

90960



NEW ZEALAND QUALIFICATIONS AUTHORITY  
MANA TOHU MĀTAURANGA O AOTEAROA

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SUPERVISOR'S USE ONLY

## Level 1 Home Economics, 2014

### 90960 Demonstrate understanding of how an individual, the family and society enhance each other's well-being

2.00 pm Monday 24 November 2014

Credits: Four

Achievement	Achievement with Merit	Achievement with Excellence
Demonstrate understanding of how an individual, the family and society enhance each other's well-being.	Demonstrate in-depth understanding of how an individual, the family and society enhance each other's well-being.	Demonstrate comprehensive understanding of how an individual, the family and society enhance each other's well-being.

Check that the National Student Number (NSN) on your admission slip is the same as the number at the top of this page.

**You should attempt ALL parts of the question in this booklet.**

Pull out Resource Booklet 90960R from the centre of this booklet.

You **MUST** use the resources provided in the resource booklet to answer the questions.

If you need more room for any answer, use the extra space provided at the back of this booklet.

Check that this booklet has pages 2–8 in the correct order and that none of these pages is blank.

**YOU MUST HAND THIS BOOKLET TO THE SUPERVISOR AT THE END OF THE EXAMINATION.**

TOTAL

ASSESSOR'S USE ONLY

**INSTRUCTIONS**

Read the scenario below, and refer to it, as well as **Resource Booklet 90960R**, when answering the question in this booklet.

**The Christchurch Fruit and Vegetable Co-operative Scenario**

Home Economics students from a Christchurch high school are taking part in a health promotion activity to try to improve the amount of fresh fruits and vegetables eaten by people in their area.

During their research, students came across the Christchurch Fruit and Vegetable Co-operative, and were really interested to find out more.

The co-operative (co-op) began in 2010 after the first major earthquake in Christchurch, with the aim of helping families and whānau who were struggling to buy affordable fresh fruit and vegetables.

The co-operative continues to run successfully all over Christchurch, with over 2000 packs sold every week.

Three of the Home Economics students are given permission to volunteer at the nearest packing centre every Wednesday morning for a term, so that they can find out how the co-op works and what the benefits are to people in the community.

The students are so excited about the co-op that they inspire their families to join as volunteers and to buy packs each week. They also organise to put contact details about the co-op into the school newsletter.

**QUESTION**

(a) **Enhancing the well-being of an individual student**

Explain how a student’s participation in the Christchurch Fruit and Vegetable Co-operative programme could improve their well-being.

Consider the possible **positive** effects on ALL FOUR dimensions of a student’s well-being.

Give examples that link to the resources.

(i) A student’s well-being is improved physically by:

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(ii) A student's well-being is improved mentally and emotionally by:

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(iii) A student's well-being is improved socially by:

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(iv) A student's well-being is improved spiritually by:

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(b) **Enhancing the well-being of the family**

Explain and justify how a student's involvement in the Christchurch Fruit and Vegetable Co-operative programme could improve ALL FOUR dimensions of **their family's well-being**, including relationships between family members.

Give examples that link to the resources.

Use the space below to brainstorm ideas for your answer to (b).

**PLANNING**

How a student's involvement in the co-operative could improve their family's:

- Physical well-being:
- Mental and emotional well-being:
- Social well-being:
- Spiritual well-being:

How the co-operative could improve relationships between family members:



(c) **Enhancing the well-being of society**

Explain and justify how the **cooperation** shown in the Christchurch Fruit and Vegetable Co-operative programme could improve the well-being of a community.

Consider how working together affects ALL FOUR dimensions of the well-being of an individual student, the family, and society.

Give examples that link to the resources.

Use the space below to brainstorm ideas for your answer to (c).

**PLANNING**

Examples of co-operation in the Christchurch Fruit and Vegetable Co-operative that enhance well-being in the community:

Begin your answer to (c) here:

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