

90975



NEW ZEALAND QUALIFICATIONS AUTHORITY  
MANA TOHU MĀTAURANGA O AOTEAROA

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SUPERVISOR'S USE ONLY

## Level 1 Health, 2013

### 90975 Demonstrate understanding of issues to make health-enhancing decisions in drug-related situations

2.00 pm Thursday 28 November 2013

Credits: Four

Achievement	Achievement with Merit	Achievement with Excellence
Demonstrate understanding of issues to make health-enhancing decisions in drug-related situations.	Demonstrate in-depth understanding of issues to make health-enhancing decisions in drug-related situations.	Demonstrate comprehensive understanding of issues to make health-enhancing decisions in drug-related situations.

Check that the National Student Number (NSN) on your admission slip is the same as the number at the top of this page.

**You should attempt ALL parts of the question in this booklet.**

If you need more room for any answer, use the extra space provided at the back of this booklet.

Check that this booklet has pages 2–10 in the correct order and that none of these pages is blank.

**YOU MUST HAND THIS BOOKLET TO THE SUPERVISOR AT THE END OF THE EXAMINATION.**

**TOTAL**

ASSESSOR'S USE ONLY

You are advised to spend one hour answering the question in this booklet.

## **INSTRUCTIONS**

In this examination, you are required to demonstrate understanding of the issues to make health-enhancing decisions in a drug-related situation.

Answer parts (a) to (f) on pages 3–8 using the information given in the resources and in the scenarios, as well as your own knowledge, to support your responses.

**QUESTION**

(a) Examine the two advertising approaches to being smoke-free as shown below.

<p><b>Approach A: Use of celebrity role models in smoke-free campaigns</b></p>	<p><b>Approach B: Use of graphic images and absence of product brand on packaging</b></p>
<p><i>For copyright reasons, these resources cannot be reproduced here.</i></p>	
<p><a href="http://www.facebook.com/notourfuture?filter=1">http://www.facebook.com/notourfuture?filter=1</a></p>	<p><a href="http://www.smokernewsworld.com/cigarette-packaging-to-get-uglier/">http://www.smokernewsworld.com/cigarette-packaging-to-get-uglier/</a></p>

Select the advertising approach that you believe would have the greatest influence on a teenager's decisions about smoking.

Advertising approach: \_\_\_\_\_

Explain how your selected approach is likely to influence teenagers not to smoke.

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Read **Philip's scenario** below, outlining interpersonal influences in a drug-related situation, and refer to it when answering (b) and (c).

### Philip's scenario

Philip is seventeen years old. His older brother, David, is home from university for the summer. Philip is enjoying spending time with him, although David has brought home a supply of cannabis, which he has offered to share with Philip. As a result, Philip has boasted to his friends that he can "hook them up" for their next big party.

To celebrate the end of school, Philip and his friends are planning a camping trip. One of Philip's friends has asked him to bring along the cannabis, and someone else in the group says they are going to bring along some sprays to inhale.

Philip is feeling very worried about the trip. He is not sure that he should be providing the group with David's cannabis, and has heard that inhaling sprays (huffing) can be very dangerous, causing permanent brain damage.

- (b) Philip and the group need to make a choice about the camping trip and decide what they are going to do.

Identify THREE different choices that Philip and the group could make.

Explain a possible consequence of EACH choice on the group's well-being.

Choice (1): \_\_\_\_\_

Possible consequence: \_\_\_\_\_

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Choice (2): \_\_\_\_\_

Possible consequence: \_\_\_\_\_

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Choice (3): \_\_\_\_\_

Possible consequence: \_\_\_\_\_

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- (c) Select and justify ONE choice that you believe would be the most health-enhancing for the group from those you have provided in (b).

Support your answer by considering the influences in the scenario and the possible consequences from (b).

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Read the resource below, outlining the **dangers of mixing drinks**, as well as **Mary's scenario**, and refer to them when answering (d)–(f).

### Dangers of Mixing Drinks

A National Addiction Centre spokesperson has said ...

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... been drinking a combination of alcohol and highly caffeinated energy drinks.

Source (adapted) <http://www.stuff.co.nz/dominion-post/news/4895473/Alcohol-caffeine-mix-problem>

### Mary's scenario

Mary has just had her eighteenth birthday. She is going out for a night of partying with a group of friends. The group wants to keep going all night, and most of them have decided that they will need to drink alcohol and caffeinated energy drinks to keep themselves going.

Mary is very reluctant to mix alcohol and caffeinated energy drinks. She has read that the combination of alcohol and caffeine has a really strong effect on the body and is likely to cause severe dehydration and a big hangover. Mary has also seen people getting violent when intoxicated. As well, Mary has to go to work the next day, and she can't afford to show up late. Keeping her job is very important to her and to her family. Mary has a decision to make – will she go along with the group's choice and join in, or will she decide on an alternative option?

- (d) Describe how Mary's personal beliefs around mixing alcohol and caffeinated energy drinks may differ from those of the majority of the group.

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- (e) Complete the following decision-making process by considering the options below and explaining a possible short- and long-term consequence of EACH option for Mary's well-being.

Include links between the short- and long-term consequences in your answers.

<b>Mary's options</b>		<b>Possible consequences for Mary's well-being</b>
1.	Go along with the group and drink the alcohol and the caffeinated energy drinks.	Short-term:
		Long-term:
2.	Offer to be the sober driver and avoid both the alcohol and the caffeinated energy drinks.	Short-term:
		Long-term:
3.	Drink moderate amounts of the alcohol, but not the caffeinated energy drinks.	Short-term:
		Long-term:











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