

Achievement Standard

Subject Reference	Home Economics 3.2		
Title	Implement an action plan to address a nutritional issue affecting the well-being of New Zealand society		
Level	3	Credits	5
		Assessment	Internal
Subfield	Health and Physical Education		
Domain	Home Economics		
Status	Registered	Status date	4 December 2012
Planned review date	31 December 2020	Date version published	17 November 2016

This achievement standard involves implementing an action plan to address a nutritional issue affecting the well-being of New Zealand society.

Achievement Criteria

Achievement	Achievement with Merit	Achievement with Excellence
<ul style="list-style-type: none"> Implement an action plan to address a nutritional issue affecting the well-being of New Zealand society. 	<ul style="list-style-type: none"> Implement an action plan with reflection to address a nutritional issue affecting the well-being of New Zealand society. 	<ul style="list-style-type: none"> Implement an action plan with insight to address a nutritional issue affecting the well-being of New Zealand society.

Explanatory Notes

- This achievement standard is derived from the Health and Physical Education learning area in *The New Zealand Curriculum*, Learning Media, Ministry of Education, 2007; Level 8 Achievement Objectives (relevant to the context used), and is related to the material in the *Teaching and Learning Guide for Health and Physical Education*, Ministry of Education, 2012 at <http://seniorsecondary.tki.org.nz>.

Assessment is consistent with and reflects the underlying concepts (hauora, socio-ecological perspective, health promotion, attitudes and values) of the Health and Physical Education learning area in *The New Zealand Curriculum*, page 22.

This standard is also derived from *Te Marautanga o Aotearoa*. For details of *Te Marautanga o Aotearoa* achievement objectives to which this standard relates, see the [Papa Whakaako](#) for the relevant learning area.

2 *Implement an action plan* involves:

- participating in the action in accordance with the written plan
- refining the plan as needed through identifying barriers and enablers
- evaluating the extent to which the action achieved the desired outcome.

Implement an action plan with reflection involves:

- reflecting critically on the effectiveness of the plan.

Implement an action plan with insight involves:

- reflecting critically on the effectiveness of the plan with reference to factors contributing to the nutritional issue, eg determinants of health, attitudes, values, and key stakeholders.

3 *A nutritional issue* may be related to:

- food security
- under-consumption of fruit and vegetables
- oversized portions of food
- over-consumption of energy dense food
- over-consumption of sugary and caffeinated drinks
- influences in the school environment, eg fundraising with food, food rewards, vending machines, food and nutrition policies, and food suppliers
- under-nutrition
- inadequate cooking skills.

4 Determinants of health that may be considered in the implementation of the action plan include:

- educational
- historical
- economic
- political
- cultural
- technological
- social determinants
- lifestyle
- environmental.

5 Refer to *Making Meaning: Making a Difference*, Learning Media, Ministry of Education, 2004, pp.28-32 – for the action planning process and page 16 for the health promotion models for reflection and evaluation, available at (http://www.tki.org.nz/r/health/cia/make_meaning/index_e.php).

6 Conditions of Assessment related to this achievement standard can be found at www.tki.org.nz/e/community/ncea/conditions-assessment.php.

Replacement Information

This achievement standard and AS91466 replaced AS90531 and unit standard 6639.

Quality Assurance

- 1 Providers and Industry Training Organisations must have been granted consent to assess by NZQA before they can register credits from assessment against achievement standards.
- 2 Organisations with consent to assess and Industry Training Organisations assessing against achievement standards must engage with the moderation system that applies to those achievement standards.

Consent and Moderation Requirements (CMR) reference

0233