

See back cover for an English translation of this cover

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90960M



909605



NEW ZEALAND QUALIFICATIONS AUTHORITY
MANA TOHU MĀTAURANGA O AOTEAROA

MĀ TE KAIMĀKA ANAKE

Ohaoha Kāinga, Kaupae 1, 2011

90960 Te whakaatu māramatanga mō te hāpai ake a te tangata, te whānau me te iwi whānui i te hauora o tētahi ki tētahi

2.00 i te ahiahi Rāapa 23 Whiringa-ā-rangi 2011
Whiwhinga: Whā

Paetae	Paetae Kaiaka	Paetae Kairangi
Te whakaatu māramatanga mō te hāpai ake a te tangata, te whānau me te iwi whānui i te hauora o tētahi ki tētahi.	Te whakaatu māramatanga hōhonu mō te hāpai ake a te tangata, te whānau me te iwi whānui i te hauora o tētahi ki tētahi.	Te whakaatu māramatanga tino matatau mō te hāpai ake a te tangata, te whānau me te iwi whānui i te hauora o tētahi ki tētahi.

Tirohia mehemea e ōrite ana te Tau Ākonga ā-Motu kei tō pepa whakauru ki te tau kei runga ake nei.

Me whakautu e koe ngā pātai KATOA kei roto i te pukapuka nei.

Tangohia te Pukapuka Rauemi 90960MR i waenganui o tēnei pukapuka.

Me MĀTUA whakamahi koe i ngā rauemi kei roto i tēnei pukapuka rauemi hei whakautu i ngā pātai.

Ki te hiahia koe ki ētahi atu wāhi hei tuhituhi whakautu, whakamahia te wāhi wātea kei muri i te pukapuka nei.

Tirohia mehemea kei roto nei ngā whārangi 2–13 e raupapa tika ana, ā, kāore hoki he whārangi wātea.

HOATU TE PUKAPUKA NEI KI TE KAIWHAKAHAERE HEI TE MUTUNGA O TE WHAKAMĀTAUTAU.

TAPEKE

MĀ TE KAIMĀKA ANAKE

Kia 60 meneti hei whakautu i ngā pātai o tēnei pukapuka.

Tirohia te Pukapuka Rauemi 90960MR ina whakautu ana i ngā pātai e whai ake.

PĀTAI TUATAHI: Te hāpai i te hauora o ngā taitamariki mā te kai i ngā kai tōtika

- (a) Whakamāramahia he pēhea ka taea e Claire, mā tana paetukutuku me te hōtaka pouaka whakaata 'Small Blacks', te hāpai i te hauora o ngā **taimāriki** o tētahi whānau.

Whakaarohia ngā pānga **pai** ka taea mō ngā taha KATOĀ E WHĀ o te hauora o ngā taitamariki, ka homai tauira hoki e hono ana ki ngā rauemi.

He hāpai ake i te taha tinana o ngā taitamariki mā te:	He hāpai ake i te taha hinengaro o ngā taitamariki mā te:
He hāpai ake i te taha whānau o ngā taitamariki mā te:	He hāpai ake i te taha wairua o ngā taitamariki mā te:

You are advised to spend 60 minutes answering the questions in this booklet.

Refer to Resource Booklet 90960MR when answering the following questions.

QUESTION ONE: Enhance the well-being of teenagers through healthy eating

- (a) Explain how Claire, through her website and the “Small Blacks” TV show, could improve the well-being of **teenagers** in a family.

Consider the possible **positive** effects on ALL FOUR dimensions of teenagers' hauora / well-being, giving examples that link to the resources.

Enhances teenagers' physical well-being / taha tinana by:	Enhances teenagers' mental and emotional well-being / taha hinengaro by:
Enhances teenagers' social well-being / taha whānau by:	Enhances teenagers' spiritual well-being / taha wairua by:

PĀTAI TUARUA: Te hāpai ake i te hauora o ngā whānau me ngā hapori

- (a) Whakamāramahia ka pēhea te mātakitaki ngātahi a tētahi whānau i te hōtaka pouaka whakaata "Small Blacks" e whakapai ake ai i tō rātau hauora.

Whakaarohia ngā pānga **pai** ka taea ki ngā taha KATO A E WHĀ o te hauora o tētahi whānau, ka homai tauira hoki e hono ana ki ngā rauemi.

He hāpai ake i te taha tinana o te whānau mā te:	He hāpai ake i te taha hinengaro o te whānau mā te:
He hāpai ake i te taha whānau o te whānau mā te:	He hāpai ake i te taha wairua o te whānau mā te:

QUESTION TWO: Enhance the well-being of families and communitiesASSESSOR'S
USE ONLY

- (a) Explain how a family watching the “Small Blacks” TV show together, could improve their well-being.

