See back cover for an English translation of this cover

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90961M

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NEW ZEALAND QUALIFICATIONS AUTHORITY
MANA TOHU MĀTAURANGA O AOTEAROA

SUPERVISOR'S USE ONLY

Ohaoha Kāinga, Kaupae 1, 2011

90961 Te whakaatu māramatanga ki te āhua o te whakaawe o te mōhiohio tākai i ngā kōwhiringa kai me te hauora o te tangata takitahi

2.00 i te ahiahi Rāapa 23 Whiringa-ā-rangi 2011
Whiwhinga: Whā

Paetae	Paetae Kaiaka	Paetae Kairangi
Te whakaatu māramatanga ki te āhua o te whakaawe o ngā mōhiohio tākai i ngā kōwhiringa kai me te hauora.	Te whakaatu māramatanga hōhonu ki te āhua o te whakaawe o ngā mōhiohio tākai i ngā kōwhiringa kai me te hauora.	Te whakaatu māramatanga tino matatau ki te āhua o te whakaawe o ngā mōhiohio tākai i ngā kōwhiringa kai me te hauora.

Tirohia mehemea e ōrite ana te Tau Ākonga ā-Motu kei tō pepa whakauru ki te tau kei runga ake nei.

Me whakautu e koe ngā pātai KATOA kei roto i te pukapuka nei.

Tangohia te Pukapuka Rauemi 90961MR i waenganui o tēnei pukapuka.

Me MĀTUA whakamahi koe i ngā rauemi kei roto i te pukapuka rauemi hei whakautu i ngā pātai.

Ki te hiahia koe ki ētahi atu wāhi hei tuhituhi whakautu, whakamahia te wāhi wātea kei muri i te pukapuka nei.

Tirohia mehemea kei roto nei ngā whārangi 2–25 e raupapa tika ana, ā, kāore hoki he whārangi wātea.

HOATU TE PUKAPUKA NEI KI TE KAIWHAKAHAERE HEI TE MUTUNGA O TE WHAKAMĀTAUTAU.

TAPEKE

MĀ TE KAIMĀKA ANAKE

© Mana Tohu Mātauranga o Aotearoa, 2011. Pūmau te mana.
Kia kaua rawa he wāhi o tēnei tuhinga e tāruatia ki te kore te whakaaetanga a te Mana Tohu Mātauranga o Aotearoa.

Kia 60 meneti hei whakautu i ngā pātai o tēnei pukapuka.

MĀ TE KAIMĀKA ANAKE

Tirohia te Pukapuka Rauemi 90961MR ina whakautu ana i ngā pātai e whai ake.

PĀTAI TUATAHI

Pānuitia ngā pānui tākai e whā kei te **Rauemi A** i te whārangi 2 o te pukapuka rauemi, ā, ka tirohia aua raraunga ina whakautu ana i ngā pātai (a) me (b).

(a) (i) Ko tēhea te hua kihu parāoa he **nui ake** te whai **tote**?

(ii) Ko tēhea te hua kihu parāoa he **iti iho** te whai **tote**?

(iii) Ko tēhea te hua kihu parāoa he **nui ake** te whai **warowaihā**?

(iv) Ko tēhea te hua kihu parāoa he **iti iho** te whai **warowaihā**?

(v) Ko tēhea te hua kihu parāoa he **nui ake** te whai **ngako**?

(vi) Ko tēhea te hua kihu parāoa he **iti iho** te whai **ngako**?

He tapu tēnei rauemi. E kore taea te tuku atu. Aata tirohia ki ngā kupu kei raro iho i te pouaka nei.

Mātāpuna: http://wownoodlehouse.webs.com/menu.htm

You are advised to spend 60 minutes answering the questions in this booklet.

ASSESSOR'S USE ONLY

Refer to Resource Booklet 90961MR when answering the following questions.

QUESTION ONE

Read the four noodle packaging labels in **Resource A** on page 3 of the resource booklet and refer to them when answering (a) and (b).

(a) (i) Which noodle product has the **highest** amount of **salt**?

(ii) Which noodle product has the **lowest** amount of **salt**?

(iii) Which noodle product has the **highest** amount of **carbohydrate**?

(iv) Which noodle product has the **lowest** amount of **carbohydrate**?

