

90960MR



NEW ZEALAND QUALIFICATIONS AUTHORITY  
MANA TOHU MĀTAURANGA O AOTEAROA

## Ohaoha Kāinga, Kaupae 1, 2013

**90960 Whakaaturia te māramatanga ki te āhua o tā te tangata, o tā te whānau, o tā te hāpori hāpai ake i ō rātou anō oranga**

2.00 i te ahiahi o te Rāmere, 22 o Whiringa-ā-rangi, 2013  
Whiwhinga: E whā

### PUKA RAUEMI

Tirohia tēnei puka hei whakautu i ngā pātai mō te Ohaoha Kāinga 90960.

Tirohia mena e tika ana te raupapatanga o ngā whārangi 2–7 kei roto i tēnei puka, ka mutu, kāore tētahi o aua whārangi i te takoto kau.

**MĀU E PUPURI TĒNEI PUKA Ā TE MUTUNGA O TE WHAKAMĀTAUTAU, KI TE HIAHIATIA.T**

*He tapu tēnei rauemi. E kore taea te tuku atu.  
Aata tirohia ki ngā kupu kei raro iho i te pouaka nei.*

## Te Rauemi A

### 'Parakuihi Whakarewa'



I te tau 2009, i kōkiri tahi a Fonterra me Sanitarium i te kaupapa 'Parakuihi Whakarewa', ā, i tēnei wā tonu nei, e 35 000 ngā parakuihi ka tukuna i ia wiki ki ngā kura e 500, neke atu, i Aotearoa kua kuhu ā-ipurangi ki te kaupapa (nō ngā whānau moni whiwhi iti ngā ākongā). Ko tā 'Parakuihi Whakarewa' he toha kia kotahi, kia **rua** rānei **ngā parakuihi i te kura, i ia wiki**, ka mutu, e whakatairangahia ana kia kawea tonutia e ngā tamariki ngā tikanga pai o te parakuihi i te kāinga, tē pareā ai ngā kawenga a ngā mātua ki te taha.

E whai ana tēnei kaupapa i tētahi tauira mahi ngātahi ā-hapori. Mā Fonterra te Miraka Anchor Mega e tuku, mā Sanitarium te Wīti-Piki, otirā, mā te hapori ā-kura ngā pereti, ngā pune, me ngā tāngata e whakarite hei kaiārahi mō ngā karapu parakuihi. Mā te mahi ngātahi ka wātea ia kura ki te whakahaere i tāna ake karapu. Otirā, ko tōna haurua o ngā karapu katoa ka whakahaerehia e ngā tāngata o te hapori ā-kura. Ko ngā mātua me ngā tūao ka whai wāhi, ka whakapau kaha hoki ki te tautoko i te kaupapa, kia wātea ai ngā kaiako ki te aro ki ā rātou akoranga o te rā.

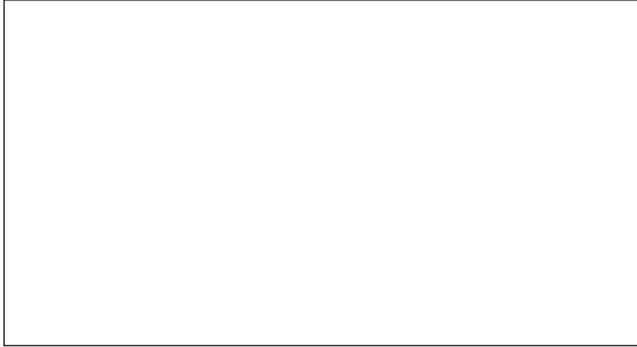
I hiahia a Fonterra ki te whakaako, ki te whakamana hoki i te mātātahi e pai ai ō rātou kōwhiringa kaiora, engari, he whānui atu te kaupapa i te whakatairanga noa iho i ngā kai hauora. Ko te taiao he wāhi mahana, e whai wā anō ai hoki ngā ākongā ki te whakapakari i ō rātou pūkenga pāpori, pēnei i te noho ki te tēpu, i te whakahoahoa, i te tauutuutu, me te kuhu i a rātou anō. Ka whakatenatenahia kia manaakitia ngā tamariki nohinohi e ngā tamariki pakeke ake, ā, ka ākina katoatia rātou kia whakatutuki i ā rātou mahi kāinga i mua, i muri rānei o te parakuihi. E ai ki ngā kaiako, kua pai ake ngā hua ā-mātauranga, ngā whanonga, te aro ki ngā mahi, te taetae atu ki te kura, me te tae atu ki te kura i te wā tika.

