

Achievement Standard

Subject Reference Health 1.5

Title Demonstrate understanding of strategies for promoting positive sexuality

Level 1 **Credits** 4 **Assessment** Internal

Subfield Health and Physical Education

Domain Health Education

Status Registered **Status date** 30 November 2010

Planned review date 31 December 2020 **Date version published** 20 November 2014

This achievement standard involves demonstrating understanding of strategies for promoting positive sexuality.

Achievement Criteria

Achievement	Achievement with Merit	Achievement with Excellence
<ul style="list-style-type: none"> Demonstrate understanding of strategies for promoting positive sexuality. 	<ul style="list-style-type: none"> Demonstrate in-depth understanding of strategies for promoting positive sexuality. 	<ul style="list-style-type: none"> Demonstrate comprehensive understanding of strategies for promoting positive sexuality.

Explanatory Notes

Version 2 of this achievement standard was republished to correct an error in the status date.

- This achievement standard is derived from the Health and Physical Education learning area in *The New Zealand Curriculum*, Ministry of Education, 2007, and is related to the material in the *Teaching and Learning Guide for Health*, Ministry of Education, 2011 at <http://seniorsecondary.tki.org.nz>. Learning resulting from a combination of the Level 6 achievement objectives A1, A3, A4, C1, C2, C3, D1, D3 and D4 may be assessed.

This standard is also derived from Te Marautanga o Aotearoa. For details of Te Marautanga o Aotearoa achievement objectives to which this standard relates, see the [Papa Whakaako](#).

- 2 *Promoting positive sexuality* encompasses a range of strategies including: the development of personal knowledge and skills to support sexual health, self-worth and self-acceptance; maintaining and enhancing well-being in sexual relationships; through to inclusive practices whole communities can engage in. *Promoting positive sexuality* also means to be inclusive of the diversity of sexualities that exist among people, and the range of attitudes, values and beliefs held by people in society. *Sexuality* as a concept is inclusive of the physical, social, mental, emotional and spiritual aspects of people's sexual well-being.

To *demonstrate understanding of strategies for promoting positive sexuality*, each of the following four types of strategies must be covered:

- Strategies that enhance interpersonal (sexual) relationships which includes knowledge of rights, responsibilities and effective communication.
- Strategies that consider ways schools, local communities, and/or the whole of society can support the promotion of positive sexuality for all people.
- Strategies for the prevention of unplanned pregnancy and sexually transmissible infections.
- Strategies that consider ways school and community can support young people in relation to sexual health.

- 3 *Demonstrate understanding* means to describe strategies for promoting positive sexuality, e.g. describing what the strategy involves with an indication of how the strategy helps promote positive sexuality for some people in society.

Demonstrate in-depth understanding means to explain strategies and how these strategies help promote positive sexuality for a variety of people in society.

Demonstrate comprehensive understanding means to critically explain strategies and how these strategies promote positive sexuality for a diverse variety of people in society. Critical explanations will include a relevant combination of consideration to:

- the more essential actions integral to a strategy,
- how a strategy impacts on all aspects of well-being,
- how a strategy reflects the attitudes and values of the learning area,
- the interconnections between different strategies,
- the need for different strategies for different groups in society,
- the need for multiple strategies at personal, interpersonal and societal levels.

- 4 Conditions of Assessment related to this achievement standard can be found at <http://ncea.tki.org.nz/Resources-for-Internally-Assessed-Achievement-Standards>.

Quality Assurance

- 1 Providers and Industry Training Organisations must have been granted consent to assess by NZQA before they can register credits from assessment against achievement standards.
- 2 Organisations with consent to assess and Industry Training Organisations assessing against achievement standards must engage with the moderation system that applies to those achievement standards.

Consent and Moderation Requirements (CMR) reference

0233