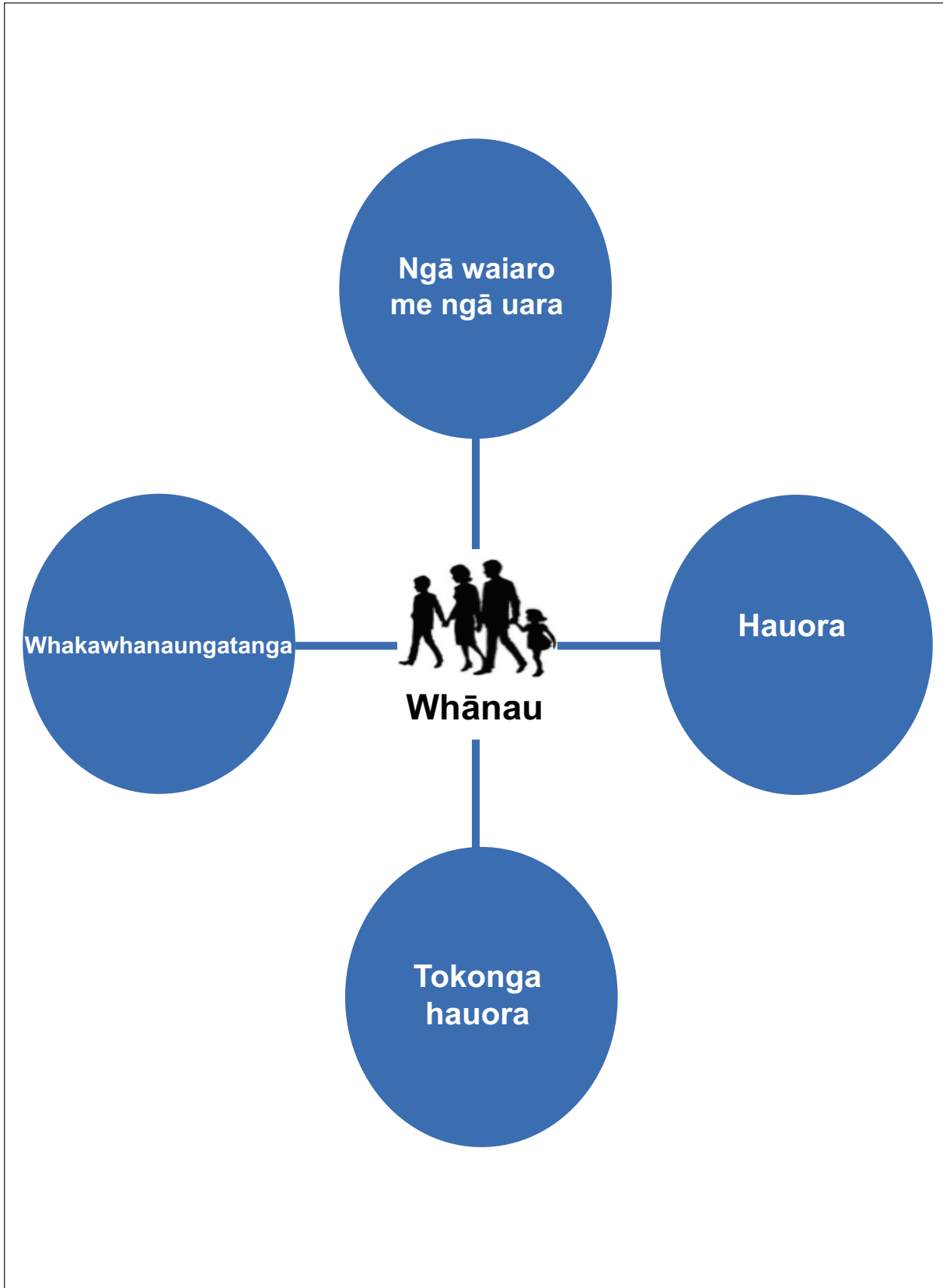
Consider the possible **positive** effects on ALL FOUR dimensions of a family's hauora / well-being, giving examples that link to the resources.

Enhances a family's physical well-being / taha tinana by:	Enhances a family's mental and emotional well-being / taha hinengaro by:
Enhances a family's social well-being / taha whānau by:	Enhances a family's spiritual well-being / taha wairua by:

(b) He maha ngā momo here ngātahi a ngā whānau ki ētahi atu i te hapori.

Parahautia me pēhea e taea e tētahi whānau te hāpai i te hauora me te kai tōtika **a ētahi atu i te hapori** mā tētahi whakamārama e **here ngātahi** ana i ngā taha KATOA E WHĀ o te hauora.