I te marama o Haratua, 2013, i tuku pūtea te kāwanatanga hei tautoko i te 'Parakuihi Whakarewa', hei pīkau i ngā utu mō ngā tau e rima e haere ake nei, ā, ka ōrite te tautoko ā-pūtea a Fonterra me Sanitarium. Mā reira ka maha ake ngā ata e kawea ai te kaupapa i ngā kura ōtekau o raro, mai i te rua ki te rima i te wiki, ka mutu, hei te tau 2014 ka āhei ngā kura ōtekau o runga ki te kuhu ki te kaupapa mena e hiahiatia ana.

Ko Beatrice Faumuina, he toa whakaihuwaka panga matā o mua, nō Aotearoa tonu, tētahi māngai mō ngā karapu 'Parakuihi Whakarewa'. Nāna te manomano tamariki i whakatenatena kia tīmata te rā ki ngā kai hauora, kia aro ki ngā taumata teitei, kia whai hoki i ō rātou wawata. Nā tana aroha nui ki te oranga hapori me ana pūmanawa te iwi i whakaawe kia eke panuku. Ka tautoko tonu ia, otirā, hei 'hoa' ia mō te kaupapa, 'Parakuihi Whakarewa.'

## Resource A

### 'KickStart Breakfast'



In 2009, Fonterra partnered with Sanitarium to form 'KickStart Breakfast', and today they provide 35 000 breakfasts every week to more than 500 schools in New Zealand (attended by children from low-income families) who have joined the programme online. 'KickStart Breakfast' offers up to **two breakfasts at school every week**, and encourages good breakfast habits that Kiwi kids can keep up at home, rather than taking away parental responsibility.

The programme is based on a community partnership model. Fonterra supplies Anchor Mega Milk, while Sanitarium supplies Weet-Bix, and the school communities provide the bowls, spoons, and people to supervise the breakfast clubs. This partnership approach allows each school to run their club in their own way. In fact, almost half the clubs are run by people from the schools' local communities, with parents and volunteers giving their time and energy to support the programme, leaving teachers to get on with planning their classes for the day.

Fonterra wanted to educate and empower young people to make wise nutritional choices, but the breakfast clubs are about more than promoting a healthy and nutritious diet. The environment provides a warm place and the time for students to develop social skills such as table manners, sharing, taking turns, and self-help skills. Older children are encouraged to take responsibility for younger children, and all students are encouraged to complete their homework before or after breakfast if necessary. Teachers report academic benefits, as well as improvements in behaviour, concentration, attendance, and punctuality.

In May 2013, the government also added their support to the 'KickStart Breakfast' programme by offering money to cover costs over the next five years, matched in value by Fonterra and Sanitarium. This will mean the programme can increase from two to five mornings a week in lower decile schools, with higher decile schools able to join in 2014 should they choose to do so.

Beatrice Faumuina, a former New Zealand gold medal winning discus thrower, was an Ambassador for the 'KickStart Breakfast' Clubs. She inspired thousands of children to get a healthy start to the day, aim high, and reach for their goals. Her passion for community well-being and natural ability inspired people to achieve their best. She continues to support as a friend of the 'KickStart Breakfast' programme.

## Te Rauemi B

### ‘Te Miraka Fonterra mā ngā Kura’– Te Whakamātau ki te Taitokerau

Ko te miraka tētahi wāhanga nui o te tūāpapa hauora. He wā hiranga ngā tau i te Kura Tuatahi mō te tupu me te whanaketanga o te tangata, nō reira, me whai wāhi ngā tamariki katoa o Aotearoa ki ngā kaiora. Kī ana te miraka i ngā huaora me ngā kohuke me kai e ngā tamariki e tupu tonu ai, ka mutu, ka hāpai hoki i te ngao, i te hihiwatanga, me te ako i te akomanga.

I te mutunga o te tau 2011 i puta i a Fonterra tētahi kaupapa, te ‘Miraka mā ngā Kiwi’, kia ngāwari ake ai te utu o te miraka, kia maha ake ai hoki te miraka e wātea ana ki te hapori o Aotearoa. Ko tētahi wāhanga o te kaupapa nei ko te putanga mai o ‘Te Miraka Fonterra mā ngā Kura’, e pai ai tā ngā tamariki kura tuatahi katoa o Aotearoa kai i ngā hua o ngā kaiora miraka i ia rā o te kura.

Ko tā te kaupapa he tuku i tētahi tohanga miraka Anchor utukore ki ngā ākongā Tau 1 ki te 6, i **ia rā o te kura**. Ka kawea atu e Fonterra te miraka, ka hoatu he pouaka mātao, ka kohi anō hoki i ngā tākai hei tukurua, ā, ko tā ngā kura he whakamahi i ngā kaiaroturuki akomanga, i ngā mātua, me ngā kaiako hei toha i te miraka ki ngā ākongā.

