

Achievement Standard

Subject Reference	Health 3.3		
Title	Evaluate health practices currently used in New Zealand		
Level	3	Credits	5
		Assessment	Internal
Subfield	Health and Physical Education		
Domain	Health Education		
Status	Registered	Status date	4 December 2012
Planned review date	31 December 2020	Date version published	17 November 2016

This achievement standard involves evaluating health practices currently used in New Zealand.

Achievement Criteria

Achievement	Achievement with Merit	Achievement with Excellence
<ul style="list-style-type: none"> Evaluate health practices currently used in New Zealand. 	<ul style="list-style-type: none"> Evaluate, in depth, health practices currently used in New Zealand. 	<ul style="list-style-type: none"> Evaluate, perceptively, health practices currently used in New Zealand.

Explanatory Notes

- This achievement standard is derived from the Health and Physical Education learning area in *The New Zealand Curriculum*, Learning Media, Ministry of Education, 2007; Level 8 Achievement Objectives (relevant to the context used), and is related to the material in the *Teaching and Learning Guide for Health and Physical Education*, Ministry of Education, 2012 at <http://seniorsecondary.tki.org.nz>.

Assessment is consistent with and reflects the underlying concepts (hauora, socio-ecological perspective, health promotion, attitudes and values) of the Health and Physical Education learning area in *The New Zealand Curriculum*, page 22.

This standard is also derived from *Te Marautanga o Aotearoa*. For details of *Te Marautanga o Aotearoa* achievement objectives to which this standard relates, see the [Papa Whakaako](#) for the relevant learning area.

- 2 *Evaluate* involves applying a critical perspective and evidence-based consideration of health practices through:
- explaining the procedures involved in each practice, the underpinning philosophy or knowledge foundation of each practice in relation to Western scientific medicine (WSM), complementary and alternative medicine (CAM) and/or traditional medicine (TM)
 - explaining the advantages and disadvantages of each practice in relation to the concept of hauora.

Evaluate, in depth, involves comparing the advantages and disadvantages of the selected practices and drawing conclusions supported by reasoned arguments.

Evaluate, perceptively, involves making connections between a selection of underlying health concepts (hauora, socio-ecological perspective, health promotion, and attitudes and values), the underpinning philosophies of each practice, and the advantages and disadvantages of each practice; and drawing justified conclusions.

- 3 *Health practices currently used in New Zealand* must consider a minimum of three practices, with at least one from each of the following categories:
- WSM, e.g. surgery, medication, counselling, physical therapies, green prescription
 - CAM, e.g. naturopathy, homeopathy, aromatherapy, or TM, e.g. Māori (or other cultural group) medicine.
- 4 Candidates must relate the health practices to an identified health circumstance. The health circumstance may be existing, or one which could be prevented. Health circumstances include:
- a mental illness e.g. major or chronic depression
 - an addiction e.g. smoking
 - a physical illness or disease e.g. cancer, diabetes
 - pain management e.g. back pain, arthritis, migraines
 - reproductive health e.g. birth, (in)fertility.
- 5 Conditions of Assessment related to this achievement standard can be found at www.tki.org.nz/e/community/ncea/conditions-assessment.php.
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Replacement Information

This achievement standard replaced AS90710.

Quality Assurance

- 1 Providers and Industry Training Organisations must have been granted consent to assess by NZQA before they can register credits from assessment against achievement standards.
- 2 Organisations with consent to assess and Industry Training Organisations assessing against achievement standards must engage with the moderation system that applies to those achievement standards.

Consent and Moderation Requirements (CMR) reference

0233