

**Paerewa Paetae****Aronga** Hauora 1.2**Ingoa** Te whakaputa whakaaro mō te whaihua o tētahi mahere hei whakaea i tētahi whāinga whaiaro**Kaupae** 1 **Whiwhinga** 5 **Aromatawai** Ā-roto**Marau akoranga** Te Marautanga o Aotearoa**Kokonga akoranga** Hauora – Wāhanga Ako**Mana rēhita** Kua rēhitatia **Te rā i mana ai** Hakihea 2023**Te rā e arotakengia ai** Hakihea 2028 **Te rā i puta ai** Hakihea 2023**Te Whāinga**

Ko te whāinga o tēnei paerewa paetae he whakaputa whakaaro mō te whaihua o tētahi mahere hei whakaea i tētahi whāinga whaiaro.

**Paearu Paetae**

<b>Paetae</b>	Hei tohu i te paetae: <ul style="list-style-type: none"><li>• Ka whakaputa whakaaro mō te whaihua o tētahi mahere hei whakaea i tētahi whāinga whaiaro.</li></ul>
<b>Kaiaka</b>	Hei tohu i te kaiaka: <ul style="list-style-type: none"><li>• Ka whakaputa whakaaro huritao mō te whaihua o tētahi mahere hei whakaea i tētahi whāinga whaiaro.</li></ul>
<b>Kairangi</b>	Hei tohu i te kairangi: <ul style="list-style-type: none"><li>• Ka tātari i ngā whakaaro huritao mō te whaihua o tētahi mahere hei whakaea i tētahi whāinga whaiaro.</li></ul>

**Kōrero Āpiti**

- 1 I ahu mai tēnei paerewa paetae i te Taumata 6 o Te Marautanga o Aotearoa (Te Tāhuhu o te Mātauranga, 2017). E hono ana ki te Papa Whakaako mō Hauora kei: <https://ncea.education.govt.nz>.

<i>Whāinga Paetae</i>
<p><u><i>Waiora, Tupuranga</i></u></p> <p>2. Ka tautohu, ka tūhura i ngā kōwhiringa e pā ana ki te whanaketanga o te taiohi, me te arotake i ngā hua ka puta ake i aua kōwhiringa.</p> <p><u><i>Waiora, Haumarū</i></u></p> <p>3. Ka whakarite i ngā rautaki haumarū hei tiaki i ngā mōtika a te ākongā me ētahi atu i roto i ngā horopaki huhua.</p> <p><u><i>Koiri, Whakamahinga Pūkenga Koiri</i></u></p> <p>2. Ka whakaatu i ngā āheinga koiri, me ngā whakaaro tōtika i ngā horopaki Mātātaki.</p> <p><u><i>Tangata, Whanaungatanga</i></u></p> <p>3. Ka tūhura me pēhea ngā whanonga, ngā uara me ngā waiaro o te tangata takitahi, o te rōpū hoki e pāpā ana ki te mauritau o tētahi atu.</p>

2 E whai ake nei ngā whakamārama mō ngā paearu paetae:

*Ka whakaputa whakaaro mō te whaihua o tētahi mahere hei whakaea i tētahi whāinga whaiaro:*

- Ka whakarite i tētahi mahere mā te rangahau.
- Ka tautohu i ngā whāinga whāiti hei tohu i te koki i te ara whakatutuki whāinga.
- Ka whakaahua i te āhua o tana whai i te mahere me te tautohu i ngā hua ka puta.

*Ka whakaputa whakaaro huritao mō te whaihua o tētahi mahere hei whakaea i tētahi whāinga whaiaro:*

- Ka āta whakarite i tētahi mahere mā te rangahau.
- Ka whakaahua i ngā whāinga whāiti hei tohu i te koki i te ara whakatutuki whāinga.
- Ka whai whakaaro huritao mō te tukanga i whāia me ngā hua ka puta.

*Ka tātari i ngā whakaaro huritao mō te whaihua o tētahi mahere hei whakaea i tētahi whāinga whaiaro:*

- Ka arotake i te whaihua o te mahere.
- Ka āta titiro ki te whakatinanatanga, arā te hāngai me te raupapa o ngā whāinga whāiti, ngā mahi, te nui o te wā, te āhua o te whakahaere, tae noa ki te āhua o te whakatutukitanga o te whāinga.
- Ka tātari i te tukanga i whāia me ngā hua ka puta.

3 Ko ngā horopaki e taea ai tētahi whāinga whaiaro te whakarite, ko ēnei:

- te tū māia (kia pai ai te matapaki, te whakawhanaunga ki ētahi atu)
- te kiritau (te rata ki a ia anō)

- te hikinga o te wairua
- te whakahaere i a ia anō kia rite, kia mauri oho
- te wairua whakawhena.

- 4 Arā ngā Tikanga Aromatawai mō tēnei paerewa paetae, kei: <https://ncea.education.govt.nz>.

#### Kuputaka

kiritau	<i>self-esteem, self-worth</i>
rata ki a ia anō	<i>sense of self-worth</i>
tātari	<i>critique, analyse</i>
whāinga whāiti	<i>specific objective</i>
wairua whakawhena	<i>assertiveness</i>
whakaaro huritao	<i>reflection, reflective thought</i>

#### Kōrero Whakakapinga

I whakakapingia ngā paerewa 91684-91689 e ngā paerewa 92056-92059.

#### Tātari Kounga

- 1 Me mātua whakamana ngā Kaituku Akoranga me ngā Whakahaere Whakangungu Ahumahi e te Mana Tohu Mātauranga o Aotearoa ka rēhita ai i ngā hua ka puta mai i ngā aromatawai ki ngā paerewa paetae.
- 2 Ko ngā Kaituku Akoranga me ngā Whakahaere Whakangungu Ahumahi kua mana, ā, e aromatawai ana i ā rātou hōtaka ki ngā paerewa paetae, me uru rātou ki ngā pūnaha whakaōrite e tika ana mō aua paerewa paetae.

Ko te tohutoro ki te Mahere Whakamana, Whakaōritenga hoki

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