(v) Which noodle product has the **highest** amount of **fat**?

(vi) Which noodle product has the **lowest** amount of **fat**?

For copyright reasons, this resource cannot be reproduced here.

Source: http://wownoodlehouse.webs.com/menu.htm

MĀ TE KAIMĀKA ANAKE

(b) Kōwhiria he hua kihu parāoa mai i te **Rauemi A** tērā he kōwhiringa tōtika.

Te hua kihu parāoa i kōwhiria:

Matapakitia ka pēhea te **whakaawe** i tō kōwhiringa mā te **nui** o te tote, o te warowaihā me te ngako i tō hua kōwhiri. Whakamahia ngā mōhiohio i te Rauemi A me ōu ake mōhio ki ngā matūkai hei whakaatu me te parahau i tō kōwhiringa.

Whakamahia te wāhi wātea i raro hei whakamahere i ō whakaaro, kātahi ka tīmata i tō whakautu ki a (b).

WĀHI WHAKAMAHERE

Tīmatahia tō whakautu ki a (b) ki konei:

MĀ TE KAIMĀKA ANAKE

ASSESSOR'S USE ONLY

(b) Select a noodle product from **Resource A** that would be a healthy choice.

Selected noodle product:

Discuss how the **amount** of salt, carbohydrate, and fat in your selected noodle product could **influence** your choice, using information from Resource A and your own knowledge of nutrients to demonstrate and justify your choice.

Use the space below to plan your ideas, and then begin your answer to (b).

PLANNING SPACE

Begin your answer to (b) here:

ASSESSOR'S USE ONLY

MĀ TE KAIMĀKA ANAKE

Pānuihia ngā **Rauemi A–C** kei ngā whārangi 2, 4 me te 6 o te pukapuka rauemi. Kōrerotia mō aua rauemi me te wheako whakaaro i raro nei ina whakautu i a (c).

Wheako whakaaro

He tūranga matua tō Sam i te whakaari "Stage Challenge" o tōna kura. He kanikani me te waiata ana mahi. Haere ai ngā whakatakanga mai i te 5.00 i te ahiahi ki te 7.30 i te ahiahi. E mōhio ana a Sam me kai ia i tētahi kai iti whai painga, mākona, iti te utu hoki ina mutu te kura, ā, me ū taua kai ki *Ngā Aratohu Kai me te Kai Tōtika* kia kaha ia mō tana whakangungu.

He tapu tēnei rauemi. E kore taea te tuku atu.
Aata tirohia ki ngā kupu kei raro iho i te pouaka nei.

Mātāpuna: http://www.stagechallenge.co.nz

(c) Kōwhiria tētahi hua kihu parāoa mai i te Rauemi A ka āwhina i a Sam ki te taka i tētahi kai iti whai painga, mākona, iti te utu hoki hei kai i muri o te kura, i mua i tana haere ki tētahi whakatakanga.

Tuhipoka: He **rerekē** pea te hua kihu parāoa ki tērā i whakamahia e koe mō (a) i te whārangi 2, he **ōrite** anō rānei.

Te hua kihu parāoa i kōwhiria:

Whakamāramahia me te **parahau** i tō kōwhiringa, ka whai whakaaro ki ngā āhuatanga pēnei i:

- ngā *Aratohu Kai me te Kai Tōtika* i te Rauemi C kei te whārangi 6 o te pukapuka rauemi
- ētahi atu kai whakauru / kai ka taea e Sam te whakarato me ana kihu parāoa
- te iti o te utu
- kia KOTAHI neke atu rānei o tētahi o ngā taha hāngai o te hauora:
  - taha tinana
  - taha hinengaro
  - taha whānau
  - taha wairua
- te wā e wātea ana.

Whakamahia te wāhi wātea kei te whārangi 10 hei whakamahere i ō whakaaro, ka tīmata i tō whakautu ki a (c).

ASSESSOR'S USE ONLY

Read **Resources A–C** on pages 3, 5 and 7 of the resource booklet and refer to them, and the scenario below, when answering (c).

Scenario

Sam has a lead role in her school's "Stage Challenge" production. She dances and sings. The rehearsals are from 5.00 pm until 7.30 pm. Sam knows that she needs to have a nutritious, filling, and cost-effective light meal to eat after school that fits the *Food and Nutrition Guidelines*, if she is going to rehearse well.

