

Achievement Standard

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| Subject Reference | Physical Education 3.3 | | |
| Title | Evaluate the effectiveness of a performance improvement programme | | |
| Level | 3 | Credits | 4 |
| | | Assessment | Internal |
| Subfield | Health and Physical Education | | |
| Domain | Physical Education | | |
| Status | Registered | Status date | 4 December 2012 |
| Planned review date | 31 December 2019 | Date version published | 17 November 2016 |

This achievement standard involves evaluating the effectiveness of a performance improvement programme.

Achievement Criteria

| Achievement | Achievement with Merit | Achievement with Excellence |
|--|---|---|
| <ul style="list-style-type: none"> Evaluate the effectiveness of a performance improvement programme. | <ul style="list-style-type: none"> Evaluate, in depth, the effectiveness of a performance improvement programme. | <ul style="list-style-type: none"> Critically evaluate the effectiveness of a performance improvement programme. |

Explanatory Notes

- This achievement standard is derived from the Health and Physical Education learning area in *The New Zealand Curriculum*, Learning Media, Ministry of Education, 2007; Level 8 Achievement Objectives (relevant to the context used), and is related to the material in the latest version of the *Teaching and Learning Guide for Health and Physical Education*, Ministry of Education at <http://seniorsecondary.tki.org.nz>.

Assessment is consistent with and reflects the underlying concepts (hauora, socio-ecological perspective, health promotion, attitudes and values) of the Health and Physical Education learning area in *The New Zealand Curriculum*, page 22.

This standard is also derived from Te Marautanga o Aotearoa. For details of Te Marautanga o Aotearoa achievement objectives to which this standard relates, see the [Papa Whakaako](#) for the relevant learning area.

- Evaluate the effectiveness of a performance improvement programme* involves:
 - examining a performance improvement programme by using biophysical principles and socio-cultural factors to make judgements about the effectiveness of the programme.

Evaluate, in depth, the effectiveness of a performance improvement programme involves:

- examining in detail a performance improvement programme by using biophysical principles and socio-cultural factors to make coherent judgements about the effectiveness of the programme.

Critically evaluate the effectiveness of a performance improvement programme involves:

- making coherent, insightful judgements by questioning and challenging assumptions about the effectiveness of a performance improvement programme
- using those judgements to identify and justify what modification(s) may be made to improve the effectiveness of the programme.

3 *A performance improvement programme* may be one created and implemented by the student or one provided and delivered for them.

4 The evaluation of a performance improvement programme could be to improve the student's own performance, or the performance of another individual or group of individuals, in a chosen physical activity.

5 Biophysical principles may include:

- functional anatomy
- biomechanical principles
- skill learning
- sport psychology.

6 Socio-cultural factors may include:

- societal
- political
- economic
- environmental
- ethical
- cultural
- historical.

7 Conditions of Assessment related to this achievement standard can be found at www.tki.org.nz/e/community/ncea/conditions-assessment.php.

Replacement Information

This achievement standard and AS91499 replaced AS90741.

Quality Assurance

- 1 Providers and Industry Training Organisations must have been granted consent to assess by NZQA before they can register credits from assessment against achievement standards.
- 2 Organisations with consent to assess and Industry Training Organisations assessing against achievement standards must engage with the moderation system that applies to those achievement standards.

Consent and Moderation Requirements (CMR) reference

0233