

## Paerewa Paetae

<b>Aronga</b>	Hauora 1.2		
<b>Ingoa</b>	Te whakaatu i ngā tikanga tuku iho o te kai taketake		
<b>Kaupae</b>	1	<b>Whiwhinga</b>	4
		<b>Aromatawai</b>	Ā-roto
<b>Marau akoranga</b>	Te Marautanga o Aotearoa		
<b>Kokonga akoranga</b>	Hauora - Wāhanga Ako		
<b>Mana rēhita</b>	Kua rēhitatia	<b>Te rā i mana ai</b>	18 Hakihea 2013
<b>Te rā e arotakengia ai</b>	31 Hakihea 2020	<b>Te rā i puta ai</b>	18 Hakihea 2013

### Te Hononga ki te Marautanga

I ahu mai tēnei paerewa paetae i te Taumata 6 o *Te Marautanga o Aotearoa*, i whakaputaina e Te Pou Taki Kōrero i te tau 2008.

### Whāinga Paetae

Waiora, Kai:

- Ka tūhura, ka whakamārama i te pānga mai o ngā take kai e pāpā ana ki te hauora o te whānau, kōhungahunga mai, taiohi mai, pakeke mai.*

Tangata, Huatau o te Whanaungatanga:

- Ka whakaatu i tōna mārama ki ngā āhuatanga e puta ai te tuakiri whaiaro o te tangata, kia taea ai te whakanui i tōna tū motuhake me te tiaki i tōna oranga, wairua, oranga hinengaro, oranga tinana.*

E hono ana ki te Papa Whakaako mō Hauora kei te pae ipurangi nei:

<http://tmoa.tki.org.nz/Te-Marautanga-o-Aotearoa/Taumata-Matauranga-a-Motu-Ka-Taea>.

### Te Hononga ki ngā Tikanga Aromatawai

Kei tēnei pae ipurangi ngā Tikanga Aromatawai mō tēnei paerewa paetae:

<http://tmoa.tki.org.nz/Te-Marautanga-o-Aotearoa/Taumata-Matauranga-a-Motu-Ka-Taea>.

**Paerewa Paetae**

<b>Paetae</b> Te whakaatu i ngā tikanga tuku iho o te kai taketake.	Hei tohu i te paetae: <ul style="list-style-type: none"> <li>• Ka whakaatu i ngā tikanga tuku iho hei whakarite kai taketake</li> <li>• Ka tutuki ngā whakaritenga e oti ai te mahi.</li> </ul>
<b>Kaiaka</b> He kaiaka te whakaatu i ngā tikanga tuku iho o te kai taketake.	Hei tohu i te kaiaka: <ul style="list-style-type: none"> <li>• Ka tutuki ngā whakaritenga e oti wawe ai te mahi.</li> </ul>
<b>Kairangi</b> He kairangi te whakaatu i ngā tikanga tuku iho o te kai taketake.	Hei tohu i te kairangi: <ul style="list-style-type: none"> <li>• Ka whakaatu i ngā pūkenga tiketike e rite ana.</li> </ul>

**Kōrero Āpiti**

1 E whai ake nei ko te whakamāramatanga o ngā kupu whaitake, kīanga rānei:

ngā tikanga tuku iho	Ko ngā momo tikanga, ngā momo ritenga o mua.
kai taketake	Ko ngā momo kai mā te tangata ka kitea i te ngahere, i te awa, i te roto, i te moana, i te māra anō hoki.
ngā whakaritenga	Ko ngā wāhanga katoa o te ngohe, o te mahi rānei, ka whakaritea hei aromatawai.

2 Ko ētahi horopaki e hāngai ana:

- Matariki – ngā tikanga kohikohi, whakarite kai
- He hui Māori, hei tauira: te Koroneihana, te Ahurei a Tūhoe – ngā tikanga kohikohi, whakarite, whakarato kai
- Te hopu kai i te taiao – hei tauira: te mahi tuna, te mahi inanga, te whakangau poaka, te mahi manu
- Te kōhi kai i te waonui a Tāne, i a Tangaroa, i a Rongo, i a Haumie-tiketike
- Te māra
- Ngā kai rokiroki – hei tauira: te pāua tahu, te kānga wai, te ika mara, te koroī.
- Te mahi hāngi.

Kuputaka:

oti wawe

pūkenga tiketike

rokiroki

complete quickly

high skill-level

preserved

**Tātari Kounga**

- 1 Me mātua whakamana ngā Kaituku Akoranga me ngā Whakahaere Whakangungu Ahumahi e te Mana Tohu Mātauranga o Aotearoa ka rēhita ai i ngā hua ka puta mai i ngā aromatawai ki ngā paerewa paetae.
- 2 Ko ngā Kaituku Akoranga me ngā Whakahaere Whakangungu Ahumahi kua mana, ā, e aromatawai ana i ā rātou hōtaka ki ngā paerewa paetae, me uru rātou ki ngā pūnaha whakarite e tika ana mō aua paerewa paetae.

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Ko te tohutoro ki te Mahere Whakamana, Whakaōritenga hoki

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