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Source: http://www.stagechallenge.co.nz

(c) Select a noodle product from Resource A that would help Sam to prepare a nutritious, filling, and cost-effective light meal to eat after school, before she attends a rehearsal.

Note: It may be a **different** noodle product to the one used for (a) on page 3, or it may be the **same**.

Selected noodle product:

Explain and **justify** your choice, considering factors such as:

- the *Food and Nutrition Guidelines* in Resource C on page 7 of the resource booklet
- other ingredients / foods that Sam could serve with the noodles
- cost effectiveness
- at least ONE of the relevant dimensions of hauora / well-being:
  - physical / taha tinana
  - mental and emotional / taha hinengaro
  - social / taha whānau
  - spiritual / taha wairua
- the time available.

Use the space on page 12 to plan your ideas, and then begin your answer to (c).

WĀHI WHAKAMAHERE

MĀ TE KAIMĀKA ANAKE

Tīmatahia tō whakautu ki a (c) ki konei:

MĀ TE KAIMĀKA ANAKE

PLANNING SPACE

ASSESSOR'S USE ONLY

Begin your answer to (c) here:

ASSESSOR'S USE ONLY

MĀ TE KAIMĀKA ANAKE

PĀTAI TUARUA

"He whakaawe i te tangata te whakatairanga me te pōkaitanga ina ka hoko hua."

Kōrerohia mō te **Rauemi D** kei te whārangi 8 o te pukapuka rauemi ina whakautu ana i a (a) me (b) i raro nei.

(a) (i) Tautohua kia KOTAHI te āhuatanga **kaiora** kei te tākai "Edmonds Shaker Pancakes".

(ii) Whakamāramahia he pēhea te **whakaawe** o te āhuatanga kaiora i a Sam me tōna whānau ki te whakamahi i te "Edmonds Shaker Pancakes".

(b) (i) Tautohua kia KOTAHI te āhuatanga **whakatairanga** kei te tākai "Edmonds Shaker Pancakes".

(ii) Whakamāramahia he pēhea te **whakaawe** o te āhuatanga whakatairanga i te hauora o Sam me tōna whānau.

ASSESSOR'S USE ONLY

QUESTION TWO

"Advertising and packaging influence people in buying products."

Refer to **Resource D** on page 9 of the resource booklet when answering (a) and (b) below.

(a) (i) Identify ONE **nutritional** feature on the "Edmonds Shaker Pancakes" package.

(ii) Explain how the nutritional feature could **influence** Sam and her family to use the "Edmonds Shaker Pancakes".

(b) (i) Identify ONE **promotional** feature on the "Edmonds Shaker Pancakes" package.

(ii) Explain how the promotional feature could **influence** Sam and her family's well-being.

MĀ TE KAIMĀKA ANAKE

Kōrerohia mō te **Rauemi C** me te **Rauemi D** kei ngā whārangi 6 me 8 o te pukapuka rauemi, me te wheako whakaaro i raro, ina whakautu i a (c).

Wheako whakaaro

He rite tonu te mahi panekeke a Sam hei paramanawa / kai iti whai painga, mākona, iti te utu hoki hei kai ina mutu te kura i mua i ana whakatakatanga.

He māmā te mahi panekeke, ā, ka noho roa ō kaha.

He tapu tēnei rauemi. E kore taea te tuku atu. Aata tirohia ki ngā kupu kei raro iho i te pouaka nei.

Mātāpuna: http://2.bp.blogspot.com/_7qzlw2cV1iA/ScxkTAhjq5I/AAAAAAAAAXM/ym7bDJEBkGU/s400/banana+pancakes+001.png

(c) Kōwhiria tētahi tikanga mahi panekeke ka taea e Sam te whakamahi ki te whakataka i tētahi paramanawa / kai iti whai painga, mākona, iti te utu hoki hei kai ina mutu te kura, kia noho kaha ia mō te roanga o tana whakatakanga:

"**Edmonds Shaker Pancakes**"

TĒRĀ RĀNEI

te whakamahi i te **parāoa puehu piki aunoa** me te **tohutaka** mai i te Edmonds Cookery Book.

