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90961



NEW ZEALAND QUALIFICATIONS AUTHORITY
MANA TOHU MĀTAURANGA O AOTEAROA

SUPERVISOR'S USE ONLY

Level 1 Home Economics, 2012

90961 Demonstrate understanding of how packaging information influences an individual's food choices and well-being

2.00 pm Friday 23 November 2012

Credits: Four

Achievement	Achievement with Merit	Achievement with Excellence
Demonstrate understanding of how packaging information influences food choices and well-being.	Demonstrate in-depth understanding of how packaging information influences food choices and well-being.	Demonstrate comprehensive understanding of how packaging information influences food choices and well-being.

Check that the National Student Number (NSN) on your admission slip is the same as the number at the top of this page.

You should attempt ALL parts of the question in this booklet.

Pull out Resource Booklet 90961R from the centre of this booklet.

You **MUST** use the resources provided in the resource booklet to answer the questions.

If you need more room for any answer, use the extra space provided at the back of this booklet.

Check that this booklet has pages 2–10 in the correct order and that none of these pages is blank.

YOU MUST HAND THIS BOOKLET TO THE SUPERVISOR AT THE END OF THE EXAMINATION.

TOTAL

ASSESSOR'S USE ONLY

(i) Protein: _____

(ii) Saturated fat (sat fat): _____

(iii) Carbohydrate (carbs): _____

(iv) Salt (sodium): _____

- (c) Consumers may look for nutritional disadvantages in products before buying.

Show a comprehensive understanding of these by identifying and describing the overall nutritional **disadvantages** of “Easy Mac Cheese” and suggesting ways these could be overcome.

Use the space below to plan your ideas, and then begin your answer to (c) on page 5.

PLANNING SPACE

PART B

Read **Resource B** on pages 4 and 5 of the resource booklet and refer to it, and the scenario below, when answering Part B.

Scenario

Sam is a teenager who arrives home tired and hungry after a busy, active day at school, and a long basketball practice. It is Sam's turn to cook the evening meal for himself, his teenage brother, and his Mum, who has to rush to a meeting soon after she gets home from work. Preparing nutritious meals and sitting down together to eat is valued by the family.

Select the food products from Resource B that Sam should use for the evening meal.

Explain and justify your choices, considering factors such as:

- packaging information
- your own knowledge of food and nutrition
- Sam's situation
- the relevant dimensions of well-being:
 - physical/taha tinana
 - mental and emotional/taha hinengaro
 - social/taha whānau
 - spiritual/taha wairua.

Use the space on page 7 to plan your ideas, and then begin your answer.

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