievement standards must engage with the moderation system that applies to those achievement standards.

Consent and Moderation Requirements (CMR) reference

0233