

## Achievement Standard

**Subject Reference** Health Studies 1.2

**Title** Demonstrate understanding of decision-making in a health-related situation

**Level** 1      **Credits** 5      **Assessment** Internal

**Subfield** Health and Physical Education

**Domain** Health Education

**Status** Approved      **Status date** December 2023

**Planned review date** December 2028      **Date version published** December 2023

### Purpose Statement

Students are able to demonstrate understanding of decision-making in a health-related situation.

### Achievement Criteria

Achievement	Achievement with Merit	Achievement with Excellence
<ul style="list-style-type: none"> <li>Demonstrate understanding of decision-making in a health-related situation</li> </ul>	<ul style="list-style-type: none"> <li>Explain decision-making in a health-related situation</li> </ul>	<ul style="list-style-type: none"> <li>Evaluate decision-making in a health-related situation</li> </ul>

### Explanatory Notes

- 1 *Demonstrate understanding of decision-making in a health-related situation* involves:
- describing factors relevant to decision-making and possible consequences of a health-related situation
  - describing a proposed decision in response to the health-related situation, in relation to hauora, with reference to the factors and anticipated consequences of the decision.

*Explain decision-making in a health-related situation* involves:

- discussing why the factors and anticipated consequences are significant to the proposed decision
- explaining how the factors and anticipated consequences interrelate to influence the proposed decision, in relation to hauora.

*Evaluate decision-making in a health-related situation* involves:

- drawing conclusions about the significance of the decision-making in response to the health-related situation, in relation to hauora.

- 2 A *health-related situation* refers to a circumstance or a dilemma that requires a decision which can affect hauora. It can be addressed through the application of a decision-making process.

The health-related situation must occur in any of the Key Areas of Learning:

- Food and Nutrition
- Mental Health
- Relationships and Sexuality.

- 3 For the purpose of this achievement standard, a *factor* is a relevant circumstance, fact, or influence that is considered as part of the decision-making. Factors can be personal, interpersonal, and societal. The nature of factors can be economic, social, cultural, lifestyle-related, political, or environmental.

Examples include:

- knowledge, beliefs, and values
- whānau relationships, vā, and peer pressure
- laws, iwi structures, cultural norms, and media.

- 4 *Consequences* are outcomes and wider impacts of a decision. Consequences can be personal, interpersonal, and societal.

- 5 For the purpose of this achievement standard, *decision-making* is a process that involves identifying and considering different factors and anticipated consequences to inform a proposed decision.

- 6 Refer to the NCEA [glossary](#) for Māori, Pacific, and further subject-specific terms and concepts.

- 7 This achievement standard is derived from the Health and Physical Education Learning Area at Level 6 of *The New Zealand Curriculum: Learning Media*, Ministry of Education, 2007.

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## Replacement Information

This achievement standard, AS92008, AS92010, and AS92011 replaced AS90956-AS90961, AS90971-AS90975, and AS91097.

**Quality Assurance**

- 1 Schools and institutions must have been granted consent to assess by NZQA before they can register credits from assessment against achievement standards.
- 2 Schools and institutions with consent to assess must engage with the moderation system that applies to those achievement standards.

Consent and Moderation Requirements (CMR) reference 0233

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