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NEW ZEALAND QUALIFICATIONS AUTHORITY
MANA TOHU MĀTAURANGA O AOTEAROA

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SUPERVISOR'S USE ONLY

Level 2 Health, 2012

91235 Analyse an adolescent health issue

2.00 pm Thursday 29 November 2012

Credits: Five

Achievement	Achievement with Merit	Achievement with Excellence
Analyse an adolescent health issue.	Analyse in depth, an adolescent health issue.	Analyse comprehensively, an adolescent health issue.

Check that the National Student Number (NSN) on your admission slip is the same as the number at the top of this page.

You should attempt ALL parts of the question in this booklet.

If you need more room for any answer, use the extra space provided at the back of this booklet.

Check that this booklet has pages 2–10 in the correct order and that none of these pages is blank.

YOU MUST HAND THIS BOOKLET TO THE SUPERVISOR AT THE END OF THE EXAMINATION.

TOTAL

ASSESSOR'S USE ONLY

You are advised to spend 60 minutes answering the question in this booklet.

INSTRUCTIONS

Read the information, 'Analysing Adolescent Health Issues', below.

Information: Analysing Adolescent Health Issues

People usually become aware that something has become a 'health issue' when agencies with responsibility for public health report statistics and research about the impact of particular situations on people's well-being. Health-related concerns are often highlighted in newspaper articles, TV news stories, and social media, and sometimes form the basis for health promotion campaigns.

To analyse an adolescent health issue means to consider:

- the consequences for the well-being of individual adolescents and for the adolescents' relationships with others, and how the well-being of all of society can be affected by adolescent health issues
- the ways in which societal, interpersonal, and personal factors have contributed to and influenced these consequences for well-being
- the strategies that can be implemented to address these influencing factors to bring about healthier outcomes for adolescents and the society in which they live.

A comprehensive analysis covers all of these ideas, justifies claims with examples gathered during investigation into the issue, and makes clear and consistent links between the consequences, the influences, and the strategies.

Select ONE of the **adolescent health contexts** from the table below, and tick the box alongside.

Adolescent Health Context	Tick <input checked="" type="checkbox"/> ONE
Alcohol use	<input type="checkbox"/>
Sexual health	<input type="checkbox"/>
Body image	<input type="checkbox"/>

Describe the particular **adolescent health issue**, within this health context, that you will be analysing.

Answer parts (a), (b), and (c) on pages 3–8 as they relate to your chosen issue.

QUESTION

- (a) Consequences for well-being
 - (i) Explain how the selected health issue **impacts** on the **short-term well-being** of:
 - individual adolescents
 - relationships adolescents have with their friends, family, or peers
 - AND
 - wider society.

Use examples to support your answer.

(b) Factors influencing the issue

- (i) Identify and explain one **personal factor**, one **interpersonal factor**, and one **societal factor** that could **contribute** to any of the consequences for adolescent well-being in (a).

Use examples to support your answer.

Personal factor: _____

Explanation: _____

Interpersonal factor: _____

Explanation: _____

Societal factor: _____

Explanation: _____

- (ii) Explain how these influencing factors (personal, interpersonal, and societal) **work in combination** to make this a health issue for adolescents.

Use examples to support your answer.

(c) Strategies for healthier outcomes

- (i) Identify and explain one **personal strategy**, one **interpersonal strategy**, and one **societal strategy** that could address any of the influences in (b) and result in healthier outcomes.

Include a specific action in EACH strategy and explain why these actions would result in healthier outcomes.

Personal strategy an individual adolescent could use: _____

Explanation: _____

Interpersonal strategy an individual adolescent and others could use: _____

Explanation: _____

Part (c) (i) continues on the following page

Societal strategy a community could use: _____

Explanation: _____

- (ii) Explain why these strategies **combined** would promote healthier outcomes for adolescents in relation to the selected issue.

Use examples to support your answer.

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