

91300



NEW ZEALAND QUALIFICATIONS AUTHORITY
MANA TOHU MĀTAURANGA O AOTEAROA

2

SUPERVISOR'S USE ONLY

Level 2 Home Economics, 2012

91300 Analyse the relationship between well-being, food choices and determinants of health

9.30 am Friday 23 November 2012

Credits: Four

Achievement	Achievement with Merit	Achievement with Excellence
Analyse the relationship between well-being, food choices and the determinants of health.	Analyse, in depth, the relationship between well-being, food choices and the determinants of health.	Comprehensively analyse the relationship between well-being, food choices and the determinants of health.

Check that the National Student Number (NSN) on your admission slip is the same as the number at the top of this page.

You should answer ALL parts of the question in this booklet.

If you need more room for any answer, use the extra space provided at the back of this booklet.

Check that this booklet has pages 2–12 in the correct order and that none of these pages is blank.

YOU MUST HAND THIS BOOKLET TO THE SUPERVISOR AT THE END OF THE EXAMINATION.

TOTAL

ASSESSOR'S USE ONLY

You are advised to spend 60 minutes answering the question in this booklet.

Access to healthy food, social gradient, and social support are three determinants of health that influence an individual's food choices. These determinants of health are **interconnected**, and affect an individual and society's well-being. The determinants can have **positive or negative** consequences on ALL FOUR DIMENSIONS of well-being:

- physical well-being / taha tinana
- mental and emotional well-being / taha hinengaro
- social well-being / taha whānau
- spiritual well-being / taha wairua.

INSTRUCTIONS

There are TWO parts to the question in this booklet, (a) and (b). Answer BOTH parts of the question, comprehensively analysing the relationship between well-being, food choices, and the three determinants of health named above. Use your own knowledge and the diagram on page 3 to help you plan your ideas on page 4, and then begin your answers to the questions on page 5.

**Physical well-being/
taha tinana**

**Mental and emotional well-being/
taha hinengaro**

Social gradient is a continuum based on socio-economic status. Research shows that individuals higher on the social gradient have better health than those lower down.

Access to healthy food is crucial – a nutritious diet is essential to good health.

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INTERCONNECTED

Social support based on friendships, as well as support and participation in the community, have a large impact on an individual's health.

**Social well-being/
taha whānau**

**Spiritual well-being/
taha wairua**

PLANNING PAGEASSESSOR'S
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Use this space to plan your answers to any part of the question, considering what you have learnt during the year, as well as the diagram on page 3.

Acknowledgements

Material from the following sources has been accessed for use in this examination.

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