

Achievement Standard

Subject Reference	Physical Education 3.4		
Title	Demonstrate quality performance of a physical activity in an applied setting		
Level	3	Credits	4
		Assessment	Internal
Subfield	Health and Physical Education		
Domain	Physical Education		
Status	Registered	Status date	4 December 2012
Planned review date	31 December 2019	Date version published	17 November 2016

This achievement standard involves demonstrating quality performance of a physical activity in an applied setting.

Achievement Criteria

Achievement	Achievement with Merit	Achievement with Excellence
<ul style="list-style-type: none"> Demonstrate quality performance of a physical activity in an applied setting. 	<ul style="list-style-type: none"> Demonstrate a high quality performance of a physical activity in an applied setting. 	<ul style="list-style-type: none"> Demonstrate an outstanding quality performance of a physical activity in an applied setting.

Explanatory Notes

- This achievement standard is derived from the Health and Physical Education learning area in *The New Zealand Curriculum*, Learning Media, Ministry of Education, 2007; Level 8 Achievement Objectives (relevant to the context used), and is related to the material in the latest version of the *Teaching and Learning Guide for Health and Physical Education*, Ministry of Education at <http://seniorsecondary.tki.org.nz>.

Assessment is consistent with and reflects the underlying concepts (hauora, socio-ecological perspective, health promotion, attitudes and values) of the Health and Physical Education learning area in *The New Zealand Curriculum*, page 22.

This standard is also derived from Te Marautanga o Aotearoa. For details of Te Marautanga o Aotearoa achievement objectives to which this standard relates, see the [Papa Whakaako](#) for the relevant learning area.

- Demonstrate quality performance of a physical activity in an applied setting* involves:
 - the effective demonstration of a wide range of elements and skills to participate proficiently in a physical activity.

Demonstrate a high quality performance of a physical activity in an applied setting involves:

- the consistent and effective demonstration of a wide range of elements and skills to participate proficiently in a physical activity.

Demonstrate an outstanding quality performance of a physical activity in an applied setting involves:

- the consistent, effective, and accomplished demonstration of a wide range of elements and skills to participate proficiently in a physical activity.

- 3 The assessment resource designed for use with this achievement standard in order to make judgements about student performance can be accessed at <http://ncea.tki.org.nz/Resources-for-aligned-standards/Health-and-physical-education/Physical-education/Level-3-Physical-education>.
- 4 *Applied setting* requires that the physical performance skills are demonstrated in an authentic setting and in an appropriate environment.
- 5 An authentic applied setting may include:
 - game play
 - tournaments
 - competitions
 - festivals
 - events.
- 6 An appropriate environment takes account of:
 - safety
 - matching the environment to the skill levels of the students
 - matching type of surface and location (indoors or outdoors) to the activity chosen.
- 7 This achievement standard may be used to assess a range of physical activities. The intent is to assess how well the student performs in a physical activity. The physical activity may come from any of the key areas of learning, eg kayaking from outdoor education, tennis from sports studies, Te Ao Kori and aquatics from physical activities. Offering a range of physical activities may provide more than one opportunity for assessment.
- 8 Elements of performance may include:
 - technical accuracy
 - degree of flow and/or fluency
 - degree of control
 - use of relevant strategies
 - making appropriate decisions
 - apparent ease of performance
 - ability of opposition
 - level of competition.
- 9 The selection of elements, and their relative importance, will be determined by the nature of the chosen physical activities.

- 10 Conditions of Assessment related to this achievement standard can be found at www.tki.org.nz/e/community/ncea/conditions-assessment.php.
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Replacement Information

This achievement standard replaced AS90742.

Quality Assurance

- 1 Providers and Industry Training Organisations must have been granted consent to assess by NZQA before they can register credits from assessment against achievement standards.
- 2 Organisations with consent to assess and Industry Training Organisations assessing against achievement standards must engage with the moderation system that applies to those achievement standards.

Consent and Moderation Requirements (CMR) reference

0233