Te tikanga i kōwhiria mō te mahi panekeke:

Whakamāramahia me te **parahau** i tō kōwhiringa, ka whai whakaaro ki ngā āhuatanga pēnei i:

- ngā *Aratohu Kai me te Kai Tōtika* i te Rauemi C kei te whārangi 6 o te pukapuka rauemi
- ētahi atu kai whakauru / kai ka taea e Sam te whakarato me ana panekeke
- te iti o te utu
- kia KOTAHI neke atu rānei o tētahi o ngā taha hāngai o te hauora:
  - taha tinana
  - taha hinengaro
  - taha whānau
  - taha wairua
- ētahi atu āhuatanga hāngai.

Whakamahia te wāhi wātea kei te whārangi 18 hei whakamahere i ō whakaaro, ka tīmata i tō whakautu ki a (c).

ASSESSOR'S USE ONLY

Refer to **Resource C** and **Resource D** on pages 7 and 9 of the resource booklet, and the scenario below, when answering (c).

Scenario

Sam often makes pancakes as a nutritious, filling, and cost-effective snack / light meal to eat after school before rehearsals.

Pancakes are simple to prepare and can give long-lasting energy.

For copyright reasons, this resource cannot be reproduced here.

Source: http://2.bp.blogspot.com/_7qzlw2cV1iA/ScxkTAhjq5I/AAAAAAAAAXM/ym7bDJEBkGU/s400/banana+pancakes+001.png

(c) Select a method to make pancakes that Sam could use to prepare a nutritious, filling, and cost-effective snack / light meal to eat after school that will give her long-lasting energy for rehearsals:

"**Edmonds Shaker Pancakes**"

OR

using the **self-raising flour** and the **recipe** from the Edmonds Cookery Book.

Selected method to make pancakes:

Explain and **justify** your choice, considering factors such as:

- the *Food and Nutrition Guidelines* in Resource C on page 7 of the resource booklet
- other ingredients / foods that Sam could serve with the pancakes
- cost effectiveness
- at least ONE of the relevant dimensions of hauora / well-being:
  - physical / taha tinana
  - mental and emotional / taha hinengaro
  - social / taha whānau
  - spiritual / taha wairua
- other relevant factors.

Use the space on page 20 to plan your ideas, and then begin your answer to (c).

WĀHI WHAKAMAHERE

MĀ TE KAIMĀKA ANAKE

Tīmatahia tō whakautu ki a (c) ki konei:

MĀ TE KAIMĀKA ANAKE

PLANNING SPACE

ASSESSOR'S USE ONLY

Begin your answer to (c) here:

ASSESSOR'S USE ONLY

He wāhi anō mēnā ka hiahiatia.
Tuhia te (ngā) tau pātai mēnā e hāngai ana.

TAU PĀTAI

MĀ TE KAIMĀKA ANAKE

Extra space if required.
Write the question number(s) if applicable.

QUESTION NUMBER

ASSESSOR'S USE ONLY

He wāhi anō mēnā ka hiahiatia.
Tuhia te (ngā) tau pātai mēnā e hāngai ana.

TAU PĀTAI

MĀ TE KAIMĀKA ANAKE

Extra space if required.
Write the question number(s) if applicable.

QUESTION NUMBER

ASSESSOR'S USE ONLY

English translation of the wording on the front cover

Level 1 Home Economics, 2011

90961 Demonstrate understanding of how packaging information influences an individual's food choices and well-being

2.00 pm Wednesday 23 November 2011
Credits: Four

90961M

Achievement	Achievement with Merit	Achievement with Excellence
Demonstrate understanding of how packaging information influences food choices and well-being.	Demonstrate in-depth understanding of how packaging information influences food choices and well-being.	Demonstrate comprehensive understanding of how packaging information influences food choices and well-being.

Check that the National Student Number (NSN) on your admission slip is the same as the number at the top of this page.

You should attempt ALL the questions in this booklet.

Pull out Resource Booklet 90961MR from the centre of this booklet.

You MUST use the resources provided in the resource booklet to answer the questions.

If you need more room for any answer, use the extra space provided at the back of this booklet.

Check that this booklet has pages 2–25 in the correct order and that none of these pages is blank.

YOU MUST HAND THIS BOOKLET TO THE SUPERVISOR AT THE END OF THE EXAMINATION.

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