

## Achievement Standard

**Subject Reference** Health Studies 1.4

**Title** Demonstrate understanding of strategies that enhance hauora

**Level** 1      **Credits** 5      **Assessment** External

**Subfield** Health and Physical Education

**Domain** Health Education

**Status** Approved      **Status date** December 2023

**Planned review date** December 2028      **Date version published** December 2023

### Purpose Statement

Students are able to demonstrate understanding of strategies that enhance hauora.

### Achievement Criteria

Achievement	Achievement with Merit	Achievement with Excellence
<ul style="list-style-type: none"> <li>Demonstrate understanding of strategies that enhance hauora</li> </ul>	<ul style="list-style-type: none"> <li>Explain strategies that enhance hauora</li> </ul>	<ul style="list-style-type: none"> <li>Evaluate strategies that enhance hauora</li> </ul>

### Explanatory Notes

- 1 *Demonstrate understanding of strategies that enhance hauora* involves:
- identifying and describing strategies that enhance hauora with reference to a relevant underlying concept
  - describing how the strategies enhance hauora, using examples.

*Explain strategies that enhance hauora* involves:

- discussing how the strategies work together to enhance hauora with reference to a relevant underlying concept, using examples.

*Evaluate strategies that enhance hauora* involves:

- drawing conclusions about the effectiveness of the strategies to enhance hauora in relation to a relevant underlying concept, using examples.

- 2 For the purposes of this standard, the *underlying concepts* are:
    - attitudes and values
    - health promotion
    - socio-ecological perspectives.
  - 3 For the purpose of this achievement standard, *strategies* are plans of action to enhance hauora. They involve selecting and planning the implementation of individual or collective actions or practices. They draw on personal and interpersonal skills and may be reflective of diverse values and perspectives.
  - 4 Refer to the NCEA [glossary](#) for Māori, Pacific, and further subject-specific terms and concepts.
  - 5 This achievement standard is derived from the Health and Physical Education Learning Area at Level 6 of *The New Zealand Curriculum: Learning Media*, Ministry of Education, 2007.
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### Replacement Information

This achievement standard and AS92008-AS92010 replaced AS90956-AS90961, AS90971-AS90975, and AS91097.

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### Quality Assurance

- 1 Schools and institutions must have been granted consent to assess by NZQA before they can register credits from assessment against achievement standards.
- 2 Schools and institutions with consent to assess must engage with the moderation system that applies to those achievement standards.

Consent and Moderation Requirements (CMR) reference 0233

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