I te tau 2012 i whakamātauhia e Fonterra te kaupapa o ‘Te Miraka Fonterra mā ngā Kura’ ki ngā kura 120 i te Taitokerau, ka mutu, nā te angitu o te kaupapa, i te tau 2013, ka tīmata te kawea haeretia o te kaupapa ki te whānuitanga o te motu.

“Ka ū kaha mātou ki te kaupapa o ‘Te Miraka Fonterra mā ngā Kura’, he whakapono nō mātou ka toitū te rangona o ngā pānga pai ki te hauora o ngā tamariki o Aotearoa.

E hiahia ana mātou kia inu miraka ngā tamariki katoa i a rātou e tupu ana, inā hoki, he pai mō te tinana, ā, e whakahihī ana mātou mā te kaupapa nei e whai wāhi ai ia tamaiti kura tuatahi ki te whakamātau i tēnei hua kaiora.”

**Theo Spierings, te Tumu Whakarae o Fonterra**

## Resource B

### 'Fonterra Milk for Schools' – Northland Pilot

Milk is an important building block to a healthy life. Primary school years are an important time for growth and development, and every Kiwi kid should have the best nutritional start. Milk is filled with the vitamins and minerals that children need for sustained growth, and that support energy, concentration, and learning in the classroom.

Fonterra announced a 'Milk for Kiwis' plan late in 2011, to make milk more affordable, and more available to all New Zealanders. The plan included the introduction of 'Fonterra Milk for Schools', offering all New Zealand primary-aged children access to the benefits of dairy nutrition every school day.

The programme offers Year 1 to 6 students a free serve of Anchor milk **every school day**. Fonterra delivers the milk, provides the schools with fridges to chill it, and collects the used packages for recycling, while the schools use a combination of class monitors, parents, and teachers to distribute the milk amongst the students.

In 2012, Fonterra launched a 'Fonterra Milk for Schools' pilot in 120 schools in New Zealand's Northland region, and building on the success of this, has started rolling out the programme to the rest of the country in 2013.

"We are totally committed to Fonterra Milk for Schools because we believe it will make a lasting difference to the health of New Zealand's children.

We want Kiwis to grow up drinking milk because it's good for them and we are proud that this programme will give every primary-aged kid the chance to enjoy this nutritious product."

**Theo Spierings, Fonterra CEO**

**HE MIHI**

He mea panoni ētahi kōrero mai i ngā mātāpuna e rārangi iho nei e pai ai te whakamahi i tēnei whakamātautau.

<http://www.kickstartbreakfast.co.nz>

[http://www.kickstartbreakfast.co.nz/news?category\\_id=0&page=5](http://www.kickstartbreakfast.co.nz/news?category_id=0&page=5)

<http://www.fonterra.com/global/en/Sustainability/Community/Kickstart+Breakfast>

CMDHB Schools' Accord 2008, *Best Practice Guidelines for Establishing Breakfast Clubs in Schools*

<http://www.ana.org.nz/sites/default/files/BreakfastClubGuidelines.pdf>, wh 4 and 6.

<http://www.fonterra.com/global/en/sustainability/community/fonterra+milk+for+schools>

<https://www.fonterramilkforschools.com/news?category=press-release>

<http://www.beehive.govt.nz/release/breakfast-programme-part-solution>

## ACKNOWLEDGEMENTS

Material from the following sources has been adapted for use in this examination.

<http://www.kickstartbreakfast.co.nz>

[http://www.kickstartbreakfast.co.nz/news?category\\_id=0&page=5](http://www.kickstartbreakfast.co.nz/news?category_id=0&page=5)

<http://www.fonterra.com/global/en/Sustainability/Community/Kickstart+Breakfast>

CMDHB Schools' Accord 2008, *Best Practice Guidelines for Establishing Breakfast Clubs in Schools*

<http://www.ana.org.nz/sites/default/files/BreakfastClubGuidelines.pdf>, pp 4 and 6.

<http://www.fonterra.com/global/en/sustainability/community/fonterra+milk+for+schools>

<https://www.fonterramilkforschools.com/news?category=press-release>

<http://www.beehive.govt.nz/release/breakfast-programme-part-solution>

*English translation of the wording on the front cover*

## **Level 1 Home Economics, 2013**

**90960 Demonstrate understanding of how an individual, the family and society enhance each other's well-being**

2.00 pm Friday 22 November 2013  
Credits: Four

### **RESOURCE BOOKLET**

Refer to this booklet to answer the questions for Home Economics 90960.

Check that this booklet has pages 2–7 in the correct order and that none of these pages is blank.

**YOU MAY KEEP THIS BOOKLET AT THE END OF THE EXAMINATION.**

*For copyright reasons, the images in this booklet cannot be reproduced here.*