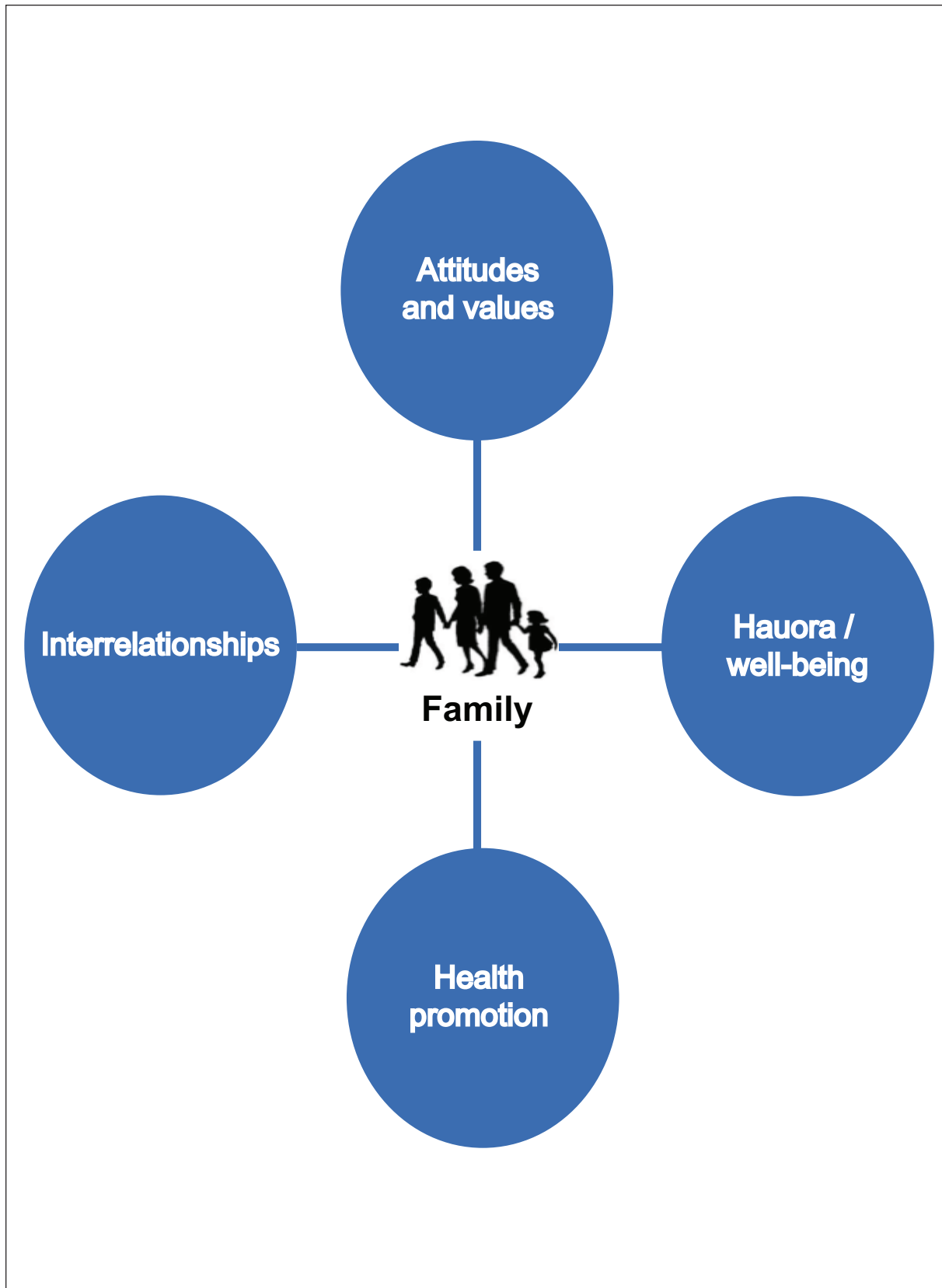
I mua i tō tuhi whakautu ki te whārangi 9, whakamahia te hoahoa i raro hei āwhina i a koe ki te whakaputa whakaaro noa mō ētahi tikanga, tūāhua hoki e here ngātahi ana i ngā whānau ki ētahi atu i te hapori.



- (b) Families interrelate with others in the community in many different ways.

Justify how a family could enhance the well-being and healthy eating of **others in the community** with an explanation that **interrelates** ALL FOUR dimensions of hauora / well-being.

Use the diagram below to help you brainstorm some of the ways and situations in which families interrelate with others in the community before you begin your answer on page 11.



English translation of the wording on the front cover

Level 1 Home Economics, 2011

90960 Demonstrate understanding of how an individual, the family and society enhance each other's well-being

2.00 pm Wednesday 23 November 2011

Credits: Four

Achievement	Achievement with Merit	Achievement with Excellence
Demonstrate understanding of how an individual, the family and society enhance each other's well-being.	Demonstrate in-depth understanding of how an individual, the family and society enhance each other's well-being.	Demonstrate comprehensive understanding of how an individual, the family and society enhance each other's well-being.

90960M

Check that the National Student Number (NSN) on your admission slip is the same as the number at the top of this page.

You should attempt ALL the questions in this booklet.

Pull out Resource Booklet 90960MR from the centre of this booklet.

You **MUST** use the resources provided in the resource booklet to answer the questions.

If you need more room for any answer, use the extra space provided at the back of this booklet.

Check that this booklet has pages 2–13 in the correct order and that none of these pages is blank.

YOU MUST HAND THIS BOOKLET TO THE SUPERVISOR AT THE END OF THE EXAMINATION.